

ELECTION: BAD START FOR SUNAK



PM's footie blunder during Wales beer visit... Forced to backtrack on NHS & Rwanda pledges... Q&A worker revealed as Tory... (Good day for Labour)

Dah da da da dah dah dah dah

2021

Which 2
Cheapest
Supermarket

2023

Which 2
Cheapest
Supermarket

2022

Which 2
Cheapest
Supermarket



where every price is an Aldi price.



No high fives for PM after pledge let-downs

the nation in January 2023. Here's how he's getting on.

Halving inflation The PM's top priority was halving inflation from 10.7% at the end of 2022.

Price rises fell to 4.2% at the end of 2023 so the target was hit - but critics say the Bank of England was responsible.

Economy growing The PM never specified how this would which measure the economy shrank 0.3% in the final quarter of 2023.

Things were marginally better in the first three months of 2024, with growth up by 0.6%.

Debt falling Mr Sunak said he would ensure national debt is falling. But the latest figures, from April, put it at an estimated 97.9% of GDP - 2.5 percentage points more than at the end of April 2023.

Stop the boats This isn't going well. Home Office figures show 9,882 people reached the UK via the Channel so far in 2024, up from 7,297 in the same period last year.

Sunak admitted yesterday he's not done as well as hoped. The British Medical Association says 7.54 million treatments were pending in March, affecting more than 6.2 million patients.





WITS on social media had fun with memes after Rishi Sunak's damp day. One depicted him knee-deep in sewage, while another helpfully provided an umbrella hat.

BY **LIZZY BUCHAN** Deputy Political Editor and **DAVE BURKE** Political Correspondent

RISHI Sunak's hopes of a flying start to his election campaign stalled before they even took off as he yesterday admitted no Rwanda planes will leave before July 4.

Fresh from his embarrassing soaking on Wednesday outside No10 when he announced the poll date in the rain with no brolly, the PM finally came clean about the expensive scheme to deport failed asylum seekers to Africa.

Beleaguered Mr Sunak also had to admit he has failed in his pledge to bring NHS waiting times down.
And leaked WhatsApp messages

show furious Tory members criticising his decision to call a General Election with Labour 20 points ahead in the polls. One said simply: "We're f****d."

In a further embarrassment, it transpired a supposedly random question to the PM during a visit came from a Conservative councillor.

On Rwanda, Mr Sunak has boasted: "If I'm elected, we will get the flights off." But pressed on the timing by LBC, he admitted: "No, after the election. Preparation work has already gone on." It means flights may never take off as Labour vowed to axe the policy.

Despite no one being sent to Rwanda so far, No10 has already sunk £290million into the scheme, unveiled by Boris Johnson in 2022.

The plan is the cornerstone of Mr Sunak's failed pledge to "stop the boats" crossing the Channel. Figures showed 9,882 people reached the UK via the perilous route in 2024 – up from 7,297 in the same period last year.

Labour leader Keir Starmer said: "I don't think he's ever believed that plan his wife had endured a three-year delay.

Cigs ban going up in smoke

RISHI Sunak's landmark tobacco ban for young people looks unlikely to pass through Parliament before the election.

He wanted to stop anyone born after 2009 from legally smoking by gradually raising the minimum age to buy cigarettes.

But the Tobacco and Vapes Bill was not on the shortlist of those being rushed through before MPs are sent home for the election campaign today.

Plans for a football regulator, greater protection for renters and leasehold reforms also look unlikely to make it.

But Commons Leader Penny Mordaunt said there would be time for bills offering

compensation to victims of infected blood and to sub-postmasters hit by the Horizon scandal.

PLANT Tory Dr Hills asks PM a question

is going to work, and so he has called an election early enough to not have it tested before the election."

Mr Sunak was confronted about NHS waiting times during a visit to a distribution centre in Ilkeston, Derbys.

Worker Mick Shergold told him he'd been waiting 12 weeks for a scan, while



DAY 1: TORY CH



Delay to Rwanda jets He admits NHS failure

He said: "Nothing's being done."Mr Sunak replied: "A priority of mine is to cut waiting lists and we haven't made as much progress as I would have liked."

Supervisor Mr Shergold said later: "I've got personal issues with the NHS, my sister-in-law has breast cancer and it's just wait, wait wait."

The Tory plant who asked the PM a question about immigration at the distribution centre, while in a hi-vis jacket, is Dr Ross Hills, a Leicestershire

county council member and dentist. Labour said: "Sunak spent months dodging the verdict of voters, he's still running scared." A Tory source insisted: We do not control who asks questions.

Mr Sunak also met Erewash Tory MP Maggie Throup, who gave him a brolly,

The leaked WhatsApps from rightwing Tories revealed their anger over the election date. One said: "The clown has just consigned the party to the political **WASHOUT** Front page on PM yesterday

wilderness." Tory donor David Campbell Bannerman wrote in one group: "Can we have a confidence vote immediately?"

Since Mr Sunak sprang the election date, Tories Jo Churchill, Huw Merriman, James Grundy and Deputy Speaker Eleanor Laing said they are quitting.

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VOICE OF MIRROR: PAGE 12

PM's first gaffe? An own goal BY SOPHIE HUSKISSON

RISHI Sunak embarrassed himself while trying to chat about football in a brewery yesterday. The Prime Minister met staff in

Barry, South Wales, and asked them whether they were looking forward to "all the football" later this summer as a revenue source.

But one worker quickly pointed out that Wales had not qualified for the Euro 2024 tournament.

Mr Sunak laughed awkwardly and tried to rescue the situation by saying: "It'll get people out. There will be people coming. It'll be a good summer of sport."

It is not the first football gaffe from the self-described "massive football fan". In 2022 he said his beloved Southampton needed to beat Manchester United at the weekend, though they were in fact preparing to play Leicester City.

After being shown brewing processes alongside Wales

Secretary David TC Davies and Vale of Glamorgan MP Alun Cairns the teetotal PM told staff they were "part of a proper industry we're keen to support" and spoke about business rates help.

The next stop on his four-nations tour is Scotland.

YOU DO NOT HAVE TO PUT UP WITH THIS: PAGES 6&7

Clown just

consigned

wilderness

the party

to the

ECTION 20

Farage chickens out of contest

BY MIKEY SMITH Deputy Political Editor REFORM UK founder Nigel Farage has ruled out standing in the election, choosing instead to help Donald Trump's comeback bid.

The ex-Ukip leader, right, who failed to win a seat in seven UK elections, said he will "do my bit to help" in the poll but that it is not the right time "to go any further". However, Reform UK leader Richard Tice said Mr Farage, now the party president, would be "helping out significantly" and stepping down from his GB

News show for the campaign. Reform, polling at around 11% and ahead of the Lib-Dems, says it will stand in all 631 seats in mainland Britain but

did not register in time to contest any Northern Ireland constituencies.

Mr Tice claimed the PM called the election early because he was terrified by Reform's progress.

However, Farage's decision not to stand will be a relief for the Tories.

They had feared that with his name on the ballot Reform would steal even more votes from them.



You do not nave to put let's turn Je page Campaign kicks off with Starmer blast at Tories

BY **ASHLEY COWBURN**

Political Correspondent

KEIR Starmer yesterday blasted the Tories for an unforgivable drop in living standards, as he urged voters to "turn the page".

The Labour leader pitched the General Election on July 4 as a choice between "two different countries, two different futures" for Britain.

He fired the gun on the party's campaign in Gillingham & Rainham - a seat the Tories won in 2019 with a majority of over 15,000.

Before meeting Labour activists and even kissing his first campaign baby, Mr Starmer said: "For a government to leave after 14 years our country with living standards worse than when they started is absolutely unforgivable.

What is Rishi Sunak's plan? £46billion of unfunded tax cuts. If they

get five more years, they will carry on in the same way."

Research from the Resolution Foundation this year warned real disposable income would fall by 0.9% between 2019 and 2025. The think-tank called it the first parliament in modern times in which living standards would fall.

Mr Starmer told supporters gathered at Gillingham FC's Priestfield stadium: You do not have to put up with this.

"The power of the vote is that you can vote Labour to turn the page, to make the change that this country so desperately, desperately needs.

"All we ask now is the opportunity to change our country and put it back in the service of working people."

Standing alongside him, Deputy Leader Angela Rayner added: "We've had 14 years of chaos and decline, and people feeling their area is not getting

DAY 1: LABOUR PROM



the support they need."

Blasting crum-

bling public services, she said:

"Whatever service people try and access these days, it is like wading through treacle.

RED LETTER DAY Angela Rayner and Keir Starmer

"People are absolutely fed up and they are crying out for change. We are a changed Labour Party. We are here for the service of this country."

Yesterday, a poll for YouGov found a majority of voters, 51%, believe Labour is on course for a majority.

Just 7% said a Tory majority would be the most likely result, while 20% of voters opted for a hung parliament.

will vow to save families cash on their energy bills through Labour's plans for Great British Energy, a publicly owned clean power company based in Scotland.

Starmer

The plan, which is part of his six pledges to voters, aims to invest in green energy projects such as wind and solar power.

Hitting the campaign trail alongside Scottish Labour Leader Anas Sarwar, Mr Starmer will say: "A Labour government will take Scotland in a different direction and give people hope for the future.

"Labour will stop families paying over the odds for energy. Great British clean energy to boost energy independence and cut bills.

"When I say let's get Britain's future back, we say it with one voice. Scotland is at the heart of that mission.

"It's time to stop the chaos, turn the age and start to rebuild with Labour."

Sheltering under umbrellas with colleagues on the campaign trail in Edinburgh yesterday, Mr Sarwar joked that he could not change the weather but could instead "change the government"

But he stressed there was "no route" to a Labour Government at Westminster without the party making "significant gains" north of the border at the General Election.

At the 2019 General Election, Labour lost six seats in Scotland, leaving the party with just one MP -

Starmer's Shadow Scottish Secretary.

Mr Sarwar said yesterday: "We have to make significant gains here.

"I recognise on paper that there is a mountain to climb. But I think we have done a huge amount of work over the last three years to get ourselves in a fighting fit position

Last year, the party secured a stunning victory at the Rutherglen and Hamilton West by-election, with a swing of 20.4% from the SNP.

And earlier this week, a poll showed Labour with a commanding 10-point lead over the SNP. Pollster YouGov called it Labour's highest vote share since the 2014 independence vote.

Three Labour MPs - Holly Lynch, Yvonne Fovargue, and Kevan Jones have announced they will stand down next week. North Durham MP

for him to fight the campaign as he is having surgery and treatment in early June for "an ongoing condition".

He added: "I am sad to be leaving the House of Commons but would like to thank the people of North Durham and my supporters.

Halifax MP Ms Lynch said it had been the "ultimate privilege to serve as the MP for her hometown".

But the former Shadow Home Office minister said: "Whilst I have the most amazing husband and family, as a mother of a young son with another on the way, I have found balancing the requirements of this very special job, with those responsibilities, increasingly difficult."

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LECKY THUMP: PAGE 30

(15) **10**

Mainly cloudy with a threat of showers developing

A largely dull and grey day for most areas with cloudy skies and just a few brighter breaks from time to time. Light showers or patchy rain will develop too and these will be mostly across northern and western areas.

5-day forecast

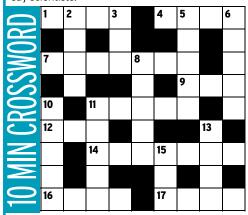
	Sat	Sun	Mon	Tue	Wed	
London	<u> </u>	21c 🦨	19c 🦨	17c 🧀	18c 🥋	19c
Newcastle						
Leeds	4	16c 🧬	16c 🧩	14c 🦨	16c 🦨	17c
M'chester	<u> </u>	19c 🧀	18c 🦨	16c 🦨	18c 🦨	18c
Liverpool	♂	20c 🧬	18c 🦨	16c 🦨	18c 🦨	18c
B'ham	43	19c 🦽	18c 🦨	16c 🦨	18c 🦨	19c
Cardiff	<u> </u>	18c 🦨	16c 🦨	16c 🦨	17c 🦨	17c
Plymouth	4	16c 🦨	17c 🦨	16c 🦨	17c 分	17c
Belfast	M	16c 🚓	16c 💣	15c 🚓	17c 💣	17c

BIGGER PICTURE

Today's historical average high: 16.5 May 2024 average high so far: 19.1 May historical average high: 15.6

All averages based on CET Mean Max Temp. Historical info from 1961-1990 (Source: Met Office) CLIMATE FACT: Greater spotted eagles have

changed their migration routes across Ukraine to avoid the conflict and because their habitats were likely damaged or destroyed by war, say scientists.



- ACROSS 1 Second Greek letter (4) 2 __ James, jazz singer (4) 3 Reverence (3)
- 4 School qualification (inits)
- **7** Shakespeare tragedy (7) 9 Wetland (3)
- 11 Dowel (5) 12 Self (3)
- 14 North Atlantic British Overseas Territory (7)
- 16 Male children (4)
 - **15** Face (3)

Across: 1 Seaweed, 7 Pin, 8 Skier, 9 With, 10 Fair, 13 Cloud, 15 Tum, 16 Adapter. Down: 2 Ernst, 3 Wise, 4 Eli, 5 Ipswich, 6 Trireme, 11 Artie, 12 SDLP, 14 Odd.

THURSDAY'S SOLUTIONS

LAST NIGHT'S SET FOR LIFE: 14, 20, 31, 40, 43. Life Ball: 9. No winner of £10k a month for 30yrs. **HEALTH LOTTERY:** 11,14,15,29,35. Bonus: 24. **WEDNESDAY'S LOTTO:** 6,7,25,31,35,43. Bonus: 12. No winner of £2m jackpot.

THUNDERBALL: 3,12,25,36,37. Thunderball: 9. No winner of £500k top prize. **TUESDAY'S EUROMILLIONS:** 11, 13, 14, 34, 48.

Lucky Stars: 7&9. No winner of £22m jackpot.



DOWN

5 Smallholding (5)

8 Paramour (5)

11 Redbreast (5)

13 Paradise (4)

10 Slade (anag) (5)

6 __ Baltacha, tennis player (5)



Former PM was ery frustrating Civil service boss blasts Johnson's Covid regime

BY **SOPHIE HUSKISSON**

THE top civil servant has told the Covid Inquiry of his frustration at working with Boris Johnson in the pandemic.

But Cabinet Secretary Simon Case said sorry for his WhatsApps saying the ex-PM made the government look like a "tragic joke". He said: "They are very raw human expressions. Many of them now require apologies."

Yet he said it was fair to say his WhatsApp "Crisis + pygmies = toxic behaviour" was an observation on the abilities of individuals in the Cabinet Office and No10.

He said "good people were just he said: "It was definitely dysfunc-

worked "incredibly hard in impossible circumstances with choices where it seems there was never a

right answer" Questioned by the inquiry about Mr Johnson's leadership style, Mr Case said: "I found it very frustrating. I just don't think I understood how difficult he was finding it personally."

Asked about the dayto-day government admin,

being smashed to pieces" and tional and it was difficult. It was difficult to settle on the course of

action." Also highlighted were his WhatsApp messages saying that the No10 operation "contributed to the worst governing ever seen". Appointed head of

the civil service in September 2020, he said it was a "fair criticism" to say the government failed to

show it had considered alternatives to a lockdown. Mr Case did not know about Rishi Sunak's Eat Out To Help Out until the day it was announced.

Sir Patrick Vallance, who was chief scientific adviser, previously told the inquiry the scheme was "highly likely" to have fuelled deaths in a pandemic that killed more than 232,000 Britons in total.

Mr Case said: "I think you've already heard from some it didn't come through the Covid Taskforce. So I don't think we were aware."

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VOICE OF THE MIRROR: PAGE 12

CORRECTIONS & COMPLAINTS (Ipso.) Regulated

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TRAGEDY Geoff Kitchen

Spine ops for worst injured in flight 'drop'

THE most seriously hurt passengers on turbulence-hit Flight SQ321 need spine operations, hospital chiefs said yesterday.

Brit Geoff Kitchen, 73, died and more than 100 people were injured on the Singapore Airlínes aircraft.

Six Britons are among 20 people in intensive care at the Samitivej Srinakarin Hospital in Bangkok.

The plane was forced to make an emergency landing in the city after plummeting 6,000ft in three minutes when it hit turbulence at 36,000ft.

Passengers said people were catapulted into the ceiling of the plane.

Geoff and his wife, Linda, of Thornbury, Glos, planned to go to Indonesia and Australia. There were 47 UK passengers on board and four Irish nationals.



DISCOVERY Earth & planet

New 'Earth' which could support life

BY **ED CHATTERTON**

SCIENTISTS have discovered a new Earth-sized planet 40 light years away that could potentially support human life.

Gliese 12 b has an estimated surface temperature of 42C and orbits its sun every 12.8 days.

It was found by Univer-

sity of Warwick experts using NASA satellites. Warwick's Prof Thomas Wilson said: "Thrillingly, this planet is the closest Earth-sized and temperate planet we know.

The light we are seeing now is from 1984, that's how long it has taken to reach us here on Earth.

"Planets like Gliese 12 b are very few and far between, so for us to be able to examine one this closely and learn about its atmosphere and temperature is very rare.



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Boxing death review plea

A CORONER is calling for a review of white-collar boxing matches after a man died at an event.

Dominic Chapman, 26, suffered a fatal brain injury from a single punch during a bout in April 2022, the third death since 2017.

Worcestershire coroner David Reid ruled he died from an accident and said he would ask ministers about regulating the sport.

Jon Leonard, director of organiser Ultra Events, said Dominic had trained for the fight in Worcester.

HAMAS REGROUPS AS SCHOOL BLITZE

Israel fires on Palestinians taking refuge





ANY3 FOR £3





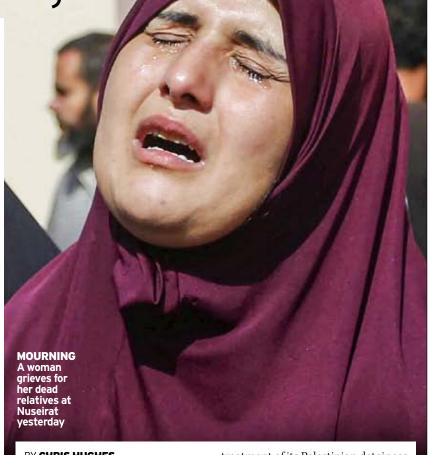






Available until 11th June

Available from 22 May 2024 until 11 June 2024. Served from 11am. Includes Small Fries, Apple Pie, Mayo Chicken, Core Mini McFlurry®, Cheeseburger, Veggie Dippers® (2 pieces), Hamburger, Side Salad, 4 Piece Chicken McNuggets®. Delivery price uplift & fees apply. Subject to availability. Price and participation may vary. Whilst stocks last. ® 2024 McDonald's. Oreo® is a registered trademark of Mondelez International Group used under licence.



BY CHRIS HUGHES Defence and Security Editor

ISRAELI troops shelled a school in northern Gaza yesterday, injuring Palestinians who were sheltering there.

The attack in Beit Hanoun happened amid fears Hamas fighters have regrouped in some of the most embattled areas in the city.

It is not yet known how many refugees were hurt at al-Shawa School, where thousands had retreated.

Israel's shelling of it came as family and friends mourned the seven people killed in Wednesday's strike on a house belonging to the Al-Shami family in the Nuseirat camp.

An internal military probe also found the İsraeli Defence Forces culpable for the death of Indian UN worker, retired Colonel Waibhav Anil Kale.

He was travelling in a UN-marked car when it came under attack in Rafah on May 13.

RUBBLE Boy playing in Jenin

The probe, which concluded that the vehicle was shelled and then hit with grenades, does suggest it had been on a prohibited road with no co-ordination with the IDF.

A UN expert also called on Israel to investigate allegations of degrading treatment of its Palestinian detainees after the October 7 Hamas attack.

The organisation's Special Rapporteur on Torture, Alice Jill Edwards, said she had received claims of beatings and of people being blindfolded

and handcuffed for long periods.
She said: "I am particularly concerned that this emerging pattern of violations, coupled with an absence of accountability and transparency, is creating a permissive environment for further abusive and humiliating treat-

ment of Palestinians."

Yesterday, Israel's war cabinet instructed its negotiators to push for fresh peace talks in a bid to secure the release of 128 hostages still held in Gaza.

And the UN's top court is set to decide today whether to impose further requirements on Israel's military to take greater care in Gaza.

The International Court of Justice is responding to a fourth request for the UN to impose controls on Israel's military in a bid to rein back its attack on Rafah in the south of the strip.

Elsewhere, a two-day Israeli attack on the West Bank city of Jenin was revealed to have killed 12 Palestinians.

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Hillsborough failures must spark a new duty of truth

THE government must do more to avoid repeating failures made after tragedies such as Hillsborough, MPs and peers warned.

Campaigners want new legislation to prevent a repeat of experiences suffered by families of fans killed in the 1989 disaster.

At the time many of the victims were blamed and families fought a 26-year battle to expose the truth.

Now a report into calls for a Hillsborough Law out today has found "institutional defensiveness' remains a problem.

CANDOUR

The work by Parliament's Joint Committee on Human Rights recommends the government consider a duty of candour for public bodies.

Officials would have a

legal duty to tell the truth. There would also be guaranteed legal funding for bereaved families at inquests and inquiries, and a role for an independent public advocate.

Solicitor Elkan Abrahamson, of the Hillsborough Law Now campaign, said: "We have to reverse this culture where public officials lie at will."

'Give women cancer drug to live longer'

A CHARITY is calling for a life-extending drug to made available to thousands of women with incurable breast cancer.

Experts from Breast Cancer Now said patients' lives in England "will be cut short" unless the NHS prescribes them Enhertu.

The National Institute for Health and Care Excellence has blocked its use as the costs were too high in relation to its benefits.

But the charity's chief Baroness Delyth Morgan has called on NICE, NHS England and Enhurtu's makers Daiichi Sankyo and AstraZeneca "to get back around the table"

All four parties were asked for comment.



BY LUCY THORNTON and JEREMY ARMSTRONG

LEAH Harrison's family yesterday paid moving tribute to the "bubbly" 10-year-old who died in a freak mudslide on a school trip.

Thirty mountain rescuers battling devastating downpours had tried in vain to save the year-six pupil, who tragically died at the scene.

Leah, who longed to become a Lioness and was in her local football team, had finished her SATs just days before the North Yorkshire Moors walk.

Yesterday, in a heartbreaking statement, her family said: "Leah Harrison, the happy, bubbly, go-lucky little girl. The beautiful smile, the giddy laugh, the silly jokes... God only takes the best. You will never ever be forgotten, baby girl.

'You will achieve your dream and become a player for the Lionesses.

"Spread those wings. May you rest in paradise."

On Wednesday in North Yorkshire up to 2in of rain fell, nearly the May monthly average of 2.2in.

A Met Office yellow weather warning was in place for the area. Leah was on an instructor-led walk at Carlton Adventure in Carlton-in-Cleveland at the time of the accident.

Site operators Hartlepool council has now suspended activities.

Gary Clarke, callout officer for Cleveland Mountain Rescue, said: "It was very wet all day, quite foggy and misty up there and very cold, and it made the conditions very hard for the rescue."

He said they used a "technical rope rescue system" to recover her hody from the dangerous landslip on a path off the Cleveland Way.

> "From what we can gather from the scene,

it was just something of a freak force of nature accident. It's something that we've never seen or experienced before."

Leah was a pupil at Mount Pleasant Primary School in Darlington, Co Durham, which is part of Lingfield

We had

or faced

like this

anything

never seen

Nick Blackburn said there had been weather warnings but any school outdoor activity is risk assessed in advance and on the day.

"It's a designated route. We don't take our children knowingly into unsafe territory. There was a mudslide so the weather has had an

effect on what happened but the cause and effect bit of the incident is difficult to understand. This was a freak event.

This is clearly a heartbreaking tragedy. Leah was a much-loved part of our school and our thoughts and Education Trust. Its chief executive prayers are with her family, friends and

the school staff."

Police and the Health and Safety Executive are investigating the incident. Hartlepool borough council's Denise McGuckin, said: "We are utterly devastated and heartbroken, and our thoughts are with Leah's family and friends and all those affected."

Leah was in Darlington FC Youth's U11s girls team. Their statement said: "We are devastated to hear of the tragic passing of Leah Harrison. She was a joy to coach - always smiling and $trying\ her\ best-and\ had\ s\bar{h}own$ big improvements during her time with us. Our thoughts are with her family and friends."

The club has cancelled this weekend's U11 fixture and will hold a minute's silence.

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VOICE OF THE

Mirror

Sunak not fit for No10

ON July 4 voters will be asked to decide whether Keir Starmer or Rishi Sunak is the best person to run the country.

On the evidence of the first 24 hours of electioneering it is not even a contest.

The Tories got off to a dismal start with Mr Sunak's rain-soaked speech in Downing Street.

This was followed by the Prime Minister admitting his flagship Rwanda plan is unlikely to be in operation until after the election, while his legacy project of a smoking ban has run out of parliamentary time.

It also emerged the Tories had planted one of their councillors at a campaign event so he could ask Mr Sunak patsy questions.

To cap a calamitous day, the gaffe-prone PM then asked Welsh voters if they were looking forward to the Euros without realising Wales had not even qualified for them.

Given how incompetent the Tories have been in office it is probably not a surprise they are just as incompetent on the campaign trail.

Civil disservice

BRITAIN'S most senior civil servant yesterday lifted the lid on the chaos and confusion during Boris Johnson's time in Downing Street.

Simon Case told the Covid Inquiry that the former Prime Minister was responsible for some of "worst governing ever seen".

And he claimed the toxic culture resulted in good people being "smashed to pieces".

The Cabinet Secretary also revealed he had been kept in the dark about then Chancellor Rishi Sunak's Eat Out to Help Out scheme, which medical experts claim helped give the virus second legs.

Mr Case's damning testimony serves as a timely reminder of how the Conservatives conducted themselves in office at a time of national emergency.

Kiefer on a roll

HOLLYWOOD actor Kiefer Sutherland swears by Greggs most popular pastries.

The 24 star claims they help with his singing voice. Now that's rock'n' sausage roll...



POST OFFICE SCANDAL



BY LUCY THORNTON

GROANS, jeers and laughter erupted at the public inquiry into the Post Office IT scandal as Paula Vennells gave her second day of evidence.

The disgraced chief executive denied failing to review suspect prosecutions of sub-postmasters because it would be bad for PR and end up in the papers.

Those in the public gallery at the Horizon Inquiry, which included many wrongly accused victims, scoffed "Oh, come on!" as Ms Vennells said she hadn't put brand image ahead of miscarriages of justice. But the former Post Office

boss did admit that 10 years of travesties could have been avoided if a review had been carried out of all false accounting prosecutions.

Vennells, 65, was confronted about a "grossly improper" email sent to her in 2013 by her director of communications, Mark Davies. It warned: "If we say publicly

that we will look at past cases we will open this up very significantly into front-page news."

The writer feared such an admission would have a "ballistic impact" and "could lead to a very public narrative about the very nature of the business".

The London inquiry heard that Ms Vennells replied: "Thanks for this and I don't think we are too far apart. I will take your steer."

Inquiry lawyer Jason Beer KC challenged her: 'You did take the advice of the PR guy, didn't you?"

Her reply: "I really don't remember it relating to the decision," prompted the gallery to erupt in disbelief. Chairman Sir Wyn Williams had

to intervene, calling for quiet. Vennells went on: "I absolutely don't accept that I took a decision

to not review past criminal cases

based on media outcome.

"It's simply not the way
I worked, to have taken a
decision based on one
colleague. My way of
working was to take as

many views as I could."
Around 900 sub-postmasters were prosecuted between 1999 and 2015.
They took the blame for

You wanted everyone to get the bare minimum, forget all this and move on, didn't you?

JASON BEER KC QUIZZING VENNELLS OVER COMPENSATION

OSS GRILLED FOR SECOND DAY



'I never once withheld information from the board. I was very aware I was not a legal expert or an IT expert.

"I relied on the board. I took feedback and challenge and valued it."

Ms Vennells was challenged several times about wanting only two or three cases looked at to see if there were system failures. She denied this but

would "minimise compensation". Mr Beer: "You never intended to pay

out any substantial figures, did you? Ms Vennells: "No, that's right. "Not in terms of the mediation

scheme because that was not what I had understood it would do."

Mr Beer: "You wanted everyone to get the bare minimum, forget all of

Vennells wept as she apologised for her part in the scandal.

Near the end of yesterday's grilling she began crying again after telling how she had to step back in 2019 because of a "family situation" which involved hospital visits. She will continue her evidence today.

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Inquiry will not shelter Paula & bosses for ever

SANJEETA BAINS in the public gallery



Mum-of-two Seema Misra, 48, was eight months pregnant in 2010 when she was jailed for 15 months for false accounting and theft. She gave birth wearing a tag.

about her role in what went on.

She said of Vennells' tears: "I wish I could cry. I don't have any more tears left. I've been to prison without evidence. Yet Vennells and

the others have so much evidence and so many facts against them. I don't know what the police are waiting for.

"I know Paula and the other bosses are all hiding behind the inquiry. That is wrong They won't be able to do that forever."

The public inquiry heard in 2023 that desperate Asian subpostmasters who called the helpline had been referred to as "another Patel scamming". Mrs Misra said: "It has been extremely painful. I've heard lots of terrible things during this inquiry. To call every Asian subpostmaster 'another Patel' - is so disgusting. They are racist and corrupt."

Christopher Head, 36, faced accusations over an £88,000 shortfall. The criminal case against him was dropped after six months but he was pursued for five years in the civil courts. which cost him his house and everything he had.

He said Vennells was far more prepared during her second day on the

stand but "her recollection of events is completely contradicted by what the documentation shows.

There was a moment when she said: 'Unsafe witness is not a term I would use.' But it's there in an email she sent."

Chirag Sidhpura, 40, lost his business and home as he handed over more than £57,000 of his own money to avoid prosecution. After Vennells' first day of evidence, he said: "I'll be pushing for a prosecution. She presided over the people who came for me. The investigators who used bullying tactics against me - threatening me to either pay up or go to prison."

Ex-postmaster Harjinder Butoy, 48. of Chesterfield, Derbyshire. falsely convicted of stealing £208,000 in 2007 and jailed for 18 months. He has spent 15 years clearing his name. He wrote to Vennells – an ordained minister

through his MP and was astonished by her "nasty" reply. "She insisted 'the Horizon System is 100% robust. If Harjinder has a problem, tell him to find a solicitor and try to take us to court.' It was like she was in the mafia.

"Back then we knew we had no recourse - there was nothing we could do. No solicitors would touch the case."

Echoing other victims' calls for criminal charges to be brought against her, he said: "I still can't get my head around all the lies.'

He wants to see Vennells "behind bars". He said she has had five months' training from her lawyers but she is still struggling.

"I wonder how she'd cope if she'd been through the last 18 years of hell I've been through. The time I spent jailed. It took 15 years just to clear my name. I didn't care about the money, they took my good name.

Ex-postmistress and mum-of-three Jess Kaur had a mental breakdown

after being wrongly accused of stealing £11,000 from her West Midlands branch. Charges were dropped in 2009 but she had attempted suicide and was sectioned under the Mental Health Act. She said: "After the first day of her testimony, I said I couldn't come back - it was so painful, but I knew I had to. I have to keep strong.



SOBBING Vennells cries



NO HELP Harjinder Butoy fought to clear name

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VANISHED Jake Jones, 20

Help us, begs missing river boy's mother

BY **DAN WARBURTON**

THE mother of a 20-year-old who vanished in a river three days ago has issued a plea to help find him.

Louise Jones said the family were devastated that son Jake had still not been located been located.

Coastguards and the Severn Area Rescue Association have been searching the River Wye in Chepstow, South Wales.

Louise, from Sedbury in the town, said: "Jake was last seen in the Wye on Monday at 6pm and has still not been found.

"We're devastated and heartbroken and ask everyone to be vigilant and look out for our boy."

Police would like to hear from anyone in the area between 5pm and 6.30pm on Monday and particularly from anyone who was on a boat or saw a boat.



RAMBLING Trump at court

Trump court silence 'fault of the judge'

BY CHRISTOPHER BUCKTIN US Editor

DONALD Trump has blamed the judge in his hush money trial for him not taking the stand.

The former president had boasted he would give evidence in court.

He denies trying to cover up a £102,000 payment to porn star Stormy Daniels to keep quiet about their alleged affair.

about their alleged affair.

But after his defence refused to put him on the stand in New York, Trump said trial judge Justice Juan Merchan was the reason.

He added: "He made rulings that make it very

difficult to testify.

"Anything I did in the past, they can bring up."

Trump, 77, was widely mocked online. One person commented said: "Trump couldn't trust himself not to lie".



№@DailvMirror

No one should suffer alone, says victim of P Diddy attack

BY CHRISTOPHER BUCKTIN US Editor

P DIDDY'S ex-girlfriend says she was "powerless" when the music mogul launched a brutal attack on her.

Hotel CCTV footage released last week showed singer Cassie Ventura being punched and kicked by Diddy, real name Sean Combs.

The 37-year-old, who was in a relationship with the hip-hop star at the time, said: "It takes a lot of heart to tell the truth out

be drinkaware.co.uk

'INEXCUSABLE' P Diddy

in. I offer my hand to those that are still living in fear. Reach out to your people, don't cut them off. No one should carry this weight alone."

Cassie sued Combs, 54, in November alleging years of abuse. The suit was settled.

Combs previously denied her allegations but on Sunday admitted he attacked her in the hotel, saying he was "sorry" and his actions were "inexcusable".

Queen's note up for auction

A WARTIME letter from the then Princess Elizabeth to a Canadian soldier is tipped to sell for £2,000.

It includes a photo of Buckingham Palace at night, which the future queen had borrowed from the convalescing soldier.

On the back she wrote "Buckingham Place floodlit, May 1935, given to me by Bobby in London, 1940". The note, together with ones from star Mary Astor, will be in a Chiswick Auctions' online sale from May 31 to June 16.

ACTOR SAYS



EXCLUSIVE BY ASHLEIGH RAINBIRD

ollywood A-lister and musician Kiefer Sutherland swears by a Greggs sausage roll and not just for the pastry's taste...

The 24 star, who was introduced to the high street chain's staple by his bandmate, reckons the grease helps protect his vocal cords.

"Grease is not a good word, but there's enough around a Greggs sausage roll to lubricate your voice quite well, and quite nicely," he says.

"I've found it helpful on more than one occasion. We go there so much."

But as the 57-year-old actor also prepares for two action films, Stone Cold Fox and Sierra Madre, he admits that it is harder to stay in shape now he is older.

And no, that's not from all those

sausage rolls he's eating... According to Kiefer, he burns all those calories off on stage during his energetic sets "pretty quick"

"As you get older, you know, every 10 years it gets a little harder for the body to define muscle," he says.

"It gets harder for the body to process... your metabolism changes. You have to make adjustments.

"I hate the feeling of the beginning of a workout. And I love the feeling when it's done.

"I run a lot, and that's kind of the foundation of everything. I've got my version of a lightweight workout there that hopefully keeps vou trimmer – light weights, heavy rotation, things like that."

Born into an acting dynasty in London in 1966, before moving to Canada, he has MUCH-LOVED been acting for 40 years.

Dad Donald Sutherland, 88, starred in films Klute and Ordinary People, while his mum Shirley Douglas, was an activist and theatre actress, who died in 2020.

His grandad, Tommy Douglas, introduced national healthcare to Canada.

As a teenager, Kiefer appeared in Stand By Me and The Lost Boys as he turned 20, catapulting him into stardom, followed by other hit films like Young Guns.

For a while, he and Robert Downey Jr. were roommates, and his daughter Sarah is reportedly named after close frienď Sarah Jessica Parker.

But Kiefer is quick to reject suggestions of him - or Sarah, 36, who stars in sitcom Veep - being 'Nepo babies". The term is thrown

at celebrities who are deemed to have opportunities thanks to parents.
"I just don't understand the argument,"

he scoffs. "When it says Joseph and Sons and they're carpenters, nobody is getting up in arms that the father passed on the trade of carpentry.

"I grew up in the theatre with my mum – that's what I knew. Am I going

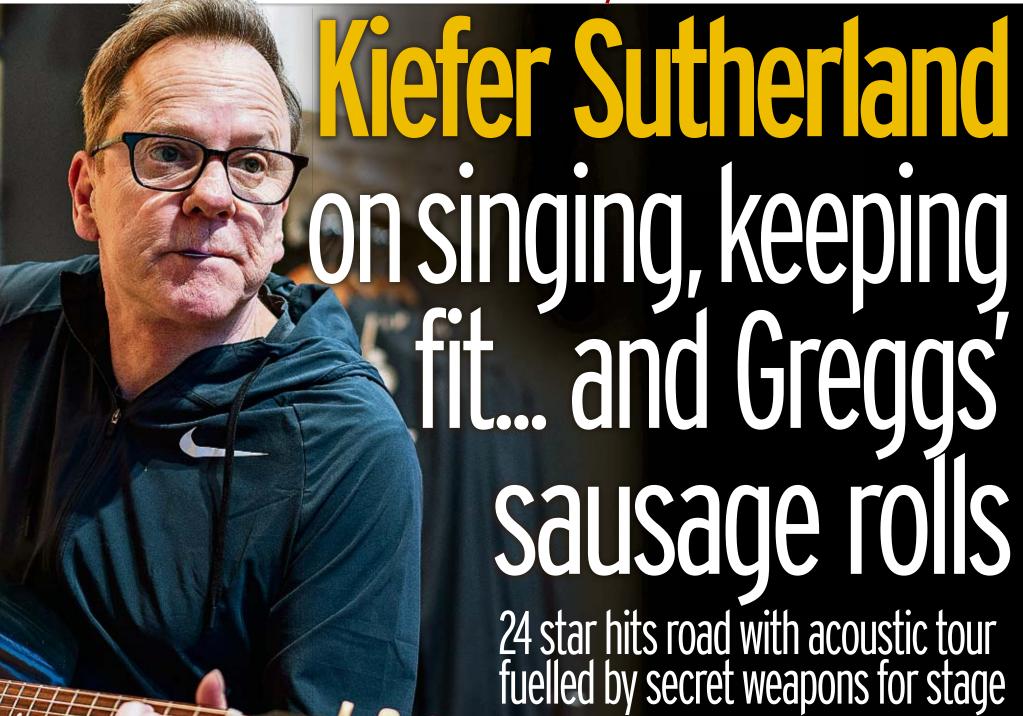






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to have an insight into how to perform in a play better than the average 15 year old? Of course I am. You have to judge each person on their work.

You still have to fight incredibly hard to get that job."

Kiefer smiles at the memory of a director leaving him sitting outside an audition room for six hours, without offering him a role,

with his dad. By his 30s,

following a spat work had dried up. It came after

He credits the role of Jack Bauer in 24, which he was cast as in 2001, with saving his acting career, and says he considers himself to

people k n o w

In 2007, he was put in county jail for 48 days for drink driving. He has explored his sometimes frustrating

relationship with alcohol in his music. Twice married Kiefer has also

written love song Two Stepping in

Time about his partner Cindy Vela, 45 - though he insists there are no plans to marry. "We're not engaged," he confirms. "We're together, we've lived together for over a decade, and if it's not broke, don't fix it," he chuckles.

CAREER BITES The Lost Boys, 1987

While he might admit to being lucky, it was more than luck that secured him a role in Clint Eastwood's yet-to-be released final film Juror No. 2. Kiefer wrote him a letter begging to work with the legendary director.

"I don't think I could have just phoned him up, I wouldn't have been that presumptuous," he laughs. "But I was impressed he got the letter. He was really sweet, and generous." Kiefer

is about to set off on the road for an acoustic tour, including dates around the UK in August, where along with a sausage roll, he will raise a glass of his new Red Bank whisky range.

"I've always liked to raise a glass and say thank you for having me," he says. The act of a toast brings people together. The UK audiences want me to do more than one."

■ Kiefer has unveiled his new whisky to the UK – Red Bank – a premium Canadian whisky, paying tribute to his Canadian roots and love of the spirit. On sale at Master of Malt (RRP £49).

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VOICE OF MIRROR: PAGE 12

his wedding to Julia Roberts was abruptly cancelled in 1991, and for a period in the 1990s, he was a rodeo champion, which has inspired his country music career.

Although his career has not been plain sailing since then.

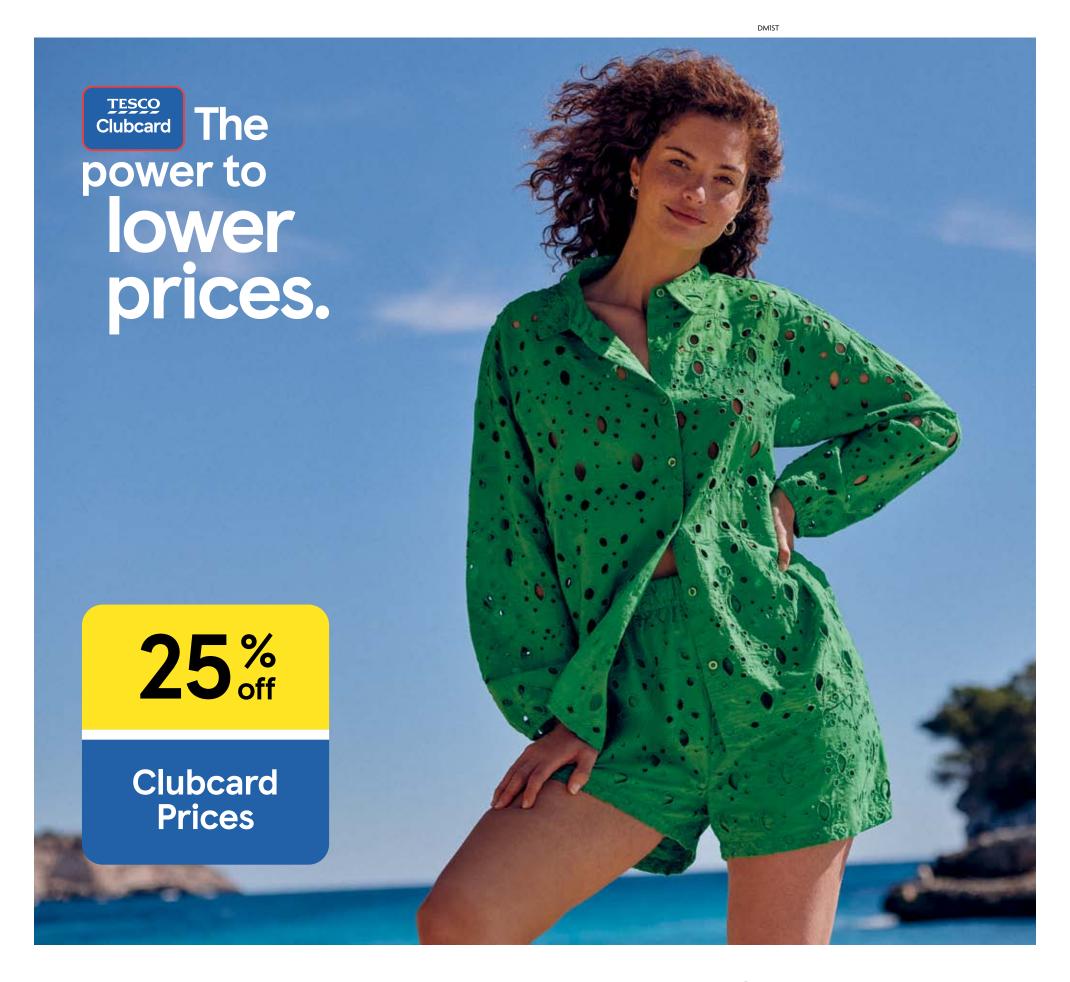
"one of the luckiest

I grew up in theatre. Am I going

perform in a play better than the

average 15yr old? Of course I am

to have insight into how to



All Clothing





EXCLUSIVE BY ASHLEIGH RAINBIRD

ANTHEA Turner and Janet Ellis have put up their hands to "save" Blue Peter as the BBC has put its production out to tender.

A new setup could include pre-recording the show, which has always been live, and rotating presenters.

Former hosts Anthea, 63, who was on the show from 1992 to 1994, and Janet, 68, who was at the helm from 1983 until 1987, are offering to bring the kids' TV classic back to its former glory.

Anthea declared: "We're here! We've got all the credentials, we've got our

badges – of course we'd go back.

The pair teamed up this week at the RHS Chelsea Flower Show, where Andrea laughed to Janet: "We could save Blue Peter."

Chatting to the Mirror, Anthea added: "It will be a shame if it's not live. Blue Peter needs presenters who can work live. It needs that edge live will always give you that edge."

On making a return, Janet added: "Of course I would."

She revealed some of her five grandchildren refuse to accept she could have fronted children's TV.

"My grandsons don't believe I was on it," laughs Janet. "They can't believe I ever did it, because they think, 'Why would they let old people on?"

Blue Peter is currently produced by BBC Studios, and is shown live every Friday at 5pm on CBBC. But the invitation to tender states: "There is no requirement to retain this model."

It would mean an end to classic bloopers such as Lulu the elephant having a toilet break during a 1969 broadcast, fronted by Valerie Singleton, John Noakes and Peter Purves.

The format launched in 1958, and it

was estimated to draw 7.9 million viewers

episode attracted just 37,300 viewers. In 2017, a repeat of an episode **believe I** received zero viewers.

The show has long been famous for its award badges, which offer children free entry to events and attractions.

And it is also known for its "makes", including Anthea's famous recreation of the Thunderbirds toy Tracy Island. The





BBC even cite the 'famous Tracy Island model" in its invitation, adding that these stickybacked plastic DIY

creations "register very highly with the audience".

The CBBC programme is fronted by Shini Muthukrishnan, 22, Joel Mawhinney, 25, and Abby Cook, 21, who are accompanied by the resident dog, Henry.

-

However, the BBC's invitation to tender states: "We are open to suggestions for

refreshing presenters on a regular basis." And the invitation

also reminds potential tenderers: "Blue Peter presenters

are particularly iconic and we all have our own favourites.

Submissions are being pitched now, and the producers will be revealed later this year. Anthea and Janet were launching the new Peter Beales With Courage rose, and marking Blue Peter's long history with the RNLI's Lifeboat Appeal at the RHS Chelsea Flower Show.

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UP FOR IT

Janet at

Rape accuser on McCann suspect Brueckner

BY MARTIN FRICKER

THE holiday rep allegedly raped by Christian Brueckner told police she believes Madeleine McCann would still be alive if she had been able to identify him sooner.

Hazel Behan told a court earlier this month that she was attacked by the convicted sex offender in her flat in the Ålgarve in 2004.

German prosecutors believe Brueckner snatched Madeleine from her parents' holiday apartment in nearby Praia da

Luz, Portugal, three years later. Hazel, 40, came forward to police in 2020, saying that she recognised Brueckner's eyes

while reading about the case. She had previously spoken to Portuguese police in 2004 but was unable to identify her masked attacker.

Rainer Grimm, the man leading the Madeleine case, revealed Hazel's regret while testifying in court yesterday.
The German FBI's lead inves-

tigator was drafted in to probe Brueckner, 47, after Scotland Yard received a tip-off in 2017.

He has spent seven years on the case and is said to have evidence that Brueckner is the guilty party. Mr Grimm was also involved in last year's search at an Algarve reservoir, looking for evidence linking Brueckner to Madeleine's disappearance. And he has investigated other allegations against Brueckner in Portugal, for which the German is now standing trial.

They include the rape of Hazel, from Mullingar, Íreland, who was working as a tour rep in Praia da Rocha when she was attacked.

Brueckner's lawyer Friedrich Fuelscher asked Grimm whether he remembered Hazel "expressing her regret" during an interview

she had with him. Mr Grimm initially said he could not remember. But after a passage of the interview was read out in the court

> replied: "Yes, it was like that." He added: "She said she had never imagined that there was a connection to the [Madeleine] case.

in Braunschweig, Germany, he

She regretted that she was unable to put two and two together."

Brueckner, who is serving a seven-year jail term for rape, denies any involvement in Madeleine's disappearance.

MYSTERY Madele McCann vanished He also denies the three rapes and two indecent assaults he is now on trial for, alleged to have happened in Portugal from 2000 to 2017. The trial continues.

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£1.4k Maggie puppet sale

A SPITTING Image puppet of Margaret Thatcher inspired by the headline Up Yours, Delors and flicking a V-sign has sold for £1,440.

The 1990 latex rubber figure was made for the TV show after a row between then-PM Thatcher and European Commissioner Jacques Delors.

Chris Albury, of Dominic Winter Auctioneers, in Cirencester, Glos, said Mrs Thatcher "was a leader of great force".



PLIGHT Cat trapped in gap

Crews rescue stuck moggy

FIRE crews had to rescue a cat who got stuck in a three-inch gap.

The black and white pet, called Cat, alerted neighbour Louise Gossage by miaowing from the tiny space between a house and a garage extension.

Firefighters had to cut through the brickwork of the extension with a saw to reach the moggy.

Louise, 39, from Bromsgrove, Worcs, said: "I think that Cat should definitely be renamed Lucky."









BY TIM HANLON and NATALIA PENZA

AT least four people died and 16 were injured last night following the collapse of a bar building at a popular Majorcan beach resort.

Rescuers feared the toll could rise as they launched a desperate attempt to find people trapped under the rubble.

Emergency responders raced to the scene at around 8.30pm local time.

They found the two storey building, housing the Medusa Beach Club, in Playa de Palma, had collapsed.

A spokesman for a regional emergency response co-ordination centre later confirmed: "Four people have died and 16 have been injured in the collapse of a building in Playa de Palma."

Seven of the injured are said to be in a 'very serious" condition. Nine other are in a "serious" condition.

SHOCKED

Crane operators were been brought in to help shift the rubble.

The president of the Balearic Islands, Marga Prohens, 41, posted: "Shocked by the information I received about the collapse in Plava de Palma.

'Sending all my affection and warmth to the families of the four people who lost their lives in this tragic incident and wishing the recovery of all the injured.

"Thanks to all the emergency services that have been dispatched to the scene."

The cause of the collapse was unclear last night but is thought the first floor gave way, smashing into the ground floor bar and then into the basement.

Amid the tragedy, it was reported that several desperate tourists had tried to enter the building because they suspected their friends were trapped inside.

Playa de Palma is the beach area to the east of the Majorcan capital. It is especially popular with German holidaymakers, although more than 2.3 million Brits head to the island for their holidays each year.

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ple based on 8,000 miles per annum, non-maintained. Subject to status. UK residents 18+. Rental amounts shown are on the specific model stated plus VAT @ 20%. T subject of the state of th



BY CHARLOTTE MCLAUGHLIN

THE widow of George Harrison has hailed a blue plaque at his Liverpool birthplace as "a source of family pride".

The honour will be unveiled today at 12 Arnold Grove in Wavertree by Olivia, who married the guitarist in 1978, and culture minister Lord Parkinson.

The Beatle, who died in 2001 at the age of 58 from Beatle's widow on home plaque

> cancer, was born on February 25, 1943 at the two-up two-down Victorian house, where he lived until he was nearly seven.

Olivia, who had their only child, musician Dhani

Harrison, in 1978, said of the Historic England honour – one of the first outside London: "So much of who George was came from being born and spending his earliest years at 12 Arnold Grove.

"He left a footprint on this world, on this country, in this city and on this street."

In George's memoir, I, Me, Mine, he recalled: "It was OK that house, always sunny in summer."

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Police officers have been told not to arrest people for "non-priority offences" because jails are full. They must also "pause" operations where large numbers of arrests might take place. Next step: get rid of truncheons, they might hurt someone, and confiscate the whistles, they frighten dogs and cats. The party of law and order? The Tories stand for outlaw and disorder.

4 truth stronge than the sorry te we're all

Sunak to give us the chance to sack him.

But not even a change of government is guaranteed to solve the enduring problem of holding those in power to account.

Labour talks of legislation compelling public servants to observe a duty of candour – an admission that they sometimes lie or fail to tell the truth.

We shall see.

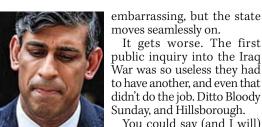
The issue is important because recent public inquiries have exposed the weakness of the system. Nobody has been charged over the 2017 Grenfell tragedy, and

the Met says it will likely be 10 years after the fire before any criminal trials begin.

When the NHS tainted blood scandal inquiry revealed the scale of official incompetence and guilt, one victim reacted emotionally: "The truth is stronger than the state".

I wish I could agree with his verdict on this terrible saga of criminal neglect, but the lesson of history is that public inquiries identify failure in high places, yet nobody ever goes to jail.

We learn the truth, and it's



FAILURE PM Sunak

It's a kind of 'inquiry washing', the state delays as long as possible

You can see what I'm saying with the current Post Office Horizon inquiry. One after another, those

It gets worse. The first

You could say (and I will)

there is a kind of "inquiry

washing" at work. The state

delays as long as possible,

then concedes a judge-led

investigation, which takes

years. Then it's everybody

responsible for ruining lives "can't remember" what they did.

back on the bus.

Not me, guv.

And that's justice? Pathetic.

The Government insists: "This time, it will be different." Oh yeah? Listen to Heather Evans, whose husband Perry died from the tainted blood treatment only five weeks ago: "I don't think anything will happen," she said.

I share her scepticism.

The state is stronger than the truth,

This is the 16th general election in which I've had the vote. 1966 was the first.

Under current electoral law, I could have participated in the 1964 poll, but unlike today's voters I had to wait until I was 21. Labour wants votes at 16, as happens in Scotland for elections north of the border.

I'm undecided about that - and would teenagers bother? A new global poll says British children are the laziest in the world.







BRAIN INJURY Michael

Schumachers win £170k for fake Al article

BY PIERS EADY

MICHAEL Schumacher's family has won its legal action against a magazine over a fake AI interview with the Formula 1 legend.

Women's tabloid Die Aktuelle promoted the article on its April 2023 cover, describing it as 'Michael Schumacher, the first interview!"

Its German publisher Funke Mediengruppe apologised to the ex-racing driver's family last year, sacking the chief editor Anne Hoffmann.

It has reportedly paid the Schumacher family £170,000 in damages over the article that used AI-generated quotes.

The seven-time F1 world champion suffered a nearfatal brain injury skiing in the French Alps in 2013 and is being cared for at his home in Switzerland.



HOOTER Male proboscis

Primate nose how to gain more mates

BY **STEPHEN BEECH**

MALE proboscis monkeys have big noses to attract more mates, says a study.

In a world first, researchers found why males of the endangered primates have "enhanced" nasal structures.

Australian National University's Dr Katharine Balolia said emitting louder, deeper calls, thanks to a bigger nasal cavity, helps males assert their

health and dominance.
She said: "This helps the male monkeys attract females and ward off other males. The more females a male can attract, the more it allows him to father more offspring.

She added that they live in coastal mangroves and forested environments of Borneo and often cannot see each other through the trees.

Older... but we're still Outnumbered



BY NICOLA METHVEN TV Editor

THE much-loved BBC sitcom Outnumbered is returning for a Christmas special, and its child stars are all grown up.

It has been eight years since the Brockman kids and their beleaguered parents were last seen on BBC1.

This time around Pete and Sue have become grandparents, while their offspring are in their 20s.

In the special, the Brockmans have decided to get together to celebrate a traditional family Christmas. But somehow

fate, neighbours

FRANTIC FOLKS Hugh Dennis and Claire Skinner

Brockmans back for Christmas

hyenas and replacement bus services get in their way.

Show creators Andy Hamilton and Guy Jenkin have reunited the cast, with Hugh Dennis playing dad Pete and Claire Skinner back as mum Sue.

Tyger Drew-Honey, 28, returns as eldest sibling Jake, Daniel Roche, 24, reprises the role of his little brother Ben, with Ramona Marquez, 23, set to play their now not-so little sister Karen once more. Hugh, 62, said: "I can't wait for the Brockmans to be back together again.

"Pete and Sue have down sized, the children are no longer children, but I'm sure family life will prove to be just as chaotic as ever.

Outnumbered ran for five series between 2007 to 2014, returning briefly with a Christmas special in 2016 that drew eight million viewers.

return announced yesterday along OLD SCHOOL Cast in 2009

with a new series for Lee Mack's longrunning Not Going Out and second runs for Sian Gibson's comedy The Power of Parker and for Mammoth, starring Mike Bubbins.

But BBC Comedy boss Jon Petrie is calling for more pitches. He said: "The sitcom isn't dead but it needs a couple of Berocca. And a black Americano with two sugars.

"We're asking you to do something really ambitious and help save our sitcom. It's what audiences want to see.

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Throat-eater worm found

A FOSSILIZED worm unearthed in an old quarry was a predator that shoved its throat out to catch its prey, scientists say.

Radnorscolex latus is believed to have lived in the sea floor around 425 million years ago.

It was found in Leintwardine in Herefordshire.

Dr Richie Howard, of the Natural History Museum, said of its scattershot eating habits: "They certainly make you think of the sandworms in [the film] Dune in that respect."

Harris

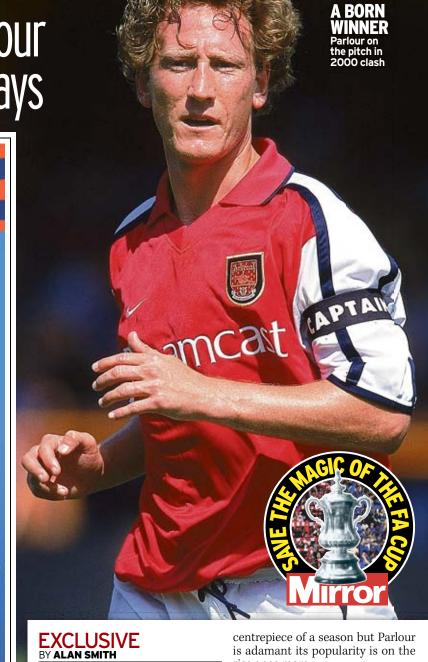
Toskmasters



Arsenal FA Cup legend Parlour backs our fight to save replays

WAS £19

NOW



FORMER Arsenal star Ray Parlour has backed the Mirror's campaign to save FA Cup replays.

The 51-year-old won the trophy four times and said he considers his goal in the 2002 final as the best moment of his career.

FA chiefs have scrapped replays from next season to ease congestion on top clubs who play in Europe.

But the move will deny lower league clubs the vital cash boost they would get by taking ties to a second game.

Ex-midfielder Parlour, who was

dubbed the Romford Pele as a player, said: "There should be replays because it's about the lower divisions getting the right draw and revenue.

"Financially it's really important for smaller clubs. I agree with having replays but that's the way it's gone. It's still a massive trophy to win."

Interest in the FA Cup dipped during the Premier League era and final day may no longer be the rise once more.

He said: "There was a stage where an outsider could get to the final but now the bigger teams are taking it seriously again.

"I was lucky to win four. Whenever people ask me about the Premier League, yes it's so important, but the FA Cup is such a big day. It's special."

Only four players have won the cup more than Parlour in the modern

QR code

era... Ashley Cole (seven) while Petr Cech, John Terry, and Patrick Vieira lifted it five times each.

Recalling his goal in the 2002 final at Cardiff, when Arsenal

beat Chelsea 2-0, he added: "My dad is a West Ham fan and he was there with my brothers. He cried 'My boy has scored in an FA Cup final'."

The FA insist smaller clubs will not lose out on cash as there will be more televised games in early rounds.

A Mirror petition urging the FA to reinstate replays has attracted more than 10,000 signatures so far.

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WE OWE YOU ONE: PAGES 67&68



BACK IN BUSINESS Smiling Paul outside pub



There's a hol lot of traffic coming.. for big getaway

BY **NATASHA WYNARCZYK** Consumer Editor

IF you are planning on a Bank Holiday break this weekend be prepared for the inevitable travel chaos.

Roads are likely to be almost back to pre-Covid levels of traffic use.

Initial data from the RAC and INRIX found this could be the most packed weekend of the year so far, with 20 million journeys.

Today, the start of school half-term, will be the worst as more than four million trips are planned.

SUNNY

Tomorrow is also expected to be busy due to fans travelling to Wembley for the FA Cup Final between Manchester City and Manchester United.

The RAC's Alice "This Simpson said: weekend could be the busiest of the year on roads, with millions of people on getaway trips."

On trains, Avanti West Coast will operate a reduced service over the weekend due to works around Crewe and Carlisle.

At least it will be sunny tomorrow, and hitting temperatures of up to 21C. But showers are forecast for Sunday and Monday.

Throw-away vapes drive nicotine rise

DISPOSABLE vapes have driven a surge in nicotine use, a study found.

The amount of 18 to 24-year-olds who vape tripled from 9% in May 2021 to 29% in May 2023, researchers found.

Disposable vapes rose in popularity from 2021.

The University College London team said: "Urgent action is needed to curb the rise in disposable vaping among people who would otherwise avoid nicotine entirely."

Dr Ian Walker, of Cancer Research UK, which funded the study, said vapes harm people less than cigarettes but should be kept away from those who had never smoked.



Regulars rally to car-crash pub

BY **DAN WARBURTON**

A PUB wrecked when a car ran into it was open again six hours later after locals rallied to help.

Licensee Paul Holland said: "Everyone turned up. It just shows, many hands do make light work."
Five customers were still in the

bar when a BMW ploughed into the Wortwell Bell at 11.15pm.

Paul and his staff stayed up all night and swung into action at 30am as a police cordon was lifted.

The 58-year-old said: "A builder I know rallied to get guys out in the early hours. It was a fantastic effort.

We moved the debris and put up a stud wall to board over where the windows were. Then our cleaners

had a ring around and they all turned up mob-handed.

"The council was happy we'd done enough to let us open at 11.50am."

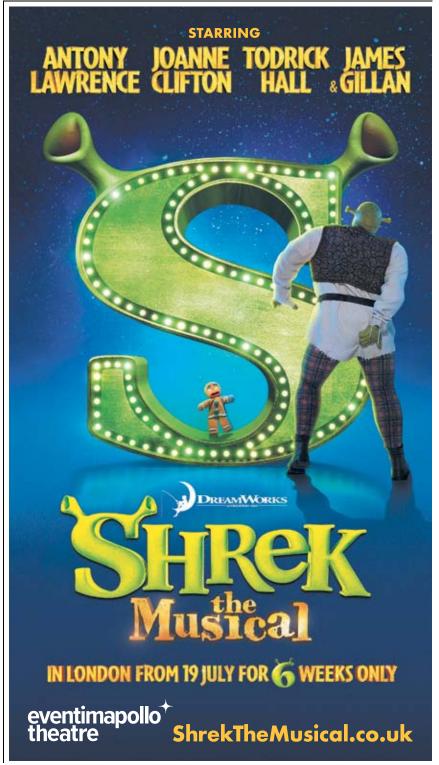
Mr Holland said the "absolutely horrible" damage to the 17th-century inn at Harleston, Norfolk, may cost £100,000 to permanently fix.

He added: "It's such a shame. One of the old timber frames from the early part of the pub will have to go.

'I'd really like to thank everyone. We're so thankful nobody was killed because they really could have been."

Police said a woman in her 20s was arrested on suspicion of drink driving and dangerous driving.

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OUR DAILY PUB QUIZ

In American football, how many points does a team get for scoring a touchdown?

What is the name of the world's hottest chili pepper?

3What year was eBay founded?

In The Jungle Book, what type of animal was Shere Khan?

Which band entitled their third album In Utero?

Your chime's up



lce cream man warned he could face court for his 'overly loud' jingles



claims he is not breaking any rules and his vans stick to the required 45-decibel limit when playing their chime in 12-second bursts.

He said: "I have come across some weird things in on their"

hands

across some weird things in my time and I have to say this is one of the weirdest. "The letter basically told

BY **DAN WARBURTON**

AN ICE cream van owner has been

threatened with legal action after

residents complained his chimes

John Barton, who runs Harrison's Ices,

was stunned to receive a council letter

saying he could be prosecuted for noise pollution caused by his jingles.

The warning stated locals allege the

chimes are "overly loud" and "sounded

too often/frequently and potentially for

too long" between 6pm and 7pm. But baffled John, 33,

were too loud and used too often.

"The letter basically told us someone had complained that we play our chimes too loud and are claiming we are breaking the law.

JOHN BARTON ON THE PERSON COMPLAINING
PERSON COMPLAINING
council services to be a service of the council services and the council services are council services.

"They're not too loud, I can barely hear it in my van. It's 12 seconds of music and it's not in your ear. If I'm in

my living room you can't hear the vans. "It really depends on the chime. Just One Cornetto is loud and high pitched. The Blue Peter chime we use isn't.

MR ICE GUY John serves a

"You don't expect to get that sort of complaint. Someone has got too much time on their hands."

John has been running the company for 10 years, with his four vans serving the Louth, Grimsby and Cleethorpes areas of Lincolnshire.

The letter sent on April 25 stated the complaints centered around streets in Louth. But dad-of-three John said he does not even go down some of the ones

referred to and has vowed to continue playing his chimes around the town

despite the warning.

He added: "The issue I've got is the Government doesn't work in ice cream vans. The rules are killing people off. They're putting an end to the industry. They don't have a restriction on how much tax and VAT I pay. Who genuinely makes these decisions?"

A spokesman for East Lindsey district council said: "The council does not have a choice in whether or not to investigate.

"We must investigate all complaints we receive."

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TOMORROW'



SAD LOSS Mollie with dad Stephen

BY **MARK JEFFERIES**

ollie King says she never knew how strong she was until she went through two life-changing experiences in the space of just two weeks.

The Radio 1 DJ gave birth to her daughter, Annabella, in November 2022 - then lost her dad, Stephen, to a brain tumour 10 days later.

She describes it as the hardest she has ever been pushed, but learned a lot about herself at the same time.

Mollie, 36, tells Women's Health UK: "My dad was the healthiest person I knew. He was really athletic; he'd run three marathons and he

was still super strong. "To then find out half-way through my pregnancy that he had a brain tumour and that we didn't have long with him was such a shock. I think [the lesson] is just be kind to yourself; you never know what's around the corner.

"Also, when you're really, really pushed that's the hardest I've ever been pushed, learning to be a mum and then my dad passed away 10 days after the birth of Annabella – I actually think the big thing that I have learned is that we are stronger than we think we are. And I think that we've all got it in us to be strong."

x-Saturdays singer Mollie is engaged to former England cricketer Stuart Broad, who popped the question on New Year's Day in 2021.

The pair first dated in 2012 but called things off in 2013 when their careers took priority. But their relationship then got back on track in 2019 and they have been inseparable since.

A wedding is on the cards soon, with Stuart, 37, saying in December he has more time to plan their big day now since he retired from cricket at the end of the Ashes last year.

Speaking about her journey to motherhood, Mollie says: "I had always thought I would love to be a mum if I'm lucky enough.

"And when Stuart and I started dating, I was like, 'I know this is it'.

'We're very similar, but in the ways where we are very different it feels like it's a really good balance.

"I'm a big overthinker and I can be a little bit of a worrier, whereas Stuart is not an overthinker. Stuart's like, 'Right, this is what I'm going to do and this is how I'm going to do it.

"He's always telling me that I need to do mind maps when my mind goes into a bit of an anxiety spin. He's

Becoming a mum as I lost my dad helped me find my strength

DJ Mollie King on 'the hardest time of my life' **BROAD GRIN** Mollie with Annabella and proud Stuart The full Mollie King interview and shoot is available to Women's Health members on the WH app now, and in the magazine from Tuesday

very protective and he's really good at looking after me."

The Saturdays performed from 2007-2014, scoring 13 UK Top 10 hits. After they split, Mollie joined Radio 1 in 2018, presenting an afternoon show alongside pal Matt Edmondson.

Mollie, of Wandsworth, South would worry West London, is full of praise for me, I guess, her Gen Z listeners. She said: "I think that with things like mental health, I can really applaud Gen Z in how open they are about speaking about their struggles.

"And I think that's something we

can all learn from...Gen Z are really pushing the fact that it's right to talk about these things and there's nothing wrong with feeling low, or if you're having a low day or an anxious day.

"I think what now as a parent, is thinking, what people

FAMILY With

weren't talking about it? That's my dad just more of a worry." In March, Mollie cycled from

London to her dad's home city of Hull for Comic Relief, raising m o r e than £1.3-

million. On her 311-mile ride, she says: "I lost

over a year ago, and that was the worst

time of my life. I didn't really have much time to process it.

"I just thought an endurance challenge would give me that time to take it in and to absorb it. And it did. It was amazing.

'In those five days I could actually think about what had gone on and I felt like my dad was really close when I was doing it."

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BY NATASHA WYNARCZYK Consumer Editor

ALMOST nine in 10 pub pints are short of the full measure, an investigation found.

Trading Standards officers found 86% of pub pints were short, by an

average 4%. With an average pint now £4.80, it means drinkers are losing 19.2p every time.

A recent Mirror article revealed some city centre pubs are selling pints for almost £9,

Trading Standards researchers visited 77 bars and pubs across Britain to compile the study.

They also found wine measures

Drinkers' anger as 86% of pub measures fall short State of the British Beer and Pub Association, said industry guidance was that it could be 5% of a print.

25p loss.

John Herriman, chief executive of the Chartered Trading Standards Institute, said: "We are calling on the hospitality sector to ensure that

were 5% short on average. With a consumers get value for money by 175ml glass averaging £5.05, that is a making sure they are correctly measuring drinks they are serving.

Nik Antona, national chairman of CAMRA, said: "Consumers shouldn't have to feel short-changed when they support their favourite pubs."

head should not be counted as part of a pint. It says a pint should be 100% liquid.

Trading Standards polling found 35% of the public agree, with 23% saying froth should be included.

the British Beer and Pub Association, said industry guidance was that it could be 5% of a pint.

But she added: "Customers who'd like less of a head should always feel free to ask for a top up and should never be refused."

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Shirl's heart of gold

DAME Shirley Bassey sparkles in one of the necklaces she is selling for charities close to her heart.

The 87-year-old singer of Diamonds Are Forever in the 1971 Bond film of the same name is auctioning her collection of more than 80 pieces of jewellery

The collection, including a Rolex watch and gemstone brooch, has been display at Sotheby's in Central London yesterday, ahead of the sale in Paris on October 10.

She said: "Collecting jewellery for me is like collecting memories. All the pieces are meaningful and have a story to tell, whether I bought them for myself or they were gifted to me.



TREATMENT Vet with do

Fear vet fees are too high sparks probe

BY NATASHA WYNARCZYK

CONCERN pet owners are overcharged by vets has led to a Competition and Markets Authority probe.

The regulator has said pet owners may not get price lists online or the full cost of vet treatment before agreeing to it.

It also said more than half of UK vet practices are owned by a handful of larger businesses. Potential fixes include capping prescription fees, upfront pricing and ordering the sale of businesses.

The CMA's Sarah Cardell said: "We've heard from people who are struggling to pay vet bills, potentially overpaying for medicines.

"We're aware of acute staff shortages and difficult working conditions for vets... a formal market investigation is essential."



TRIBUTE Andrew Scott

Scott: I'm so lucky to have had my mum

BY MARK JEFFERIES

ACTOR Andrew Scott has paid tribute to mum Nora, who died earlier this year.

The Sherlock and Fleabag star, 47, said: "She got pneumonia... it was all over within 24 hours."

He said his mother had fostered his interest in the arts and left a huge "emotional legacy" – though not a financial one.

though not a financial one. He added: "She made connections with people easily. I feel enormously grateful to have had her."

Speaking to Esquire magazine to promote Netflix series Ripley, Scott also said he was happy living alone and might stay that way forever.

And he admitted he did not like watching his own shows, saying: "I have a feeling of overwhelming embarrassment."



J-LO lashes back You hack You better with the snaps at reporter over marriage quiz

BY CHRISTOPHER BUCKTIN US Edito

JENNIFER Lopez slapped down a reporter who asked if her marriage to Ben Affleck is on the rocks.

Rumours are circulating that the 54-yearold US actress and singer and the Hollywood star are going through a difficult patch.

At a press conference in Mexico City to promote her new Netflix film Atlas, J-Lo was asked: "Is your divorce with Ben Affleck real? These rumours? What is the truth? For the Mexican press, what is the truth of the situation?"

J-Lo leaned forward, looked directly at the reporter and said: "You know better than that." Her Canadian co-star

Her Canadian co-star Simu Liu, 35, also got involved, telling the journalist: "OK, we're not doing that.

"Don't come in with that energy, please."

But J-Lo did not deny rumours her fourth marriage is in trouble.

She has been promoting sci-fi movie Atlas, which she has also produced, without 51-yearold Affleck.

J-Lo is also preparing for her film tour of This Is Me... Now, which kicks off at the end of June, and has been sharing rehearsal footage on social media. Affleck was notably absent from the Met Gala in New York earlier this month despite Lopez being co-chair for this year's fashion event.

The couple married in July 2022. They had been previously engaged and had a high-profile split in 2004.

J-Lo and Affleck have been pictured in recent months appearing to be in the midst of several intense exchanges.

While she has been in Mexico, he was pictured in Los Angeles with his 12-year-old son Samuel, from ex-wife, Jennifer Garner, 52.

J-Lo has been divorced three times.

Her first marriage in 1997 to Cuban actor Ojani Noa, now 49, only lasted 11 months.

She tied the knot in 2001 with Filipino -US choreographer Cris Judd, 54, but it did not last long and they were divorced by 2003.

A year later, J-Lo wed Latin hitmaker Marc Anthony, 55 and had twins Max and Emme, 16, with him.

The couple split in 2011, and their divorce was finalised in 2014.

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WHERE is that train going? King's Cross station. Why?

That's where trains from Newcastle stop. Why? It's the end of the line and the passengers want to get off.

Why? Because they're going to London. Why? They're going home, to work or meeting friends.

Why? Some live or have jobs in London while others like visiting.

Why is it called King's Cross? I don't really know. Maybe a King was cross. Why? Well, not all of them were permanently happy. Why? People didn't

Granda Kev

always like unelected monarchs or sometimes they were sick.

Why? Kings were warlords who took money from ordinary people.

Why? To enjoy a life of luxury, wear a golden crown and live in a big palace without doing anything good. Why? They were very selfish and loved ordering around servants.

Why? These dictators had soldiers and locked up and killed those who challenged them. Why? So they could keep their wealth and power instead of sharing it. Why? Because they were greedy tyrants.

"Why" is the most exhausting word in the English language, and grandson Little L is fond of testing my patience with it.

I'm crossing my fingers and hoping younger sister Canny C doesn't copy him.

Haunted by their mother teasing me about when, suffering a terrible hangover, I asked her to shut up instead of answering a question, I've vowed always to reply to the grandkids.

It's as if Little L is testing how far he and I can go until he stops or I snap.

Why? The next generation always challenge the old. Why? Push off.

Gertrude's in the pink at 70

has laid her first ever egg.

It comes after a liaison with toyboy Gil - who is 33 years her junior.

Sadly, staff at the Pensthorpe Nature Reserve, Norfolk, say it is not expected to hatch

But Ben Marshall, managing director, said he was glad Gertrude had the chance to display her maternal instincts, and that other flaminglets were due to hatch soon.

Wild flamingos live to 30 or 40 but over 60 in zoos.



National Grid in £30bn upgrade

BY **GRAHAM HISCOTT**

HUGE future demand for electricity means the power network needs a £30billion overhaul.

National Grid said the massive investment is necessary to cater for more electric cars, data centres and artificial intelligence.

Plans include thousands of miles of new cables being laid by 2030. More pylons are also expected to

be needed across the country. National Grid chief executive John Pettigrew said the investment will be

on an unprecedented scale. The firm will raise £7bn by releasing more shares for sale.

Mr Pettigrew, who took home £6.3million in pay and perks last year, said households would also help fund the investment through bills. But he said

INVESTMENT National Grid boss John Pettiarew

the increase would be small because delivery of electricity makes up only £22 of the average £1,800 bill.

And the plans would improve energy security and bring down bills in the long term, he claimed.

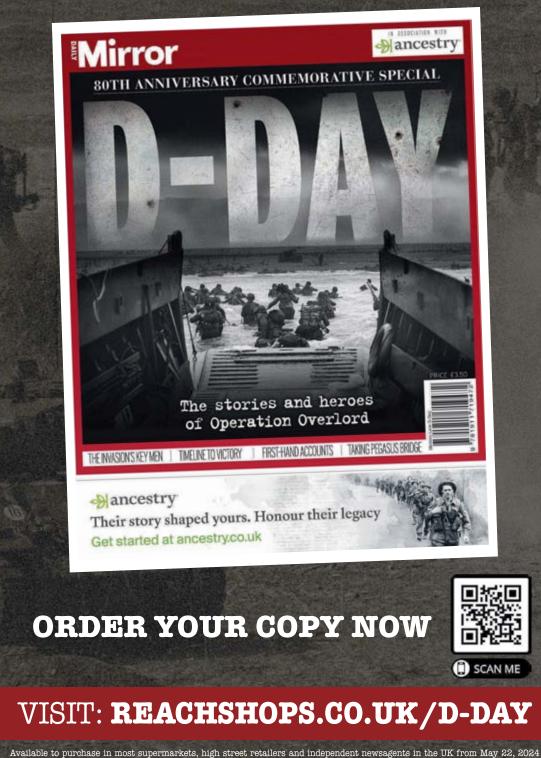
News of the planned investment and associated shares release, alongside its annual results, caused National Grid shares to fall 9% yesterday morning.

Releasing extra shares devalues the existing ones. But current shareholders will have the right to buy some new shares at a discounted price, or sell their rights to do so.

Pre-tax profits for the year to March 31 were down 15% at £3bn.

Russ Mould, investment director at stockbrokers AJ Bell, said: "It's not a good look when a company reports a slump in profits and then goes cap in hand to shareholders.

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mirror.co.uk FRIDAY 24.05.2024 DAILY MIRROR 31



MERCILESS Mohamed Nur

Coward slash killer is jailed for 32 years

BY **TOM PETTIFOR** Crime Editor

A SLASHER killer too cowardly to appear in court was sentenced to at least

32 years in his absence.

Mohamed Nur, 34, admitted murdering Johanita Dogbey, 31, by stabbing her neck three times on May 1 last year, as she walked home at 4pm carrying a birthday present for her mum.

Two days earlier, also in Brixton, South London, he slashed the faces Rebecca Wilkes, Tomasz Kmiecik and Katie Matthews.

Drug addict Nur, who came to the UK from Somalia in 1993, was found guilty of three charges of unlawful wounding.

unlawful wounding.
Judge Angela Rafferty
KC at the Old Bailey said
the murder was "random,
vicious, horrific" and
"without mercy".



SEAFRONT Bournemouth

Man charged over 'beach rape of teen'

BY BEN MITCHELL

A MAN has appeared in court charged with the rape of a teenager on a beach and the sexual assault of another girl.

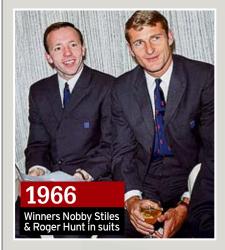
Antony Demetriades, 24, appeared before magistrates and was remanded in custody ahead of a crown court hearing.

The offences are alleged to have taken place close to the Bournemouth Oceanarium at about 7.30pm on Sunday, May 19.

Police have appealed for witnesses of any suspicious activity to come forward.

Det Insp Mark Fursman said: "I'd also urge anyone who may have taken footage from the beach on that evening to see if they have captured anything that might help."

Demetriades, of Bournemouth, Dorset, will appear at court again on June 20.











On your MarkS
England stars look sharp ahead of Euros



and reasonable prices make them

It will cost £165 for the blazer,

That's only £17.03 more than a full

replica kit - but you'd like to think

you'll get more wear out of these.

very versatile - I can see these

overshirt and pleated trousers.

outfits flying off the shelves.

Fashion verdict by natasha wynarczyk

THIS summer's official clobber

marks a clear step away from the

formal looks of past tournaments.

items in the collection is a modern

And the plain, neutral colours

wear different variations of the

idea for a modern team.

The idea to allow the players to

BY NATASHA WYNARCZYK

AT least Marcus Rashford gets to be part of one England Euros line-up this summer.

The Manchester United striker was left out of the training squad by manager Gareth Southgate – but not before he modelled the Three Lions' official clothing collection, designed by Marks & Spencer.

Rashford, 33, lines up alongside Arsenal goalkeeper Aaron Ramsdale, 26, and Chelsea midfielder Conor Gallagher, 24 – who are in Southgate's squad.

After a casual-leaning 2022 World Cup range, the traditional suit has been kicked even further into touch for 2024, with a collection of blazers, bomber jackets and polo shirts, with players picking the combinations they prefer.

combinations they prefer.

Mitch Hughes, M&S director of menswear, said: "We wanted to reflect the personalities of the team and, after listening to the players' feedback, they were keen to have more of a choice in the outfits they wear to mirror their personal style."

REJUVENATED

Anna Braithwaite, M&S director of marketing, said: "It's evident that a rejuvenated England has emerged.

"As a brand, we are beyond excited to follow their progress during the upcoming Euros and have created a campaign to reflect this – championing diversity, versatility and individuality, and supporting the players on their journey."

We reported yesterday how the store is enjoying a sales surge again after attracting younger shoppers.

FA commercial director, James Gray, said: "Our latest partnership ahead of the Euro 2024 tournament is tailored for the modern

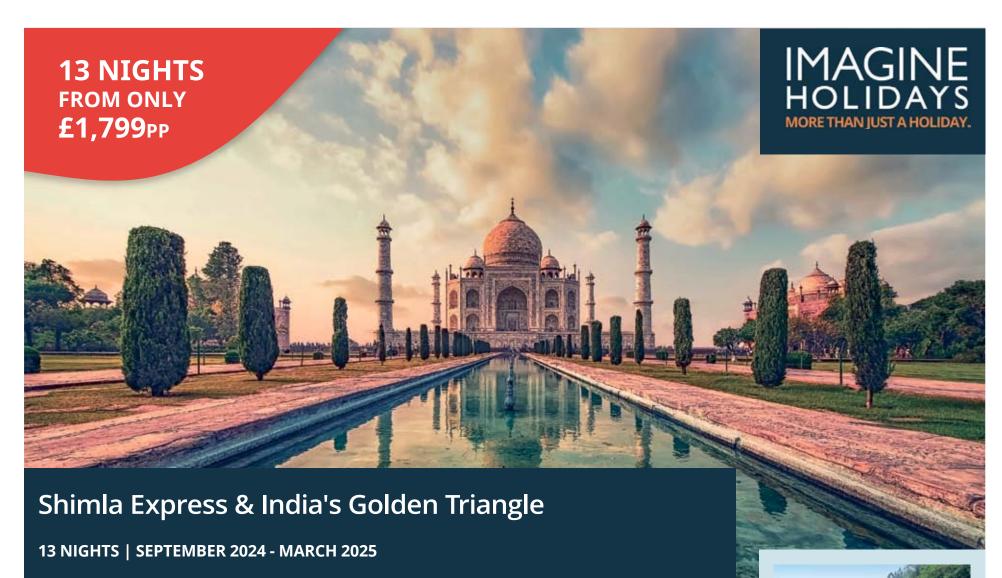
era, inspired by our young, dynamic players."

The full 16-piece collection is now available in stores and at M&S.com.

With stars such as Real Madrid's Jude Bellingham and Manchester City's Phil Foden, England are the bookies' favourites for the tournament,

which starts in Munich on June 14. Hosts Germany take on Scotland in the opener, while the Three Lions begin their campaign against Serbia in Gelsenkirchen on June 16.

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Your Golden Triangle tour will also take you into the wilderness of Ranthambore National Park for a two-night hotel stay. Here you'll enjoy close encounters with India's wildlife, comprising of tigers, leopards, jackals, sloth bears and Indian wild boar^.





India's Golden Triangle

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- Tour of Amber Fort, Hawa Mahal, the City Palace, Jantar Mantar Observatory and more
- Trail walk through the Himalayas
- Game drives through Ranthambore National Park
- Shimla sightseeing city tour **Hotel Stays**
- · Five-star hotel stays in Delhi, Shimla,
- Agra and Jaipur with breakfast Five-star hotel stay in Ranthambore

with breakfast, lunch and dinner **Complimentary Flights & Transfers**

- · London depature regional flights available
- Overnight flight

Rail Journey on board

Himalayan Queen

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As the Himalayan Queen winds its way upwards, you'll delight in breathtaking vistas of mountains, waterfalls, pine forests, and wildflowers.

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REAL BRIT

Ros Wynne-Jones standing up for you and your family

THE bloodstains on a Slovakian street are a warning to Britain. Eight summers since the murder of the British MP Jo Cox, the country's controversial Prime Minister Robert Fico lies in hospital recovering from an assassination attempt.

It follows one of the most noxious electoral campaigns in recent history. Mr Fico models himself on his idols Donald Trump, Viktor Orban and even Vladimir Putin.

Now, as Britain faces what many fear could be our most toxic election ever, there is still time for us to step back from the brink.

"It is a shock for everyone," Pavol Ovsonka, 38, tells me, from the bed and breakfast he runs in the High Tatras mountains. "The current government prefers authoritarian policies. This assassination attempt makes things even worse."

I was matched with Pavol this week by our project Europe Talks - which promotes one-to-one dialogue - his country reeling from political violence.

In the town of Handlova in central Slovakia, a small bloodstain and a bullet hole is the only visible sign left of the drama engulfing a nation. But like the rest of the country. Pavol was struggling to understand the shooting by 71-year-old poet Juraj Cintula.

Pavol admitted that he lives in something of a "bubble" in the High Tatras - a place "of big storms, avalanches and bears". As if on cue, our conversation was interrupted by a giant storm on the mountain.

Pavol lives just a two-hour drive from the border with Ukraine. While he has sheltered Ukrainian refugees at his guesthouse, and even undertook a dangerous humanitarian mission to Lviv – his Prime Minister has been happy to surf anti-Ukrainian conspiracy theories to power.

'The Ukrainian border is just two hours driving from my home," Pavol says. "If Russians reach this border, tourism will die here. But a lot of Slovaks believe Russian propaganda. It is so easy for Russian troll farms to manipulate public opinion in Slovakia."

The other themes of last September's Slovakian elections are worryingly familiar. LGBTQ rights and the "scourge" of refugees.

One campaign video by Fico's Smer-SD party featured liberal PS

MATCH



et's vote against a toxic election



party leader Michal Simecka wrapped in a rainbow flag pondering which toilet to choose.

'While the progressive Misho (Michal) decides whether he is a boy, a girl or a helicopter today, for us gender ideology is unacceptable in schools and marriage is a unique union between a man and a woman," a smiling Fico said to camera.

Pavol, who was three when commu-

ended by the Velvet Revolution, says the Prime Minister has become more extreme over time. "He was always a strong supporter of NATO, EU, open society, but there were corruption scandals," he says. "So, he chose nationalist policy to attract the simple electorate."

Prime Minister Fico was shot four times in the stomach and arm at close range as he greeted his

supporters in a small former mining town. His Interior Minister Matus Sutaj Estok has even warned of a possible civil war.

Appeals for unity have been led by the outgoing President Zuzana Caputova, a former environmental campaigner, who has been the victim of toxic attacks by Fico. "The hateful rhetoric we witness leads to hateful

nist Czechoslovakia was acts. Let's stop it," she told reporters.

The Mirror has been a partner of My Country Talks - the brainchild of Zeit Online in Germany - since April 2019. For this year's Europe Talks we were joined by newspapers in 39 countries and 5,000 people taking part in one-toone chats from across the continent.

And Pavol also had something hopeful to say about dialogue. "The Government is supported by older people, or people with basic education," he says. "A significant percentage of our population is already

abroad, which makes the situation even worse.

"My mother lives with me in the B&B. Before I returned home to run the guesthouse, my mum agreed with Fico too. But now she is against his policies.

So, the dialogue REMEMBER between young and old is



The Mirror's Claire Donnelly, 50, met 55-year-old Austrian Peter Brand who lives near Vienna and works in marketing. Among other things, they discussed Brexit.

"It's totally different to compare people from Europe coming to help your economy with other people who are refugees," Peter said. "I gave German lessons to people from Afghanistan when they came here.'

They talked about Peter's trips to the UK to visit his daughter who is studying here, and he said he was shocked by our poor public services.

'There are some topics that should not belong to the market - healthcare, schools, transport," he said.

They also swapped notes about the voting age (16 in Austria) and the rise of the far-right, and have decided to keep chatting.

important. A lot of old people live alone without contact with young ones. They are an easy target for disinformation and conspiracy websites."

We are now in the biggest election year in history. Over four billion are due to head to the polls - more than half the world's population in over 70 countries.

Britain will vote just two weeks after the eighth anniversary of the Brexit referendum which ripped our country apart. The anniversary of Jo's murder just three weeks away.

Her sister, the MP Kim Leadbeater told BBC Radio 4's Broken Politicians, Broken Politics programme last week that: "Politics was in a pretty bad place

at that time... Sadly, I would say, if anything, it's worse."

In the UK we all now face a decision at the ballot box. But we also face a choice about what kind of country we will be at the end of the next six short weeks.

We must fight for the country we want. But we also need to talk.

■ mirror.co.uk/europetalks

33, was matched with Eva Bille, an EU policy

consultant in Belgium. The mum-of-two signed-up to Europe Talks to step outside Maryam and EU policy consultant Eva her social bubble. "I feel like I live in a

Eva, 36, said. "I was curious about getting a really

Eva has a Lebanese husband she met while working in Singapore. "It's also not really fair that a country like Lebanon, which has already taken in two million people, takes in more refugees, while places like Denmark are saying they should take in 700," she says. "We need to distribute the people who come in

Eva, originally from

Denmark, and Maryam share a common love for travel and languages. Maryam speaks three languages and Eva eight.

Jo Cox

Maryam says: "Eva has invited me to Brussels, and I would love to visit her soon."

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Hit the road with Mickey Mouse and his pals for a high-octane ride in Disney On Ice presents Road Trip Adventures, experiencing the fantastic Disney and Pixar adventures of Mary Poppins Returns, Toy Story 4, Incredibles 2, The Lion King, Aladdin, Moana, and Frozen all in one ice show. Behind the scenes, supporting the cast of Disney On Ice presents Road Trip Adventures is a team of choreographers and set and costume designers who create 103 props and 275 different costumes, which is all transported in 17 trucks from city to city, taking approximately 14 hours to set up.

We have 250 family tickets to giveaway across the following locations for the date listed:

Birmingham: Utilita Arena Birmingham: Oct 30

- Nottingham: Motorpoint Arena Nottingham: Nov 14
- Newcastle: Utilita Arena: Nov 20
- Belfast: SSE Arena Belfast: Dec 4
- Manchester: AO Arena: Dec 11
- Sheffield: Utilita Arena Sheffield: Dec 18

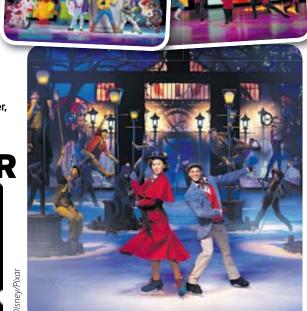
★ London: 02 Arena London: Dec 26 The production will travel throughout the UK, visiting Birmingham, Nottingham, Newcastle, Belfast, Manchester, Sheffield and London from the 30th October 2024 – 5th January 2025, with tickets on sale now from www.disnevonice.co.uk.

HOW TO ENTER

Visit www.mirror.co.uk/ disneyonice or scan the QR code right and fill in the form online. Entry period will close Monday, June 10, 2024.







Terms and conditions: Standard Reach plc promotion rules apply, visit ww.mirror.co.uk/terms-conditions for details. Competition opens on Saturday, May 18. Competition closes on Monday, June 10, 2024 at 23:59. Winners will be notified via email within 5 days of competition closure. Tickets are for the opening night performance at the following venues Birmingham: Utilita Arena Birmingham: Oct 30, Nottingham: Motorpoint Arena Nottingham: Nov 14, Newcastle: Utilita Arena: Nov 20, Belfast: SSE Arena Belfast: Dec 4, Manchester: AO Arena: Dec 11, Sheffield: Utilita Arena Sheffield: Dec 18, London: O2 Arena London: Dec 26. Depending on the winners' preference. All winners will be selected at random and will win a family ticket to see a show in a city of their preference, this preference will be made at the time of fill in the entry form and cannot be changed once the winner has been selected. For full terms and conditions please visit www.mirror.co.uk/disneyonice

EASTENDERS'

EXCLUSIVE BY EMMA PRYER

he breakdown of a long relationship can often lead to domestic drama to rival any soap opera. But not for EastEnders legend Lucy Benjamin. Her 17-year marriage to Richard Taggart ended last year – but the 53-year-old says the split

was completely amicable. While her character, Lisa Fowler, famously gunned down lover Phil Mitchell in one of the BBC soap's most-watched storylines, Lucy and Richard are still close pals.

The star, who has two daughters -Bessie, 17, and Rosie, 13 – with Richard, says: "I'm still great friends with Rich and we go out together. It's brilliant.

We'll be a team for ever. We've got kids together, so that will always be. But it's on to the next chapter, really, and we'll see what that brings."

And Lucy says she is still learning

about life and acting.

She laughs: "I can be a pain in the ass but I'm comfortable with being that sometimes! I don't have a problem being told I've done something wrong something my kids often do!

Lucy plays pushy mum Elaine Reynolds in a new film, Look To The Light, opposite screen husband Martin, played by former Holby City and Corrie star Mark Moraghan.

The storyline centres around their son Eddie (Charlie Goddard) and his relationship with his girlfriend Lauren (Lily Blunsom-Washbrook).

Eddie's obsession with becoming a reality TV star ends in tragedy when he finds overnight fame on a fictitious reality show called Love on the Rocks.

ut Lucy says her own experience of being a mum couldn't be more different to that of wealthy Elaine, who showers her son with gifts but never asks him about his well-being.

She has always been careful not to spoil her daughters, saying: "I make them appreciate the value of money because I think it's important that things aren't handed to kids on a plate."

Lucy won The X Factor: Battle of the Stars in 2006 and, three years later, was the first to be eliminated from I'm A Celebrity... Get Me Out of Here!

But unlike Eddie, she had already earned her stripes as an actor and never saw reality TV as a way of finding fame.

She says: "I was treated very well [on reality shows]. I had to have psych interviews, so there was a duty of care, but I feel this is an important story to tell, as a mother with two teenage daughters.

"It does seem to be a bit of a thing, where kids want to be famous for the sake of it, without any sort of back-up.

"As an actor, I think it's important not to put all your eggs in one basket like that. Fortunately, my kids have seen me work over the years but they've also seen me unemployed.

"They've seen the struggles with it but they've also seen me work damn hard. The film is saying, 'just be mindful of this route"."

Lucy went to school in Sandhurst,



Berkshire, where her drama teacher first spotted her potential.

Following her advice, her parents enrolled her in Redroofs Theatre School, in nearby Maidenhead.

They split up at around the time Lucy, aged 12, landed her first acting gig playing a younger version of the character Nyssa in Doctor Who in 1983. Determined to follow her acting dream, Lucy made the tough decision to live near her acting school with a family friend, while her mum and dad moved to separate cities.

She admits: "You get personal knocks that make you strong but my career was always a real safety net for me.

'There was a determination within me to make that work. My mum was

CY ON AMICABLE BREAK-



the sake of it

LUCY BENJAMIN ON THE THEME OF HER NEW FILM, LOOK TO THE LIGHT



heartbroken, as she wanted me to come with her, but I wanted to stay at the school.

"Money was tight. I got a scholarship but I had to keep working to pay for my uniform and books."

Lucy admits she felt like jacking it all in at 17. She left drama school, moved to Birmingham to finally be with her mum, enrolled in a local comprehensive and got a job as a McDonald's party host. But her agent kept calling and it wasn't long before she was acting again.

"I never made my first day at that other school," she smiles.

In 1998, she joined EastEnders, winning legions of fans thanks to Lisa's toxic relationship with Phil, played by Steve McFadden, whom she dated for four years in real life.

The "who shot Phil" storyline in

2001 was one of the biggest in the soap's 39-year history.

More than 22 million tuned in, and a UEFA Cup semifinal between Barcelona and Liverpool was delayed to allow viewers to see Lisa unmasked as the shooter.

Lisa then went on to marry Mark Fowler but ended up walking out and briefly returning to Phil.

Since leaving the show in 2003, Lucy has returned to Albert Square several times.

Most recently, last year, Lisa embarked on a blackmail plot in order to fund a gambling addiction.

She also took part in a Christmas storyline dubbed The Six, in which she and five other EastEnders women were under suspicion for the murder of a man.

Lucy says: "If you get stuff written like that, you take it." On the ups and

downs of soap fame, she says: "There were times when I thought, 'I wish I hadn't worn that outfit'.

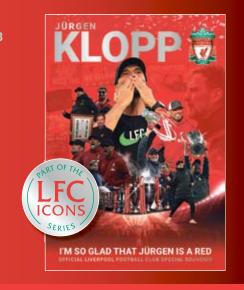
"But I'd never let it diminish the love I had for what I did." Look To The Light is released digitally on streaming services on Monday, May 27, and will be screening at Chiswick Cinema, in West London, from June 14.

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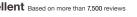
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B Men Anti-Ageing Moisturiser SPF 30 (75ml), Superdrug, £7, Member

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Rosemary Body Wash (335ml), Tesco, £3.20,





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850ml

Ribena



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8 BOTTLES



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Straight Fit £14, Matalan

Budget or Bust... Men's Shorts



SPEND Stretch Chino Shorts, £19, Next



SPLURGE Stretch Chino Shorts, £39, John Lewis

Grab it

Sun-loving shoppers are prepping wardrobes for warmer weather and blokes might feel the need for a pair of on-trend Birkenstocks. But rather than splash the cash, Lidl is here to save the day and purse strings with their Livergy Men's Sandals for just £6.99 - saving a whopping £73.



Stock up

The much-loved Tesco Baby & Toddler Event is back, with great deals on a range of essentials to help parents and carers keep little ones happy while managing the family budget. Offers include the new Tommee Tippee Infra-Red Thermometer for £29.99 (was £50); Pampers Baby Dry nappies for £5.50 (were £10) and Aveeno Baby Daily Care Hair & Body Wash for Sensitive Skin for £4.30 (was £6.50).



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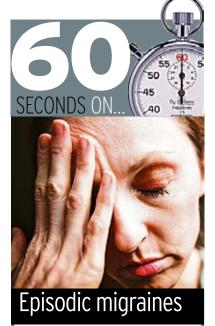


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R MIRIAM STOPPARI





The National institute for Health and Care Excellence recommends oral treatment for preventing chronic and episodic migraines.

For the first time there will soon be a tablet, atogepant, to prevent chronic migraines for people whose previous treatments have failed.

To be eligible you must have had at least four migraine days a month and at least three failed previous treatments.

The fact you can take it orally is a great improvement said Helen Knight, NICE director of medicines evaluation. "The committee heard from experts that some people cannot have injectable treatments because they have an allergy or phobia of needles," she said. "So, some people with chronic migraines would welcome an oral treatment. Atogepant also offers more choice for people with episodic migraine."

Clinical trial evidence indicates atogepant reduces monthly migraine days more than placebo, NICE says.

Teen study helps monitor loneliness in a digital age

who would welcome taking part in a new nationwide study to track feelings of loneliness in this digital age of smartphones and social media.

If so, they should visit the website gslonelinessteens.com.

Teenagers aged 12 to 15 are being invited to take part in research to track their mental health alongside their social interactions.

The findings will help to uncover how online communication and the influence of the digital world affects mental health in young people.

The University of Edinburgh study, part of the Generation Scotland project, will recruit 200 teens north of the border to record their emotions and any associated social interactions both online and offline - over two weeks via a smartphone app.

It aims to capture the impact of interactions on social media platforms such as Snapchat, TikTok and Instagram, which play an increasingly significant role in the social lives of young people.

Many teenagers report engaging online as beneficial for their mental health and wellbeing, despite previous



research indicating that online interactions may not offer the same opportunities for emotional and social growth as personal interactions.

The young volunteers will be prompted to input information at various points during the day, providing real-time evidence on the experiences of loneliness for voung people.

Professor Heather Whalley, chief scientist for Generation Scotland at the University of Edinburgh says: "Adolescence is a period of huge

physical, social, cognitive and emotional change. As the brain is changing a lot at this age, it can be viewed as a window of opportunity to potentially avoid the development of mental health conditions.

'We need more young people to join

longitudinal studies such as Generation Scotland in order to support the mental health of young people now and into the future."

The study was co-developed with a

group of 10 teen advisers. The team hopes to encourage more young people to take part and help shape health research for current and future generations.

Sarah Robertson, youth engagement lead for Generation Scotland, adds: "In order to effect real change, we need to give young people a platform to amplify their voices.

Young people are not just the future - their health and wellbeing matters now and we need to work with them to find solutions to the mental health crisis our society

BUST THAT

about brain injury

Concussion is not a serious injury

Some people think concussion is a form of "mild" traumatic brain iniury. But, nonetheless, brain cells die, so concussion is more than just a bump on the head and needs medical attention. This is important.

A blow to the head (even if it doesn't seem serious) should never be ignored.

Concussions are described as a type of mild brain injury because they are rarely life-threatening.

However, it's important to remember that any injury to the brain can be serious.

Most people fully recover from a concussion after about two weeks, but some patients will continue to have symptoms for the rest of their lives.

I'm terrified of getting breast cancer ever since a girlfriend the same age as me was diagnosed with it. She caught it early so she's OK. I wish there was some way of knowing.

Advances in breast cancer are going in leaps and bounds and some of the technology is mind-blowing.

I wrote recently about studying the environment around breast cancer cells to make a diagnosis much earlier than ever before - so being able to treat the cancer earlier

The other good news for you

is that there's now a device that fits inside your bra and will monitor whether a breast cancer tumour is growing.

The technology will use an electric current to scan and detect tiny

changes in fluids inside and outside cells in the breast. Researchers say the clever device can

be used as an insert in a bra or be incorporated into the bra's design.

This will prove to be a real game-changer because it will improve tumour monitoring which, at the present time, can be difficult when tumours are

How to cut your dementia risk

To reduce your risk of dementia, there are three important things you can do.

What are they?

You could do worse than avoiding type 2 diabetes, drinking less alcohol, and steering clear of traffic pollution.

Why should we?

To protect a network of brain regions that are particularly vulnerable to Alzheimer's.

As described by a team at the University of Oxford these areas process and combine data from our different senses, and deteriorate more quickly than other parts of the brain as we get older.

For the new study, Oxford researchers examined the brain scans of 40,000



people for the health of these regions.

With information about their health and habits, they identified which modifiable risk factors - things we can change - best protected these fragile areas.

Poor sleep, excess weight, smoking and high blood pressure were also included on the high-risk list.

$^{\circ}$... If you can eat too much cheese?



being popular at one point. There are many benefits to a lovely chunk of cheese - it's a good source of omega-3 fatty acids, which keep your brain, heart, eyes, immune system and

also contains calcium, protein and vitamins A and B12, which are all needed for a healthy body.

But is eating too much bad for you? Well, I'm afraid the answer isn't clear cut - it depends on

your diet. If you have a healthy, balanced diet rich in fruits and vegetables and low in saturated fats and salt, eating 50-80g of cheese a day is OK.

If you have heart problems, however, you should eat less than that. Pregnant women are advised against eating soft cheese, such as Brie and Camembert, as there's a small chance they contain Listeria bacilli but hard cheeses are fine.

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With the People's Pet Awards

Cat goes for a swim to keep him trim

more than twice as much as he should has been thrown in at the deep end in a mission to lose weight - by swimming.

Moses, who weighs as much as a French bulldog. has started the unusual hydrotherapy sessions in a bid to slim down.

The nine-year-old cat is taking swimming lessons at Avonvale Veterinary Centre in Wellesbourne, Warks.

Olivia Stokes, veterinary hydrotherapist, said: "When he first came to us, Moses was nearly 10kg.

"His owner said he had been on diets and been encouraged to exercise before but had

back muscle "So, we decided to try a different approach with hydrotherapy. It's a very unusual approach in caring for cats. I have never experienced hydro with a cat before, so Moses

don't usually like water and, sure enough, on his first taster session Moses was not impressed at all.

"Fast forward down the line and Moses now sits in the tank as I increase the water level, then knows exactly what to do."

Moses is now starting to shape up and as well as losing weight he is toning his muscles and is far more active and livelier at home.

Olivia added: "At his last weigh-in, he was 9.1kg. That's a loss in body weight of almost four per cent in about six weeks, which is perfect as we don't want to lose the weight too quickly.

"The important thing is that his body shape is clearly changing as he loses the fat and builds back muscle.

'He is also a lot more active at home and generally feeling much better



A former guide dog has undergone a £5k operation to save her sight.

Alice, a 14-vear-old Labrador retriever cross. had the four-hour procedure to remove ulcers on her eyes. Owner Michelle Earl, 52, took in Alice after her career as a guide

dog came to an end five years ago following her previous owner's death.

Michelle, a nanny, from Sevenoaks, Kent, said: "She was just amazing at what she did as a guide dog. She's always had cloudy blue eyes but more recently she's had ulcers in both of them and they hadn't cleared up. "If she hadn't had this operation she'd be totally blind."

INVADER MOST

Villagers are being kept awake all night by a runaway peacock.

The noisy bird has been terrorising residents in Ossett, West Yorkshire, with its loud piercing cry, landing on roofs and hiding in gardens.

Terri Sykes said some neighbours have had just five hours sleep in three days since the bird escaped from a nearby farm.

"It's like a big echoing sound that travels all across the street," said Terri.

'My daughter didn't go to school one day because she was awake all night and it was on the next door neighbour's roof.

"Everyone is shattered because it's been on and off constantly.

'It mainly goes into people's gardens and then it will have a rest and get its feathers out and do a little dance.

'There was a guy out yesterday trying to catch it but it climbed on top of a bungalow's roof. He was really close to catching it. He's also a bit scared that the bird is going to be hungry."

>>> Missing cat Nev sparked celebrations when he returned home two years after disappearing. Owner Sian Williams, from

Begbroke, Oxfordshire, said it was out of character when

the moggie went missing in May 2022, adding: "I never gave up hope that he would return."

She spotted him outside her house last Friday, saying: "I had opened the door to put something in the bin and it was quite dark.

"I saw this figure lying on the floor about 20 steps away from my front door and realised it was a cat.

"His behaviour seemed familiar and I said, 'Nev Nev?'. He came running to me and meowing so I opened my arms and gave him a big cuddle.

"He knew who I was."

DEAR COLEE



Dear Coleen

I have a problem with my brother's wife and I don't know what to do about it. I think my sister-in-law has always resented me, although I have no idea why she'd feel that way because I've been nothing but polite and friendly towards her.

She married my brother two years ago and they've since moved to Ireland for his work, so I don't get to see them much any more. However, he and I are close, so we call, text and email a lot, which I think really annovs her. If I'm talking to him on the phone, he often cuts me off when she walks into the room or he'll put me on speaker, so I have to talk to her, too.

It's like he needs her permission to speak to me or has to include her in everything.

She's quite young and immature, so that may be part of the problem, but she's doing a good job of driving a wedge

mum and she just says I must be imagining it and to make an effort for my brother's sake.

She's doing a

good job of

his birthday, so he and I could go together and he's now saying he's trying to get a ticket for his wife, too. Why can't we

driving wedge between us just spend some (rare) time together without her being around to spoil the fun? Please advise.

Coleen says

Ooh, I hear two jealous women vying for your brother's attention! Look, she probably is jealous of your relationship and because she's young, she's perhaps not handling those feelings in the right way.

However, I'm kind of in her camp as far as the concert

between us. I've spoken to my ticket goes. For me, that's sending out the message: 'You're not invited".

Even if you'd asked her, The latest thing is, I bought hoping she'd say no, maybe that my brother a concert ticket for would have set a different tone.

There's an element of competition around all this but, the fact is, she's now his wife and you can't compete with that.

Yes, it's great that you're close to your brother, but you can't

be as close as you were before he met his wife. You say she doesn't like you, but I also get the impression that you don't like her, so I think she's probably picked up on that and maybe feels a bit pushed out.

So, I think your mum is right (not that you're imagining things), but if want to keep a good relationship with your brother, then you have to fully accept that this woman is who he's chosen to be with.

Sometimes when you feel stuck in life, changing something – even if it's not the biggest issue you're facing – can create a momentum, so suddenly things start to look more positive. And when you feel better about life in general, it's easier to tackle the bigger, more complicated aspects.

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IDS late posting crucial results

KPMG NEEDS 'MORE TIME' FOR REV

THE owner of Royal Mail was forced to delay the release of its annual results yesterday as it gears up for a £3.5billion takeover.



Accounts for International Distribution Services were due to be issued to the stock market at 7am.

But almost seven hours later, IDS released a statement in which it revealed that its auditors, KPMG, needed more time to complete its work.

It said KPMG's "internal reviews were late in the audit timetable, thereby delaying their final audit process' - suggesting the accounting giant was to blame - and wiping £120million off the postal giant's stock market value.

Delaying the release of annual accounts at such a late stage is unusual for a company of IDS's size. IDS insisted its would be "broadly in line with previously published guidance".

The company, which also owns overseas parcels arm GLS, couldn't say when the results would be published,

only that it would be "as soon as reasonably practicable".

There was heightened attention on IDS last week after its board announced it would be an idea to accept a sweetened offer from tycoon Daniel Kretinsky, dubbed the "Czech Sphinx", who already owns 27.5% of the group.
The Communication Workers Union

has threatened strike action if Kretinsky doesn't meet its demands to protect members' employment conditions and a postal pledge on deliveries.

The takeover could become a political issue amid the general election campaign.



Bloomsbury revealed record annual sales yesterday on the back of soaring demand for fantasy books by Sarah J Sales jumped

30% to £343million. the highest in its 37-year history, with profits up 63% to £41.5m.

0il = \$81.77

FTSE 100 down **31.1** at **8339.2**

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Aviva PLC			ITV		-1.4
BAE Systems			JD Sports		+0.6
B&M European			Kingfisher		-1.6
BAT			Land Securities		
Balfour Beatty			Legal & General		
Barclays	215.0	+3.6	Lloyds		
BR Land Co	399.0	-4.2	Marks & Spencer	292.6	+4.6
BP	482.6	+0.8	National Grid	1005.0	-122.5
BT	127.3	-1.8	NatWest Group	307.2	-6.3
Capita Group	14.9	+0.2	Next		
Carnival			Ocado	352.1	+8.6
Centrica			Pearson		
Compass	. 2231.0	-29.0	Persimmon	1471.5	+37.0
Currys Plc			Prudential	768.8	-13.8
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Canadian Dollar	1.683
Egyptian Pound	59.93
New Zealand Dollar	2.012
Polish Zloty	4.742
South African Rand	22.365
Swiss Franc	
Thai Baht	44.588
Turkish Lira	37.637
UAE Dirham	4.523
US Dollar	1.246

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YOUR MITTON COMMUNITY CORNER Lets de this togeth

I got an urgent out-of-hours call from my mum at 9pm last Sunday to tell me her mobile phone was broken and she needed a new one.

One of her many hot water flasks had tipped over in her shopping trolley bag and destroyed her old Samsung.

Never mind carrying water bottles to save on plastic bottles, my mum is like a walking tea trolley - although it is slightly ironic that her canny budgeting has actually cost her a new phone.

"And don't mention my flasks in your column," she ordered. "I don't want to destabilise the economy.

We had a very long discussion about mum moving from an Android to a refurbished iPhone for its far superior camera. Photos on her ancient Samsung look like they were taken in the Great Smog of London.

I thought it was all settled but it always takes my mum a long time to decide on a new purchase. Her Baby Boomer generation never throws anything away, mainly because most of it was built to last and still works.

However, she keeps threatening to leave me all her 1950s knick-knacks, which sort of makes me hope I go first.

But Mum's generation are right, and I can see now that consumerism and planned obsolescence is killing our planet. Did I really need a brand new phone every time I was due an upgrade? That old me has gone, and the new me insists on old.

A few days after the call, I let her know I'd found her a well-priced second hand iPhone 12.

She messaged back: "Thank you, but I've decided to buy my same Samsung but refurbished. I was very attached to the old one. RIP." ■ Email siobhan.mcnally@mirror.co.uk or write to Community Corner, PO Box 791, Winchester S023 3RP.

Please note, if you send us photos of your grandchildren, we'll also need permission of one of their parents to print them... Thanks!

Yours, Siobhan





Tap water is best (opt out clause here for those boiling their water in Devon), but there's still not enough free public water fountains for people to fill water bottles.

Canned water is the next best option, but recycling aluminium is also energy intensive.

However, worrying figures from canned brand Cano Water reveal more than a third of us still use plastic bottles more than once a week. I was forced to buy a litre of plastic water a few weekends ago on a hot Edinburgh weekend, and spent ages trying to work out why the cap didn't come off.

Then I discovered that the move to attached caps is to make recycling easier so they don't

end up in the wrong place. The survey by Cano which plans to move to UK-sourced water and cut its carbon emissions by half, also found

75% of us believe the planet would be better off if single-use plastic hadn't been invented. And to highlight the fact that half those

surveyed wished they could go back in time to warn people, Cano got their Al bods to knock up a Bobby Moore style 1966 image holding plastic water aloft rather than the World Cup, and Queen Elizabeth

and Prince Philip wading through bottles as if Broadlands was the end of Glasto week... What have you done to cut plastics usage? Email siobhan.mcnally@

mirror.co.uk

THERE WAS

Now that we're entering the silly season in politics, a bit of nonsense is called for. Reader

Billy Doyle in Birkenhead, Merseyside, has already got his comedy cap on.

"I don't know where this sprang from," he confesses.

"There was once a poor girl from Tralee.

Who only had one knee.

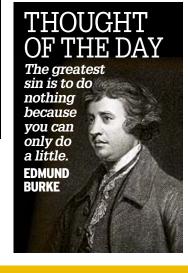
When they asked, "Where's the other? She said, 'Ask my brother, the lucky old sod's got three."

■ Send your limericks to siobhan.mcnallv@mirror.co.uk.

And please try to keep them printable.

Grammar warrior Christine Farrell in Taunton, Somerset, is also not OK about "alright". She says "My grammar school English teacher taught us it was 'all right' - not one word 'alright'."

While Kenneth Doyle in Liverpool rants that rucksacks are for the great outdoors. "My pet peeve is humpback townies who barge into you in enclosed spaces without apology or even awareness. Grrr! ■ What gets on your nerves? Email siobhan. mcnally@mirror.co.uk



How green is our land

Recycling isn't a new thing - the make-do-and-mend generation were doing it long before Bags For Life. But if plastic hadn't been mass-produced after the war, our oceans wouldn't now be drowning in microplastics.

Reader Syd Fox sent in this essay that's been popular on social media to get readers talking about how we can learn from the past.

"I was annoyed that this cashier accused my generation of not caring enough for the planet," says the 80year-old in Hornchurch, East London.

"My mother got her groceries in brown paper bags. Food was homecooked and the only takeaway was paper-wrapped fish and chips on Friday.

"Back in the 1950s we didn't have today's waste problem. I do blame the vounger generation for the litter problem. I live near a school and pupils sit out on the grass at breaktime and leave behind a terrible mess.

THE GREEN THING Checking out at the supermarket, a young cashier

suggested to an older woman that she should bring her own bags in because plastic carriers were bad for the environment.

The woman apologised and explained: "We didn't have this green thing back in my day."

The cashier responded: "That's why we have a problem today. Your generation didn't care enough to save our environment for future generations."

She was right - our generation didn't have "the green thing" in our day.

Back then, we returned milk bottles, lemonade bottles and beer bottles. The store then sent them back to the plant to be washed and sterilised and refilled, so they could use the same bottles

over and over. We walked up stairs, because we didn't have lifts in every building.

We walked to the shops and didn't climb into a car every time we had to go round the corner to the shops.

Back then, we washed baby nappies because we didn't have disposables.

We dried clothes on a washing line, not in an energy-gobbling machine.

Kids got hand-me-downs. not brand-new clothing.

Back then, we had one TV or radio in the house - not one in every room. And the TV had a small screen the size of a handkerchief, not a screen the size of Essex.

When we packaged up a fragile item to send in the post, we used old newspapers not bubble wrap.

We didn't burn petrol or electricity to cut the lawn we used a push mower that

ran on human power. We drank water from the tap, refilled writing pens with ink, and we replaced the blades in a razor.

People took the tram, train or a bus and kids rode bikes to school or walked instead of turning their parents into a 24-hour taxi service.

We had one socket in a room, not an entire bank to power a dozen appliances.

And we didn't need a gadget to receive a signal beamed from satellites 2,000 miles out in space in order to find the nearest takeaway shop.

But isn't it sad the current generation laments how wasteful we older folks were just because we didn't have "the green thing" back then? ■ Are Boomers to blame or are Zoomers wasteful? Email your thoughts to the address below



Louise Allen



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with NEIL NORMAN



Birmingham Rep until tomorrow, then UK tour (TBA). Tickets: 0121 236 4455

Bruce Robinson's cult movie about two bibulous actors staggers on to the stage 37 years late. Written in 1987 but set in 1969, it is an endlessly quotable comedy of bad manners reproduced surprisingly well in Sean Foley's production.

Running out of money and alcohol, the dissolute Withnail (Robert Sheehan) and his roommate Marwood, aka "I" (Adonis Siddique), decide to leave their squalid

Camden flat and drive to the Lake District to stay in a remote country cottage owned by Withnail's Uncle Monty (Malcolm Sinclair). Oblivious to Monty's sexuality, Marwood is alarmed by the unexpected arrival of the ageing queen who has designs on him. Withnail is a neo-Restoration dandy gone to seed, spitting epigrams like a low rent Oscar Wilde.

Sheehan looks the part but hasn't quite mastered Richard E. Grant's sneer and needs to dial down the diva gestures. Siddigue is a good foil as the bewildered Marwood, narrating their misadventures to the audience. Sinclair repurposes Uncle Monty from the film's grotesque, pathetic predator into a fastidious and camp character of a bygone era, a sort of would-be Gielgud.

The live rock band led by singer/ comedian Sooz Kempner blasts out fragments of songs from groups of the era with a pleasing lack of restraint.

And hats off to designer Alice Power whose adaptable sets conjure flats, pubs and a tea room while allowing Akhila Krishnan's video design to simulate streets and motorways as the reprobates head off in Marwood's battered car It would be impossible to emulate the movie in all its

ragged finery but it's a good attempt at conjuring the spirit of Robinson's hilarious tale of failure, curdled optimism and the finest wines available to humanity. The car is a triumph. (Actually, it's a Jaguar Mk II.)

BETWEEN RIVERSIDE AND CRAZY ***

Hampstead Theatre until June 15 Tickets: 020 7722 9301

An ageing ex-NYPD cop sits in his West Side apartment eating pie and drinking bourbon for breakfast. Oswaldo, his edgy Hispanic

lodger offers him the healthier option of organic almonds.

Thus begins Stephen Adly Guirgis' comedy drama that digs deep into the core of the Big Apple to reveal the working class characters beneath.

Having been shot while off duty by a fellow cop, "Pops" Washington (Danny Sapani) has spent eight years in a legal shot ex-NYPD cop Pops battle for compensation.

The circumstances of the incident are opaque and his friends and son Junior (Martins Imhangbe) try to persuade him to take the deal offered. But for Pops the battle is both personal and political. When his former partner (Judith Roddy) and her slimily ambitious fiance (Daniel Lapaine) arrive to pile on the pressure, Pops digs in his heels.

Junior's minimally dressed girlfriend Lulu (Tiffany Gray) - "Just 'cos I look the way I look doesn't mean I AM the way I look" - becomes pregnant, tilting the delicate domestic balance.

An eruption of violence from Oswaldo and the arrival of a Church Lady (Ayesha Antoine) who takes care of Pops in a highly unorthodox manner emphasises the ambiguities on display; nobody is quite what they seem. A fierce and energising comedy with a wounded heart.

HORRIBLE HISTORIES (LIVE ONBOARD) **TERRIBLE THAMES**

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BATTLING Sapani as

PUNCHDRUNK: VIOLA'S ROOM

Booking until August 18, punchdrunk.com

Woolwich-based immersive theatre specialists create a slumber party in which six barefoot participants are led through a labyrinth as a Gothic narrative is delivered through headphones. Ages 14-plus.

MOVIES



FURIOSA: A MAD MAX SAGA

Cert 15 ★★★★ In cinemas now

plit into five chapters with enigmatic titles such as The Pole Of Inaccessibility and Lessons From The Wasteland, director George Miller's turbo-charged prequel to Mad Max: Fury Road bolts together an origin story spanning 15 years for the imperious warrior Imperator Furiosa originally embodied by Charlize Theron.

Portrayed here by Anya Taylor-Joy in womanhood and Alyla Browne as a snarling youngster, Furiosa is anointed "the darkest of angels" as she rampages between the co-dependent strongholds of The Citadel, Bullet Farm and Gas Town to take revenge against self-aggrandising warlord

Dementus (Chris Hemsworth). The title character's "purposeful savagery" is an apt summation of Furiosa: A Mad Max Saga – a brutal tale of self-preservation and retribution punctuated by spectacular stunt-filled action sequences that deliver injections of adrenaline.

Almost 30 minutes longer than the Oscar-winning Fury Road, Miller's prequel trundles on narrative exhaust fumes in a plodding middle act, relying on breathlessly staged, large-scale set pieces of automotive carnage for momentum. The film's timeline guarantees safe passage for half the cast whose characters manifest in Mad Max: Fury Road, and spotlights the most likely casualties in a brutal tug of war for dwindling natural resources. Taylor-Joy is

" Taylor-Joy copes magnificently with rugged physicality of her role

glowering and wordless for extended periods and copes magnificently with the rugged physicality of her role.

Co-star Browne as adolescent Furiosa is even more impressive in her chapters and deftly tugs at the heart. Embellished with a $distracting\ prosthetic\ nose\ and$ prominent rock 'n' roll codpiece, Hemsworth embraces camp

psychosis as an antagonist who tastes young Furiosa's tears and professes them piquant and zesty.

From a storyline perspective, the prequel is less compelling, particularly once the title character is in her mid-20s. Production design and costumes are jaw-dropping, immersing us in a world where bombastic men reign with cruelty.

They reap what they sow.

HIT MAN

Cert 15 ★★★

In cinemas now and streaming on Netflix from June 7

Teasingly billed as "a somewhat true story" Hit Man is a delightfully entertaining black comedy. It centres on a mild-mannered college professor who poses as a hired killer during undercover police stings to extract incriminating evidence from



DOUBLE LIFE Glen Powell

targets to secure an arrest before real bullets fly and blood is spilled.

Top Gun: Maverick bad boy Glen Powell, who flaunted an impressive set of chiselled abs in yesteryear's rom-com Anyone But You, propels his star further into the ascendancy with an irresistibly charming central performance as the self-doubting, bookish academic. He's reborn when personality traits from his sharpshooting alter egos follow him home to the lonely apartment he shares with two cats named Ego and Id.

"He's like a Caucasian Idris!" gushes one of his gob-smacked police handlers, who can barely believe the shy, unassuming philosophy lecturer responsible for managing the technology in their surveillance operations can metamorphose into a swaggering, cocksure alpha male at the drop of a baseball cap.

Hit Man shoots to kill with snappy dialogue, playful direction and sizzling screen rapport between the romantic leads. A script co-written by director Richard Linklater and Powell gradually cranks up tension as Gary's two lives unspool with toe-curlingly hilarious consequences.



THE PRESENT

Cert PG *** In cinemas now

A magical grandfather clock allows three enterprising children to travel back in time and plaster the fissures in their parents' faltering marriage before they formally separate in a family-oriented comedy directed by Christian Ditter.

Adopting the same fantastical conceit as Groundhog Day, The Present replays events from the perspectives of five members of the Diehl family: spin class instructor mother Jen (Isla Fisher), who is flirting with a new student (Ryan Guzman); father Eric (Greg Kinnear), who has already engaged a real estate agent to find him a bachelor pad; teenage daughter Emma (Shay Rudolph), whose crush on a classmate might be better focused on a caring co-star in the school play; and younger brothers Taylor (Easton Rocket Sweda) and Max (Mason Shea Joyce), whose fraternal bonds are visibly frayed.

Screenwriter Jay Martel's unabashedly sentimental masterplan hinges on an heirloom inscribed with enigmatic words ("The clock can help you now and then, but only you can change events") to romp through subtly different outcomes to the same topsy-turvy day.

Fisher and Kinnear lack fizzing screen chemistry - we wholeheartedly believe their marriage has stagnated - but younger co-stars are instantly likeable and sustain interest until a predictably gooey resolution.

THE GARFIELD MOVIE

Cert U **

In cinemas now

In an amusing opening sequence, the eponymous tabby (voiced by Chris Pratt) tells us the story of how he "adopted" his long-suffering human owner Jon Arbuckle (Nicholas Hoult).

'You will not be disappointed," grins Garfield as lovable beagle Odie scurries around him.

Alas, Garfield may be the cat who always gets the cream - or rather an endless supply of lasagne conveniently ordered via app - but director Mark Dindal serves us a disappointing computer-animated adventure made from the cold leftovers of better films including Chicken Run and The Secret

Life Of Pets. Based on characters created by Jim Davis for a 1970s comic strip, The Garfield Movie is a victim of an uninspired script that opts for the most obvious punchlines or bypasses

Thus, rapper Snoop Dogg's onscreen furball is named Snoop Catt, and when Pratt's gluttonous puss becomes embroiled in a hare-brained Mission: Impossible-style heist, he once again addresses us to camera: "I do my own stunts. Me and Tom Cruise."

Dindal's picture does not self-destruct after five seconds thanks to a spirited vocal performance from Hannah Waddingham as a feline criminal mastermind, who is one swish of a tail shy of caterwauling madness.

Meowch.

What's in the Sewing Bee judge's wardrobe? It certainly won't be fast fashion, he reveals

avile Row king, Scottish fashion designer and co-judge of The Great British Sewing Bee, Patrick Grant is exasperated by how fast fashion has adversely affected the industry – and the planet. The sartorial guru who, with

co-judge and fashion designer Esme Young, fronts the BBC One show, is passionately opposed to the shoddy, unethical practices of fast fashion.

His latest book, Less, is a call to arms to stop buying so much rubbish and how fewer, better quality things can make us all happier.

"Fashion has become a gigantic, ever-moving machine that is just spewing out insane quantities of, frankly, just garbage," he asserts.

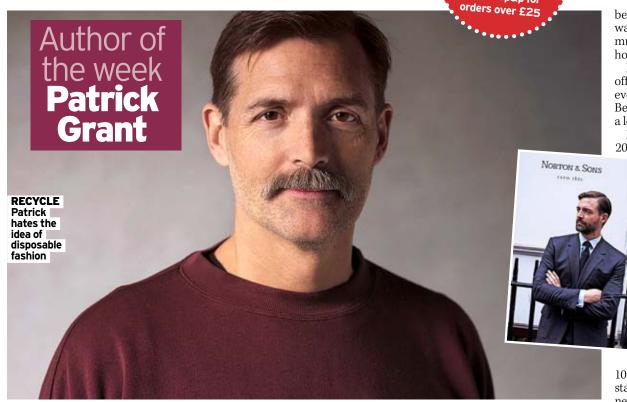
"A lot of the clothes now that are being produced by the fast fashion companies are just being generated by AI. There's no story, there's no love, it's just stuff that we don't need.

"And it's causing so many terrible problems, both environmental and human. At the end of it all, it doesn't make our lives any better. Fashion has now become just grim commerce for the sake of selling more stuff."

Yet when Patrick lectures and gives talks on fashion design, he gets the feeling things are changing.

"It is becoming cool to say no to buying all of this stuff. It is becoming a badge of honour to say, 'Look, I'm only buying second-hand clothes for a year' or 'I'm just not buying any new clothes altogether'. Sales of second-hand clothes are growing five times faster than the sales of new clothes, which is brilliant. But we need to go beyond that."

Grant, 52, says he hardly buys any clothes these days. He keeps a small wardrobe of clothes at his girlfriend's house in London and a bigger one at his house in North Yorkshire, plus



boxes of archive clothing from his years of working in the industry.

Today, he's wearing a faded 1980s plum sweatshirt his granny gave him before she died, which she found in the charity shop where she worked.

His everyday wardrobe is small and he says he wears the same things most days - two types of heavy cotton trousers, one which he designed for the men's clothing brand E Tautz and which are now made at Community Clothing, the British clothing brand and community enterprise he founded in 2016, based in Blackburn, Lancs. He has five pairs in three colours.

The second is a more recent design, the "cameraman pant", inspired by a workwear pant worn by one of the camera guys on The Great British Sewing Bee in 2022, he explains. They're heavy canvas, with a wide tapered leg, patch pockets

and a drawstring top. He always wears them with navy-blue crew necks - T-shirts in the summer, sweatshirts when it's colder.

"I buy almost nothing," he reveals. That plum sweatshirt, I've been wearing for 20 years. I don't feel like I need to wear something different all the time.

"Some of the designers I know are the least 'fashionable' people I know. You develop a personal style that you feel comfortable with and you relax into it."

His new book not only offers a detailed history of the clothes industry, but also examines the workmanship and exacting skills it takes to create lasting garments, skills that he says have been eroded by fast fashion.

'We've chucked away all this brilliant knowhow and all for nothing," says Patrick, who's the

Even

-ings

and

Week

director of bespoke tailors Norton & Sons of Savile Row.

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He's also worked with big names such as Alexander McQueen and Christopher Kane, and rubbed shoulders with Vivienne Westwood in the 1990s.

"The creativity and the craftsmanship were out of this world. Those people do things that are extraordinary. They have a talent and a vision.

"It is on the boundary between craftsmanship and fine art."

He admits he used to change what he wore more in his youth, but says he still had a fraction of the amount of clothes compared with a lot of people today.

"We had 20 per cent of the clothes

we have today. It's a mindset, working out what things make you happy and actually having fewer clothes makes your life easier

because you don't need such a big wardrobe. You don't have to think as much when you're packing to go on holiday either."

He wears suits occasionally for official engagements and corporate events, but says if you watch Sewing Bee you'll see him in the same jackets a lot of the time.

Patrick has suits that he had 20 years ago and still wears. So he

must have to keep himself

pretty trim?

"I ďo. I don't like the idea of letting my trousers out. I feel like once they start to get really tight, it's time to do something about the weight. So I'm careful about what I eat.

"I have a Riverford Organic Veg Box every Monday. I hardly drink at all any more. That keeps me trim, and I cycle and hill walk a lot. I can still fit into trousers that were made for me when I was 30."

Grant is judging as usual in the 10th series of Sewing Bee, which started this week, with Young and new host, Ghosts actor Kiell Smith-Bynoe.

"It's just such a warm and comforting and generous show," he enthuses. "I think, quietly, Sewing Bee has had a very big impact on the way we think about our clothes and about all of the textiles that are around us in our home.

He moved from Lancashire to North Yorkshire this year, and when he's not working he loves renovating his house and pottering in his garden. Simple pleasures clearly make him happy.

You know, just sitting in the sun up the hill with a flask of tea genuinely makes me happy, and taking ourselves away from the anxiety of the consumptive machine that's always trying to push stuff on to us."

■ Less by Patrick Grant is published by William Collins, priced £22. Available now

reac T(O)

FICTION Long Island

Colm Toibin, hardback, Picador £20 (ebook £9.99)

Toibin's celebrated Brooklyn offered an understated look at the 1950s immigrant experience and what constitutes "belonging". Its sequel maintains the low-key approach but fast-forwards to the 70s.

Now settled into Italian family life in Long Island, a shocking revelation prompts Eilis to reevaluate her suffocating existence as the "Irish outsider", and to reflect on sacrifices made in pursuit of a crumbling American Dream. Running away from America, Eilis tries to reconnect with small-town Irish life.

Long Island hums with the haunting energy of lives unlived and suppressed passions and packs a sustained emotional punch. Riveting. 10/10

Evenings And Weekends

Oisin McKenna, hardback, Fourth Estate, £16.99 (ebook £8.99)

It's the hot summer of 2019 in London, there's a whale stranded in the Thames and the characters

in McKenna's debut novel are struggling with lives in which they feel trapped and powerless. Maggie is unexpectedly pregnant and living in a damp flat she won't be able to afford with a baby, so is planning a reluctant return to Basildon with partner Ed, who is far from ready to settle down.

Maggie's best friend Phil is besotted with Keith, a housemate, but can't reveal his true feelings. Meanwhile, Phil is so wrapped up in his own life he hasn't noticed his mum has something important to tell him. A painfully realistic tale of how difficult it can be to show our true selves. 7/10

Black Shield Maiden

Willow Smith and Jess Hendel, hardback, Del Rey, £20

This is Willow Smith's first foray into fiction - yes, that Willow Smith, daughter of Will and Jada. It's historical fantasy through and through. something you can imagine setting BookTok alight. It breathes new life into typical Viking stories that put white men front and centre.

A young Ghanaian girl is wrested from her family and sent to an alien northern land, where she finds a strange new path in her friendship with an unassuming princess.

The story is imaginative, but the writing is a touch clunky, and has a scene worthy of a Bad Sex in Fiction Award. But there's no denying it's ripe for a sweeping on-screen adaptation. 6/10

NON-FICTION Cricket In Poetry

Bob Doran, hardback, Pitch Publishing, £18.99 (ebook £9.99)

As the joy of another cricket season dawns, what better time to recall some of the poetry this unparalleled sport has prompted?

Doran takes a well-researched canter through the history of cricket on these shores through two famous poems - Vitai Lampada by Henry Newbolt and At Lord's by Francis Thompson.

It charts the vastly contrasting fortunes of Newbolt and Thompson, one a well-heeled if unconventional member of literary circles, the other a drug-taking, Jack the Ripper suspect. It also provides an easy-to-consume view of cricket across 300 years, and picks up plenty of other verses and characters along the way. 8/10

BRITS, HITS AND IRELAND'S CULTURAL REVOLUTION



CRICKET

POETRY

MUSIC With GARRY BUSHELL



Lenny KravitzBlue Electric Light

His single TK421 whetted the appetite. Hot, strutting funk-rap with rock guitar and a dance-floor beat, it found Lenny sounding like a more butch Prince – right down to the suggestive lyrics.

"Come on, baby, get on the one," he sings, "Can you feel it, oh, my TK421?"

That might be a reference to the Star Wars stormtrooper TK-421, but I suspect not.

This is Kravitz's 12th full-length album and his first release in five years. The New York-born star recorded it at his home studio, 100 yards from the beach on Eleuthera Island in the Bahamas.

The smooth groove of opener It's Just Another Fine Day (In



This Universe Of Love) must make more sense there than it would do in Manhattan's Lower East Side.

We get 12 tracks ranging from the sunny old-school soul of Honey to Let It Ride's lusty techno-pop via the stomping rock of Paralyzed.

It's deep soul rock'n'roll infused with ecstatic chemistry. Lenny sounds re-energised,

not least on the easy soft rock sweep of Human, which rolls along with a chorus as catchy as cactus spines.

There are spiritual references throughout. TK421 suggests we can "dance our way to the divine", and a trio of other numbers expand on that.

We get the call-and-response rock of Love Is My Religion, the insistent funk of Heaven, and the Stevie Wonder-reminiscent Spirit In My Heart, with its moody minor chords.

Kravitz closes with the hymn-like title track, which builds to a frenzy as he tells us, "I just, I just wanna make love".

He's notched up hits since the early 90s - Fly Away, Are You Gonna Go My Way, It Ain't Over 'Til It's Over etc.

And it ain't over yet.



Billie Eilish Hit Me Hard And Soft

Just 22, Billie ducks current pop trends with a largely acoustic album that flits between moods, finding space for ballads, chilled dance and well-crafted electronica. She sings about sadness - a doomed affair, bad break-ups - and lesbian lust (she's bisexual), honing heartbreak into songs that are smart, touching and unique.



Paul Weller

Weller's 17th solo album is a thing of reflective beauty, enhanced by Hannah Peel's string arrangements, synths and the odd flute. Gems include the soulful mid-paced pop of Flying Fish, Soul Wandering with its driving groove and lyrics by Bobby Gillespie, and the rockier Jumble Queen. Stylish echoes of mid-60s soul abound.



The Mavericks Moon & Stars

The years will not be kind, sings Raul Mayo, but there's no decay here. The Nashville-based country combo, best known for 1998 smash Dance The Night Away, serve up 11 slices of Latin-kissed roots music buoyed by warmth and timeless richness. Guests include Nicole Atkins on the bluesy Live Close By, and Sierra Ferrell.

THE RADFORDS

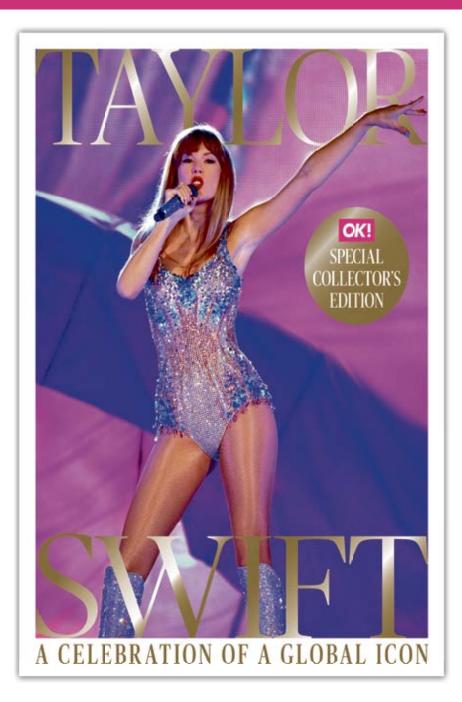
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TODAY'S TV

with SARA WALLIS



ITV1, 7.30pm

Ella has been behaving strangely for days. She doesn't want her photo taken and she has made a visit to a care home without anyone knowing. She holds a secret, but what is it?

Meanwhile, after Ethan's brutal attack, Ruby has been feeling on edge. She is left rattled when she receives a mysterious text message. Does someone know more than they're letting on?

Elsewhere, Caleb is delighted to see Chas is back from Scotland.

And the fallout from Tom and Belle's public row continues.



CORONATION STREET

ITV1, 8pm

Abi's horrified to see that the sex video has been uploaded to other websites. She meets Dean and, brandishing a wrench, accuses him of making the recording. Dean insists he has no idea what she's talking about.

Elsewhere, Evelyn suggests to Roy they start a book club while he's in prison.

Carla admits to Sarah that she misses Peter but when Simon shows her some pictures, Carla's thrown to see one showing Peter with his arm around another woman.



More TV and film news online at mirror.co.uk/tv



THE NEVERMETS

Channel 4, 10pm

DAWN French narrates this surprisingly sweet and emotional show about couples who have formed strong relationships online - but have never met.

More and more people are meeting their partners through dating apps, gaming platforms, forums and social media, but what happens when geography gets in the way?

This series meets people who have fallen madly in love with someone who lives on the other side of the globe.

Now, after months – and sometimes even years – of video calls and messaging, they have decided to take the plunge and cross international borders to meet their partner for the first time. But will the virtual romance work out in the real world?

Among them are catering assistant Sarah, 38, who has been dating her boyfriend, 27-year-old Jgoy, from the Philippines, for nearly two years. But with growing voices of concern among her family and friends, will she get on her flight?

Sarah laughs: "I thought I'd be married by now, but I think I still have a chance.

"I need to meet him now. Maybe some people think I'm crazy. I'm worried – what if we don't get on?"

College student Jay, 17, met 26-year-old social media manager Veena on a Game of Thrones roleplay server 18 months ago.

But Jay didn't tell Veena the whole truth, only revealing six months in that he was just 15.

Jay is now making the 4,500-mile journey to Kerala in India to meet Veena for the first time, to see if they could have a romantic future.



HIDDEN TREASURES OF THE NATIONAL TRUST

BBC2, 9pm

The experts are caring for two grand estates whose grounds have been transformed into living works of art.

In Wiltshire, surrounded by nearly 2,500 acres of spectacular 18th century landscaped grounds and gardens, is the grand Palladian-style villa Stourhead House.

It was owned by Henry Hoare II, known as Henry the Magnificent. He was an enthusiastic art collector, but many of his masterpieces are missing, sold to pay off debts in 1883.

Now an original - Penelope and Euriclea by female artist Angelica

Kauffman - is making a triumphant return, but the well-travelled artwork will need a health check.

Out in the grounds, head gardener Tim Parker is faced with a replica Roman temple dedicated to the goddess of plants that is under attack from, er, plants.

One hundred miles away near Lamberhurst in Kent lies another medieval fortress - Scotney Old Castle, imaginatively transformed into a ruin by Edward Hussey III to act as the focus of his new landscape garden.

But today, it's a treasured table from Hussey's new Scotney Castle that's in need of careful conservation, as well as some precious historical records.

SUE PERKINS: LOST IN THAILAND

Channel 5, 9pm

Having sung lullabies to elephants, come to grips with a surfboard in the ocean and clung terrified at the top of a cliff, Sue has been throwing herself into her Asian adventure.

In this final leg, there's no let up. At the top of a tower over 1,000ft high, she shrieks on a terrifying,

vertigo-inducing glass platform.
"My rational mind knows that it's safe," she says, "but my whole body is screaming don't do it!" Hopefully she feels the view is worth the trauma.

Later she's thrown into the boxing ring with a Muay Thai champion fighter, Jade Sirisompan, who talks about leading the way for Thai women in a male-dominated sport.

There's also a lesson on tiger exploitation in the lush Phetchaburi province, where she prepares a meaty feast for a rescue tiger.

Back in the capital city of Bangkok, she is let loose behind the wheel of an electric tuktuk during a tropical storm.

There's a visit to an ethical coconut farmer, and she rounds everything off with a Molam folk music jamming session and some banging disco tracks.



All programmes are listed in British Summer Time (BST).

film ratings

Very Good

**
Good

Average

(R) Repeat

BBC ONE

6.00am Breakfast News headlines. **9.30 Rip Off Britain** Investigating issues around the UK.

10.15 The Moment of Proof (R)
10.45 Defenders: Busting the Bad Guys The investigators take on a shameless travel agent. (R)

11.15 Homes Under the HammerAuction buys in south London,
Kent and Stoke-on-Trent. (R)

12.15pm Bargain Hunt Roo Irvine celebrates quirky antiques and collectibles in Glasgow.

1.00 BBC News at One; Weather1.30 Regional News; Weather

1.45 Hope Street Marlene has to work on her wedding day.

2.30 Money for Nothing An old tallboy gets a new lease of life.

3.00 Escape to the Country (R)3.45 RHS Chelsea Flower Show Rachel De Thame revels in

the beauty of wildflowers.

4.30 The Finish Line Quiz show.

5.15 Pointless Quiz, hosted by

Alexander Armstrong, with

co-host Josh Widdicombe.

6.00 BBC News at Six; Weather

6.30 Regional News; Weather

* Bad **BBC TWO**

6.30am Homes Under the Hammer In Eastbourne,
Chesterton and Solihull. (R)

7.30 Marcus Wareing
Simply Provence Marcus
cooks for a VIP guest. (R)

8.00 Sign Zone: Antiques Roadshow At Ebrington
Square in Derry/Londonderry.

9.00 BBC News Headlines.1.00pm Impossible Quiz show. (R)

1.00pm impossible Quiz snow. (F 1.45 Mastermind (R)

2.15 Great Coastal Railway Journeys Michael Portillo
visits the Farne Islands. (R)

2.45 The Farmers' Country
Showdown Cider-makers Liz
and Mike visits the South of
England Agricultural Show. (R)

3.15 Yellowstone Summer returns to the national park. (R)

4.15 Who Do You Think You Are? With actor Ralf Little. (R)

5.15 Flog It! From Sandon Hall in Staffordshire. (R)

6.00 Richard Osman's House of Games Gameshow. (R)

6.30 Marcus Wareing Simply Provence Marcus learns how to make a local artichoke dish.

ITV1

A lively mix of news, current

affairs and lifestyle features.

magazine, featuring a mix of

celebrity chat, showbusiness

news, advice and discussion.

interviews and topical debate.

From Weston-super-Mare, (R)

and Terrilea, Derbyshire couple

lan and Jacqui, and mother and daughter Alex and Nicola

9.00 Lorraine Entertainment and

the latest fashion news.

10.00 This Morning Topical daily

12.30pm Loose Women Celebrity

1.55 Regional News; Weather

3.00 Lingo Liverpool sisters Brodie

from Leeds take part. (R)

4.00 Tipping Point Quiz, hosted

by Ben Shephard. (R)

5.00 The Chase Bradley Walsh

presents as Harry, Stuart, Sarah and Erica answer

general knowledge questions

and work as a team to take

on a ruthless Chaser. (R)

6.00 Regional News; Weather

2.00 Dickinson's Real Deal

1.30 ITV News; Weather

3.59 Regional Weather

6.00am Good Morning Britain

6.30am 3rd Rock from the Sun (R)

7.45 Everybody Loves Raymond Four episodes. (R)

CHANNEL 4

9.40 Frasier Triple bill. (R)

11.10 Ramsay's Kitchen
Nightmares USA Luigi's in
Orange County, California. (R)

12.05pm Channel 4 News

12.10 Ramsay's Kitchen Nightmares USA Chef Gordon Ramsay heads to Park's Edge restaurant in Atlanta, Georgia. (R)

1.05 Find It, Fix It, Flog It Simon O'Brien and Henry Cole head to Surrey and Hampshire. (R)

to Surrey and Hampshire. (R)

2.10 Countdown With Pat Nevin.

3.00 A Place in the Sun A holiday

home in Mar Menor. (R)

4.00 Narrow Escapes Jack and
Gabby make a surprise

Gabby make a surprise announcement. Last in series

5.00 Come Dine with Me:

The Professionals
Chefs in Northern Ireland
battle it out in the kitchen.

6.00 Four in a Bed Payment Day

promises to be a fiery affair. **6.30 The Simpsons** Homer becomes a food critic. (R)

CHANNEL 5

6.00am Milkshake! Children's TV. **9.15 Jeremy Vine** Discussion.

11.15 Storm Huntley Storm carries on the discussion and takes your calls on the big stories.

12.45pm Friends Double bill.
Monica celebrates her
engagement; Monica starts
making wedding plans. (R)

1.40 5 News at Lunchtime

1.45 Home and Away Justin is in disbelief when Kirby tells him the truth about Theo. (R)

2.15 FILM Lies Between Friends (2022, PG) A wealthy family's life is upended when the 18-year-old daughter of a family friend comes to live with them for a few months. Thriller, starring Zibby Allen.

4.00 Bargain-Loving Brits in the Sun Cameras follow Beckii and Simon on a big day, as the newest member of their family is coming home. (R)

5.00 5 News at 5 Headlines.

6.00 Police Interceptors Officers track down a 17-year-old suspected of a serious robbery (R); 5 News Update

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7.00 The One Show Hosted by Alex Jones and Roman Kemp

WHEN THE SUP STOPS STOP

7.30 RHS Chelsea Flower Show
Sophie Raworth and Joe Swift
reveal the winner of this year's
BBC RHS People's Choice
Award. Mary Berry learns how
to create a stunning garden.

8

8.00 Would I Lie to You? With Claudia Winkleman, the Rev Kate Bottley, Sara Barron and Ed Gamble. (R)

8.30 Outnumbered Sue worries when Karen has trouble fitting in at her new school and Jake has a confession to make. (R)

9

midnight

9.00 Have I Got News for YouPhil Wang hosts, with Richard
Osman and Ruth Davidson.

9.30 The Young Offenders Healy shares with everyone that he's going on a fishing trip to where he grew up, so Mairead insists he takes Conor with him.

10.00 BBC News at Ten 10.30 Regional News; Weather 10.40 FILM Spider-Man: Far

from Home (2019, 12) In the aftermath of the Avengers' climactic battle for the fate of the universe, the teenage webslinger just wants life to get back to normal. A school trip across Europe seems just the thing – but he ends up recruited by spy agency SHIELD to battle an invasion by elemental monsters from another dimension. Superhero adventure sequel, starring Tom Holland, Jake Gyllenhaal and Samuel L Jackson.

12.40am Rebus. Crime drama based on the novels by lan Rankin, reimagining the character John Rebus as a younger detective sergeant drawn into a violent criminal conflict. (R) 1.30 Weather for the Week Ahead 1.35-6.00am BBC News

7.00 Beechgrove Garden

Kirsty Wilson and Lizzie Schofield plant pumpkins and squash in the polytunnel.

7.30 Grand Tours of Scotland's Rivers Paul Murton explores the Oykel in Sutherland. Last in series.

8.00 RHS Chelsea Flower Show It's the end of the week at the RHS Chelsea Flower Show 2024. Monty Don

at the RHS Chelsea Flower Show 2024. Monty Don and Joe Swift provide their expert analysis of the winning garden in the BBC RHS People's Choice Award.

9.00 Hidden Treasures of the National Trust A missing masterpiece returns to its stately home in Wiltshire after two centuries, and a treasured table from Scotney Old Castle in Kent undergoes careful renovation.

10.00 QI Tom Allen, Cariad Lloyd and Jamie MacDonald join regular Alan Davies on the comedy panel quiz, with Sandi Toksvig asking questions on the theme of trundling. (R)

10.30 Newsnight Headline analysis presented by Faisal Islam.

11.05 Rob and Rylan's Grand Tour
Rob Rinder and Rylan Clark
head to Florence. Their
journey begins with a climb up
to the spectacular dome of the
city's cathedral, before they
visit the Uffizi gallery, home of
the Venus de Milo sculpture. (R)

12.05am Secrets and Spies: A Nuclear Game. Mikhail Gorbachev is instated as the leader of the Soviet Union. (R)
1.05 Sign Zone: Andi Oliver's Fabulous Feasts (R) 2.05 Sign Zone: Great British Railway Journeys (R) 2.35 Sign Zone: David & Jay's Touring Toolshed (R) 3.05-6.15am This Is BBC Two

6.30 ITV Evening News

A round-up of the latest news headlines; Weather

7.30 Emmerdale Soap drama from the Dales. Ella holds a secret, Ruby is left rattled, and Caleb is delighted to see Chas back from Scotland.

8.00 Coronation Street More soap drama from the famous cobbles. Abi accuses Dean of distributing videos of her, Evelyn and Roy start a book club, and Simon shows Carla a photo of Peter with

9.00 Beat the Chasers Bradley
Walsh hosts the quiz in which
contestants from across the
UK take on a team consisting
of Chasers Issa Schultz, Mark
Labbett, Shaun Wallace, Jenny
Ryan and Darragh Ennis,
hoping to win big money. (R)

his arms around a woman.

10.00 ITV News at Ten; Weather 10.30 Regional News; Weather 10.45 ITV Studio Sessions

Clara Amfo is joined by Sekou from Leicester, who performs some of his music and covers of songs by two artists who have inspired him

11.15 FILM Dr No (1962, PG)
James Bond investigates a criminal mastermind in the Caribbean who is plotting to sabotage the US space programme. Spy thriller, with Sean Connery, Ursula Andress and Jack Lord.

1.05am Shop on TV 3.00 The Larkins. The family hosts a barbecue and everyone is welcome, including the dubious Jerebohms, but a trap is set to bring Pop down. Drama, starring Bradley Walsh and Joanna Scanlan. (R) 3.50 Unwind with ITV 5.05-6.00am Katie Piper's Breakfast Show (R)

7.00 Channel 4 News

Headline analysis, plus sport and weather updates.

• Unreported World Krishnan Guru-Murthy explores South

7.30 Unreported World Krishnan Guru-Murthy explores South Korea's K-pop dance schools, investigating the hidden cost of becoming the next big idol.

8.00 Double the Money The remaining eight teams are given two weeks to double their £2,000 stake. Half of the teams decide to host events and most of the rest attempt food-based ideas. Hosted by Sue Perkins.

9.00 Gogglebox The critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and the lively discussions that are prompted by the week's biggest and best shows.

10.00 NEW The Nevermets

Meeting Brits who have fallen in love online as they make the life-changing decision to cross international waters to meet their long-distance lovers. In the first episode, Veena is waiting for Jay to arrive.

11.05 Joe & Katherine's Bargain Holidays Joe Wilkinson and Katherine Ryan enjoy a budge break in Montenegro. They indulge their cultural sides in the city of Kotor, where Joe has planned a special visit for Katherine to the Cat Museum.

12.10am Micky Flanagan: Back in the Game. The comedian performs to his home crowd at London's Hackney Empire. (R) 1.35 Ramsay's Kitchen Nightmares USA (R) 2.20 Come Dine with Me (R) 4.30 Location, Location (R) 5.20 Sunday Brunch Best Bits (R) 5.40-6.05am Beat the Chef (R)

7.00 Jane McDonald: Lost in Japan In Osaka, the

singer takes a food tour that includes the best katsu that the region has to offer. She also visits the downtown Dotonbori district. Last in series (R); 5 News Update

8.00 The Big Steam Adventure:
Here We Go Again! John
Sergeant, Peter Davison and
Paul 'Piglet' Middleton explore
the Scottish Highlands, visiting
the Cairngorms Mountain
range, Aviemore and Loch
Ness. Last in series.

9.00 Sue Perkins: Lost in Thailand Sue visits the country's heady capital, Bangkok, looking at one of the ways its pollution problem is being addressed. She also examines tiger exploitation. Last in series.

10.00 The Cancellation of Jim

Davidson The comedian and presenter offers an in-depth exploration of his life, unique career, and the controversies that have surrounded him. Featuring interviews with his friends and critics.

11.30 When 80s TV Goes
Horribly Wrong Anita Dobson
narrates a look back at some
disastrous 1980s TV moments,
including a stunt that went
wrong for Paul Daniels and
Des O'Connor's bite on the

nose from a pooch. (R)

1.25am PlayOJO Live Casino Show 3.25 10 Years Younger in 10 Days (R) 4.10 Tesco: Panic in the Aisles. Documentary. (R) 5.00 House Doctor (R) 5.25 Entertainment News on 5 5.30 Peppa Pig (R) 5.35 Thomas & Friends: Big World! Big Adventures! (R) 5.45-6.00am Paw Patrol (R)

- 6.00am CITV 9.00 Totally Bonkers Guinness World Records 9.10 Catchphrase Celebrity Special **10.00**Veronica Mars **11.00** Dawson's Creek 12.00noon Secret Crush 1.00 Dress to Impress **2.00** Family Fortunes **3.00** Veronica Mars **4.00** Dawson's Creek 5.00 Dress to Impress. Dating show.
- 6.00 Celebrity Catchphrase A celebrity special of the show, with Toyah Willcox, Nicola Coughlan and Stephen Mangan.
- 7.00 Family Fortunes The Ecclestons go up against the Burns family.
- 8.00 Bob's Burgers Double bill.
- **9.00** *FILM* Horrible Bosses **2** (2014, 15) Three men trying to start their own business are swindled by an investor, so respond by kidnapping his son.
 Comedy, with Jason Bateman.
- 11.15 Family Guy Animated double bill. **12.15am** American Dad! **1.15** Bob's Burgers 2.10 Don't Hate the Playaz 2.50 Unwind **3.00-6.00am** Teleshopping

DAVE

- **6.00am** Teleshopping **7.10** Secrets of the Supercars **8.00** World's Most Dangerous Roads **9.20** Top Gear Vietnam Special 11.00 Top Gear: Polar Challenge 12.00noon Storage Hunters UK: four episodes 2.00 Gadget Man 3.00 Top Gear 5.00 Hairy Bikers' Best of British
- 6.00 Rick Stein's French Odyssey 7.00 QI XL Jimmy Carr, Aisling Bea
- and Danny Bhoy compete alongside resident panellist Alan Davies.
- 7.40 Richard Osman's House of Games
- 9.00 QI XL Jenny Eclair, Johnny Vegas and Bill Bailey join regular panellist Alan Davies for an extended edition of the guiz show.
- 9.40 Would I Lie to You? Double bill.
- 11.00 Taskmaster Bob Mortimer champions sausage meat
- 12.00m't Mock the Week 12.40 Would I Lie to You? 1.20 QI XL 2.00 Whose Line Is It Anyway? USA **2.25** Secrets of the Supercars **3.25** Gadget Man **4.00-6.00am** Teleshopping

E4

- **6.00am** Hollyoaks **7.00** Ramsay's Kitchen Nightmares USA **9.00** Brooklyn Nine-Nine 10.00 Young Sheldon 11.00 Modern Family **12.00noon** The Big Bang Theory: four episodes **2.00** Brooklyn Nine-Nine **3.00** Modern Family **4.00** Young Sheldon **5.00** The Big Bang Theory: double bill
- **6.00 The Big Bang Theory** Double bill. **7.00 Hollyoaks** Ste pleads for a day off to spend time with his family.
- 7.30 Modern Family Jay switches sides.
- 8.00 Teen First Dates A 16-year-old dance student dates a Derbyshire lad. **9.00 FILM Meet the Parents** (2000, 12)
- Comedy, starring Robert De Niro, Ben Stiller, and Owen Wilson.
- 11.10 Naked Attraction Singletons Cathy and Adam each choose a date.
- **12.15am** The Big Bang Theory **1.15** Brooklyn Nine-Nine **2.15** Modern Family **3.05** Naked Attraction **4.00** Ramsay's Kitchen Nightmares USA 4.50-6.00am Brooklyn Nine-Nine

ITVBe

- 7.00am The Real Housewives of Cheshire 8.00 Masters of Flip 9.00 LittleBe **12.00noon** Sugar Showdown **12.25** The Real Housewives of New Jersey **1.25** The Only Way Is Essex **2.05** Dinner Date **3.05** Million Dollar Listing: LA **4.00** The Real Housewives of Atlanta **5.00** The Real Housewives of New York City
- 6.00 Masters of Flip Kortney and Dave Wilson plan a large addition for a house.
- **7.00 Million Dollar Listing: LA** Josh has a heated exchange with a seller.
- 8.00 Dinner Date Rebecca chooses three blind dates from five potential partners.
- 9.00 Botched Double bill. A fitness enthusiast needs help; Dr Paul Nassif helps a man who wants his ears back.
- 11.00 Million Dollar Matchmaker Patti's help is enlisted by two women from the Real Housewives franchise.
- 11.55 Be Beautiful Recreating the look Lady Gaga wore to the 2015 Grammys. 12.05-12.55am Unwind with ITV

DRAMA

- 6.00am Teleshopping 7.10 All Creatures Great and Small **8.00** Doctors **9.20** Classic Holby City **10.40** Casualty **11.40** The Bill **12.45pm** Classic EastEnders **2.00** Pie in the Sky **3.00** Lovejoy **4.15** All Creatures Great and Small **5.20** Birds of a Feather
- 6.00 Keeping Up Appearances Hvacinth attends an exclusive auction.
- 6.40 Last of the Summer Wine Double bill. 8.00 Father Brown The priest investigates a murder at the Kembleford treasure hunt.
- 9.00 Sister Boniface Mysteries Sam's career is in jeopardy when serial killer 'The Good Samaritan' résurfaces in Great Slaughter. Drama, starring Lorna Watson.
- 10.00 New Tricks The murder of a fashion designer is reinvestigated.
- 11.20 Soldier, Soldier Paddy has to adjust to life on his own when Nancy refuses to join him in Germany.
- 12.30am Lovejoy 1.40 When the Boat Comes In **2.50** Classic Holby City **4.00-6.00am** Teleshopping

MORE4

- **8.55am** A Place in the Sun **10.25**A New Life in the Sun **11.25** Find It, Fix It, Flog It 12.30pm Come Dine with Me: five episodes **3.10** Four in a Bed: five episodes **5.50** Chateau DIY
- 6.55 PopMaster TV Double bill. The players in the first heat compete over six rounds; more music enthusiasts from across the country are put to the test.
- 9.00 The Twelve: Cinderella Murder Dennis Pycke's recollection of events is filled with pain, and it seems that his relationship with both Marianne and Anton was fraught with complications
- 10.05 24 Hours in A&E Double bill. Twenty-year-old Antonio is rushed to A&E after a motorcycle accident; an 80-year-old patient is admitted suffering from pain in her chest, arm and jaw.
- **12.10am** 8 Out of 10 Cats Does Countdown, With Jonathan Ross and Lee Mack. 1.15 24 Hours in A&E **3.25-3.55am** A Place in the Sun

VARIA S & S4C

WALES As BBC1 except: 1.30-1.45pm BBC Wales Today; Weather **6.30** BBC Wales Today; Weather **7.00-7.30** lolo's Valleys. lolo Williams explores the valleys inland from Port Talbot.

8.00 Our Food, Our Family with Michela Chiappa. The Welsh-Italian cook helps a woman reconnect with the cuisine of her Nigerian roots. 8.30-9.00 Kiri's TV Flashback 10.30 BBC Wales Today; Weather **10.40** Rewind: 60 Years of Welsh Pop. With Manic Street Preachers Tigertailz and Charlotte Church. **11.10** FLM
Spider-Man: Far from Home (2019, 12) 1.10am Rebus 2.00-6.00am BBC News

WALES As BBC2 except: 7.00-7.30pm The One Show. Live magazine show

MERIDIAN As ITV1 except: 1.55-2.00pm |TV|News Meridian 6.00-6.30 ITV News Meridian 10.30-10.45pm ITV News Meridian

CENTRAL As ITV1 except: 1.55-2.00pm ITV News Central **6.00-6.30** ITV News Central **10.30-10.45pm** ITV News Central

ITV WALES As ITV1 except: 1.55-2.00pm News Cymru Wales 6.00-6.30 ITV News Wales at Six 10.30-10.45pm ITV News Cymru Wales

WEST As ITV1 except: 1.55-2.00pm

ITV News West Country. A round-up of the latest headlines. **6.00-6.30** ITV News West Country 10.30-10.45pm ITV News West Country

ANGLIA As ITV1 except: 1.55-2.00pm ITV News Anglia 6.00-6.30 ITV News Anglia 10.30-10.45pm ITV News Anglia

WESTCOUNTRY As ITV1 except: 1.55-2.00pm ITV News West Country 6.00-6.30 ITV News West Country. The latest headlines 10.30-10.45pm ITV News West Country

S4C 6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Y Sin **1.30** Cais Quinnell **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Y Fets **4.00** Awr Fawr **5.00** Stwnsh **6.00** Garddio a Mwy. Special episode exploring Japan's unique gardens during cherry blossom season. **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Cymru, Alabama a'r Urdd. The Urdd celebrates its centenary. **8.55** Newyddion S4C a'r Tywydd **9.00** Rybish **9.30** Rybish **10.00** Welsh Whisperer – Ni'n Teithic Nawr! **10.35-11.40pm** Ni Yw'r Cymry

- 7.00pm My Mate's a Bad Date Oloni helps a 24-year-old find a date.
- 7.25 FILM The Witches (2020, PG) A young orphan goes to live with his grandmother, only to find himself the prey of witches disguised as glamorous women. Fantasy, starring Anne Hathaway. 🖈
- 9.00 Paranormal: The Girl, the **Ghost and the Gravestone** Double bill. Multiple witnesses claim to see a hooded figure; Sian Eleri interviews the daughters of the couple that owned the house.
- 10.00 FILM Late Night (2019, 15) Drama, starring Emma Thompson and John Lithgow. ★★★★
- 11.35 Dinosaur Evie's family try to impress Ranesh's father Sachin.
- 12.05am Dinosaur 12.30 Paranormal: The Girl, the Ghost and the Gravestone 1.30 | Kissed a Girl 3.00-4.00am Dinosaur

BBC4

- 7.00pm TOTP: 1996 Featuring Ocean Colour Scene, Luniz and Diana Ross. **7.30 TOTP: 1996** Lisa l'Anson
- presents the pop chart programme. 8.00 TOTP: 1988 Featuring Debbie Gibson, Ofra Haza and Aswad.
- 8.30 TOTP: 1978 Featuring music from Blondie, Thin Lizzy and Tavares
- 9.00 TOTP: 1984 With performances by Shakatak, Tina Turner and more. 9.30 TOTP: 1984 Featuring Nik
- Kershaw, Eurythmics and Slade. 10.10 Tina Turner at the BBC Archive footage of the singer's performances on BBC programmes
- 11.10 When Tina Turner Came to Britain The story of the singer's 50-year relationship with the UK.
- 12.10am Tina Turner: Simply the Best 12.55 The 80s – Music's Greatest Decade? With Dylan Jones **1.55** TOTP: 1988 **2.25** TOTP: 1984 2.55-3.35am TOTP: 1984

- 5 USA
- **6.00am** Home Shopping **9.00** NCIS **10.55** Entertainment News on 5 11.00 NCIS 12.00noon Law & Order
- 6.00 NCIS Four episodes. An operation to apprehend a corporate terrorist goes awry; Gibbs tries to infiltrate an nfamous anti-government militia; Palmer places his life in danger to save a seemingly suicidal man: the death of a petty officer brings the team back into contact with The Sherlocks.
- 10.00 Law & Order: Special Victims Unit Double bill. A teenage runaway is sought in connection with the murder of her neurotic. overbearing mother; a woman is found raped and murdered with \$500 stuffed in her mouth.
- 12.00m't Law & Order: Special Victims Unit: double bill 1.55 The Blacklist **2.50** Law & Order: Special Victims Unit **3.35** 999: Criminals Caught on Camera 4.00-6.00am Teleshopping





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Sport

SKY SPORTS MAIN EVENT

 6.00am Sky Sports News 7.00 Good Morning Sports Fans 10.00 Sky Sports News 12.00noon LIVE Formula 1 Monaco Grand Prix first practice session. At the Circuit de Monaco. 2.00 LIVE Formula 2 Championship The Monaco Grand Prix qualifying session (start time 2.10pm).
3.00 Sports Desk. Live analysis and comment.
3.45 LIVE Formula 1 Monaco Grand Prix second

practice session. At the Circuit de Monaco.

5.15 LIVE Women's Super League St Helens v Leeds Rhinos (kick-off 5.30pm). Coverage of the match taking place at Totally Wicked Stadium.
7.30 LIVE Betfred Super League St Helens v Leeds Rhinos (kick-off 8.00pm). From the 12th round of fixtures at Totally Wicked Stadium.

10.00 LIVE Fight Night Lukasz Rozanski v
Lawrence Okolie. The bout for the WBC World Bridgerweight title from Rzeszow, Poland.

11.30 Fight Night International 12.30-6.00am Sky Sports News, A round-up of the headlines.

SKY SPORTS CRICKET

6.00am IPL 10.35 Best of England v India 10.55 Best of ICC WT20 11.10 Best of England v Pakistan 11.35 Best of England v Pakistan **12.00noon** Women's International One-Day Cricket. England v Pakistan. **1.00** IPL

2.50 LIVE Indian Premier League Sunrisers Hyderabad v Rajasthan Royals. Coverage of the second qualifier match from Chennai. 7.00 ICC Men's T20 World Cup - The Experts View 8.00 Best of ICC WT20 9.00 IPL

10.00 Women's International One-Day Cricket 11.00 IPL 4.10am Best of ICC WT20 4.30 Secrets of Success 5.00-6.00am IPL

SKY SPORTS FOOTBALL 6.00am EFL 7.00 EFL Rivalries 8.30 EFL 9.00 SPFL Highlights 9.15 EFL Greatest Games 10.00 Championship Retro 12.00noon EFL Highlights 1.00 EFL 2.00 EFL Highlights 3.00 EFL Greatest Games 3.45 SPFL Highlights 4.00 EFL Cup Retro
6.00 WSL 7.00 Scottish Premiership Title Race

8.00 EFL 8.30 EFL 9.00 EFL 9.30 EFL Highlights 10.00 EFL Highlights 10.30 Scottish Premiership Title Race 11.30 EFL Greatest Games 1.00am EFL Cup Highlights 2.00 EFL 5.00-6.00am Championship Season Review

TNT SPORTS 1

6.00am UEFA Europa League. This year's final. 7.30 Premier League Reload 7.45 Around the Block 8.00 Fishing: On the Bank 9.00 Ultimate Pool 10.30 TNT Sports Reload

10.45 LIVE AFL Fremantle Dockers v Collingwood Magpies (bounce-up 11.10am). Coverage of the

match taking place at Optus Stadium in Perth.

2.00pm European Rugby Challenge Cup

7.00 LIVE European Rugby Challenge Cup

Gloucester v Sharks (kick-off 8.00pm). This year's final from Tottenham Hotspur Stadium. 10.30 No Filter Boxing 11.00 Premier League Review 12.00m't Inside Serie A 12.30 NBA Tip-Off. A look ahead to tonight's matches. 1.30 **IVE NBA** Minnesota Timberwolves v Dallas Mavericks (tip-off 1.30am). Game two of the

Western Conference Finals from Target Centre 4.00 Inside the NBA. Post-game analysis.
5.00-7.30am LIVE AFL North Melbourne
Kangaroos v Port Adelaide Power (bounce-up 4.45am). From Blundstone Arena in Hobart.

TNT SPORTS 2

6.00am MotoGP Highlights. Grand Prix action.8.00 LIVE MotoGP The Grand Prix of Catalunya free practice session. Preparations for the sixth round from Circuit de Barcelona-Catalunya. 10.45 MotoGP Rewind, Grand Prix action

12.15pm LIVE MotoGP The Grand Prix of Catalunya second practice session.
3.15 LIVE MotoE Coverage of the qualifying session at the Grand Prix of Catalunya. **4.00** Inside Serie A **4.30** Premier League Netbusters 5.00 WWE SmackDown Highlights

6.00 LIVE WWE Friday Night SmackDown Wrestling action, featuring Roman Reigns, Cody Rhodes, Bayley, Randy Orton and Bianca Belair.

8.00 Fight Night Live 10.00 No Filter Boxing
10.30 UEFA Champions League Magazine
11.00 UEFA Europa League & Conference
League Magazine 11.30 MLB: Off the Bat

12.00m't **IVE MLB** Cincinnati Reds v Los Angeles Dodgers (start time 12.10am).

3.15 MLB Plays of the Week 3.45 MLB: Off the

Bat 4.15 Around the Block, With Jack Grealish 4.30-7.30am LIVE AFL Carlton Blues v Gold Coast Suns (bounce-up 4.45am).

EUROSPORT 1

6.00am Cycling: Giro d'Italia **7.00** Giro d'Italia: The Breakaway **7.30** Roland-Garros **9.00** Mountain Biking 10.00 Cycling: Giro d'Italia 11.30 LIVE Cycling: Giro d'Italia Stage 19, a route of 157km from Mortegliano to Sappada. 4.45pm Ride London 5.45 Cycling: Strade Bianche 6.00 Rafael Nadal – King of Paris 7.00 Roland-Garros 7.35 Le Marathon des Sables – 2024 8.05 Giro d'Italia 9.00 Giro d'Italia: The Breakaway **9.30** Climbing World Cup **11.00** Discovery Golf **11.30** Cycling: Giro d'Italia

12.30am Giro d'Italia: The Breakaway **1.00** Ride London **2.00** Giro d'Italia **3.30** Climbing World Cup 4.50 The Olympians 5.00 The Power of the Olympics 5.30-6.00am Mountain Biking

Entertainment & Factual

ITV3

6.00am Classic Emmerdale 7.00 Classic Coronation Street 8.05 Endeavour 10.15
The Royal 11.20 Heartbeat 1.30pm Classic Emmerdale 2.35 Classic Coronation Street 3.45 Agatha Christie's Marple 5.55 Heartbeat 8.00 Doc Martin 9.00 Shetland 11.35 Lewis 1.15am Upstairs, Downstairs 2.10-2.30am Unwind with ITV

6.00am The Derby Through the Years 6.15 Minder 7.15 The Sweeney 8.15 The Adventures of Sherlock Holmes 9.25 Magnum, Pl 10.25 Kojak 11.30 BattleBots **12.30pm** Magnum, Pl **2.40** Kojak **3.45** Minder **4.50** The Sweeney **6.00** BattleBots 7.00 The Grand Fishing Adventure 8.00 The Motorbike Show 9.00 FILM Mad Max Beyond Thunderdome (1985/15) *** 11.15 All Elite Wrestling: Dynamite 1.25am
The Chase Celebrity Christmas Special 2.20
The Protectors 2.45-3.00am Unwind with ITV

5STAR

8.00am Bargain Loving Brits by the Sea 10.00 Shoplifters: Caught Red Handed 11.00 Traffic Cops 2.00pm Police Interceptors 5.00 Nightmare Tenants, Slum Landlords **6.00**Home and Away **7.00** GPs: Behind Closed Doors **8.00** Casualty 24/7: Every Second Counts **9.00** FILM Godzilla: King of the Monsters (2019/12) **** 11.40 FILM
The Hangover Part II (2011/15) ***
1.45am Killer at the Crime Scene 2.35 Evil Up Close: Kids Who Kill 3.20 Car Pound Cops 3.50-4.00am Entertainment News on 5

REALLY

8.00am Salvage Hunters 10.00 The Yorkshire Auction House 11.00 Antiques Road Trip **12.00noon** Money for Nothing **1.00** The Repair Shop **2.00** My 600lb Life **4.00** Animal Cops Philadelphia **6.00** The Yorkshire Auction House **7.00** Antiques Road Trip 9.00 Help! My House Is Haunted 10.00 Ghost Adventures 11.00 Help! My House Is Haunted 12.00m't Unexplained: Caught on Camera 1.00 Paranormal: Caught on Camera 2.00 Teleshopping 4.00-6.00am Animal Cops Philadelphia

5ACTION

9.00am Entertainment News on 5 9.05 The Motorway 10.05 Traffic Cops 11.05 Police Interceptors 12.05pm FILM Walk the Proud Land (1956/U) ★★ 1.55 FILM Winchester '73 (1950/U) ★★★★ 4.00 The Motorway 5.00 Traffic Cops 6.00 Police Interceptors 8.00 Motorway Cops: Catching Britain's Speeders 9.00 Police: Night Shift 999 10.00 Motorway Cops: Catching Britain's Speeders 11.00 Sewermen 12.00m't Police Interceptors 1.00 Criminals Caught on Camera 2.00-3.50am Trucking Hell

SKY ARTS

6.00am Darbar Festival 2022 **7.15** Gilbert and Sullivan: A Motley Pair **7.50** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Diane Keaton 12.00noon The Joy of Painting 1.00 Tales of the Unexpected 2.00 Julie Andrews Forever 3.00 The Big Design Challenge 4.00 Discovering: Morgan Freeman 5.00 The Joy of Painting

BBC RADIO 1

97.6-99.8MHz 6.33am Best New Pop 6.57

Newsbeat **7.00** Breakfast with Greg James **10.00** Radio 1 Anthems **10.30** Newsbeat **10.32** Radio 1 Anthems **11.02** Radio 1's Big

Weekend **12.45pm** Newsbeat **1.00** Radio 1's Big Weekend **5.45** Newsbeat **6.00**



Chicago Fire Sky Witness, 9pm A hazmat call at a dialysis centre leads to a shocking discovery. Plus, Boden (Eamonn Walker, left) clashe with Paramedic Chief Robinson, and Carver notices a concerning change in Gibson's

6.00 Australian Ballet: Cinderella 7.35 Eric Clapton: Concert by the Lake - Band du Lac 10.00 Grand Ole Opry 11.00 Guy Garvey: From the Vaults 12.00m't Billy Joel Live at Yankee Stadium 1.45 Live from the Artists Den 3.00-4.00am Classic Albums

GOLD

7.15am Desmond's 8.15 Keeping Up Appearances 9.30 Ever Decreasing Circles 10.10 Are You Being Served? 10.50 Porridge 11.25 Last of the Summer Wine 12.40pm
Keeping Up Appearances 1.20 Ever
Decreasing Circles 2.00 Porridge 2.40 Dad's
Army 3.20 Are You Being Served? 4.00
Last of the Summer Wine 5.20 Porridge 6.00 Keeping Up Appearances 6.40 Dad's Army 8.00 Only Fools and Horses 8.40 Blackadder II 9.20 dinnerladies 10.00 The Fast Show 10.40 Mrs Brown's Boys 12.00m'd Blackadder II 12.40 dinnerladies 1.15 Only Fools and Horses 1.55 The Fast Show 2.40 Billy Connolly Does **3.25-4.00am** The Rebel

YESTERDAY Fro

6.10am The Architecture the Railways Built 7.10 Hornby: A Model World 8.00
Abandoned Engineering 10.00 Narrow
Escapes of World War II 11.00 War Factories **12.00noon** Great British Railway Journeys **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Narrow Escapes of World War II **5.00** War Factories **6.00** Antiques Roadshow 7.00 Canal Boat Diaries 8.00 Secrets of the London Underground 9.00 Abandoned Engineering 10.00 Bangers & Cash 11.00 Abandoned Engineering 12.00m't Great British Railway Journeys 1.00 Railway Murders 2.00-3.00am Scouting for Toys

ALIBI

7.10am Murdoch Mysteries 9.00 Miss Scarlet and the Duke 10.00 Elementary 11.00 Shakespeare & Hathaway: Private Investigators **12.00noon** Father Brown **1.00** Death in Paradise **2.00** Murdoch Mysteries **4.00** Elementary **5.00** Father Brown **6.00** Shakespeare & Hathaway: Private Investigators 7.00 Elementary 8.00 Death in Paradise 9.00 Father Brown 10.00 The Red King 11.00 Elementary 12.00m't Deception **1.00** Unforgettable **2.00** Murdoch Mysteries **3.00-4.00am** CSI: Vegas

SKY MAX

6.00am NCIS: Los Angeles 7.00 DC's Legends of Tomorrow 8.00 The Flash 9.00 Stargate SG-1 11.00 NCIS: Los Angeles 12.00noon The Flash 1.00 MacGyver

Radio

3.00 Hawaii Five-0 **4.00** S.W.A.T **5.00** DC's 3.00 Hawaii Five-0 4.00 S.W.A. 1 5.00 DCs Legends of Tomorrow 6.00 Stargate SG-1 8.00 Rob & Romesh vs Cricket: South Africa 9.00 A League of Their Own: Mexican Road Trip 10.00 The Walking Dead 11.00 Never Mind the Buzzcocks 11.50 Hold the Front Page 12.55am Resident Alien 2.00 Rescender 2.00 Hayarii Five 0.4.00 Peacemaker 3.00 Hawaii Five-0 4.00 S.W.A.T 5.00-6.00am Highway Patrol

SKY ATLANTIC

6.00am Fish Town **7.00** The Guest Wing **7.55** True Blood **10.05** Billions **12.15pm** Game of Thrones **1.20** Ray Donovan **3.30** True Blood 5.40 Billions 7.55 Game of Thrones 9.00 The Pacific 10.00 The Tattooist of Auschwitz 11.05 The White Lotus 12.35am House of the Dragon **1.45** Euphoria **2.50** Game of Thrones **4.00-6.00am** The Guest Wing

SKY WITNES

6.00am Stop, Search, Seize **7.00** Border Patrol **8.00** Caught on Dashcam **9.00** Send in the Dogs **10.00** The Force: Manchester **11.00** Bull **12.00noon** New Amsterdam **1.00** 9-1-1 **2.00** FBI: Most Wanted **3.00** Caught on Dashcam 4.00 Nothing to Declare 7.00 On Dashcam 4.00 Nothing to Declare 7.00 Caught on Dashcam 8.00 Chicago Med 9.00 Chicago Fire 10.00 Chicago PD 11.00 The Equalizer 12.00m't The Cleaning Lady 1.00 Blue Bloods 2.00 Law & Order: Special Victims Unit 3.00 FBI: Most Wanted 5.00-6.00am UK Border Force

SKY COMEDY

8.00am Will & Grace 9.00 The Conners 10.00 Mr Mayor 10.30 Veep 11.40 Entourage 12.50pm How to Make It in America 2.10 Veep 3.20 Entourage 4.30 Mr Mayor 5.00 Will & Grace 6.00 The Office (US) 7.00 The Conners 8.00 Will & Grace 9.00 Young Rock 10.00 Jerrod Carmichael Reality Show 11.15 Jerrod Carmichael: Love At The Store 12.20am The Tonight Show Starring Jimmy Fallon 1.20 Sam Jay: Salute Me or Shoot Me 2.25 Insecure 3.25 Hello Ladies 4.00-5.00am How to Make It in America

DISCOVERY 6.00am How It's Made 7.00 Gold Divers 8.00 Building Off the Grid 9.00 Combat Dealers
10.00 Demolition Down Under 11.00 Wheele
Dealers 1.00pm Building Off the Grid 3.00
Gold Rush 5.00 Alaska: Homestead Rescue
6.00 Demolition Down Under 7.00 Wheeler Dealers: Dream Car 8.00 Gold Rush: White Water 9.00 Moonshiners 10.00
Blowing Up History 11.00 Combat Dealers
12.00m't Gold Divers 1.00 Moonshiners 2.00 Blowing Up History 3.00 Gold Rush: Parker's Trail 4.00-5.00am Moonshiners

NATIONAL GEOGRAPHIC

8.00am Food Factory 9.00 Air Crash Investigation 10.00 Nazi Megastructures 11.00 History: The Interesting Bits 12.00noon Car S.O.S 1.00 To Catch a Smuggler 2.00 Air Crash Investigation 3.00 Nazi Megastructures 4.00 Drain the Oceans **5.00** Car S.O.S.: Ultimate Countdown **6.00** Lost Treasures of Egypt **7.00** Air Crash Investigation 10.00 Drug Lords: The Takedown 11.00 Air Crash Investigation 12.00m't Trafficked: Underworlds with Mariana Van Zeller 1.00 Drugs Inc 2.00 Made in a Day 2.30-2.55am Food Factory

Movies

11.00am Two Way Stretch (1960/U) Comedy, starring Peter Sellers. *** 12.45pm Payroll (1961/PG) Crime drama, with Michael Craig and Billie Whitelaw. ★★★

3.00 The Nevadan (1950/U) Western, starring Randolph Scott and Dorothy Malone 4.35 The Golden Voyage of Sinbad (1974/U) Fantasy adventure, with John Phillip Law.

Tom Baker and Douglas Wilmer. ★★★
6.50 The Italian Job (2003/12) Crime thriller remake, starring Mark Wahlberg, *** 9.00 Three Thousand Years of Longing (2022/15) Premiere. A scholar on a trip to

wishes in exchange for his freedom. Fantasy, starring Tilda Swinton and Idris Elba. **** 11.10 A Banquet (2021/15) Premiere. A widowed mother is tested when her teenage daughter insists her body is now serving a

Istanbul discovers a diinn who offers her three

higher power. Mystery thriller, starring Sienna Guillory and Jessica Alexander. ***

1.05-4.00am The Handmaiden (2016/18) Psychological thriller, with Kim Min-hee and Kim Tae-ri. In Korean and English. ****

SKY CINEMA PREMIERE

7.10am The Inseparables (2023/U) See 1.05pm for details. ***

8.55 The Starling Girl (2023/15) Drama, with Eliza Scanlen and Lewis Pullman. ***

10.55 Blue Beetle (2023/12) See 8.00pm for details.

1.05pm The Inseparables (2023/U) Animated adventure, featuring the voices of Monica Young and Danny Fehsenfeld. ***

2.40 My Big Fat Greek Wedding 3 (2023/12)

2.40 My Stg Pat Greek Wedding 3 (2023)
Romantic comedy, with Nia Vardalos. ★★
4.25 Cult Killer (2023/15) Thriller, starring
Alice Eve and Antonio Banderas. ★★
6.20 The Blackening (2023/15) Comedy
horror, starring Grace Byers. ★★
8.00 Blue Beetle (2023/12) Fantasy
advocture, with Yole Mariduona adventure, with Xolo Mariduena.

10.10 The Equalizer 3 (2023/15) Thriller sequel, with Denzel Washington. *** 12.00m't Monolith (2023/15) Thriller, starring Lily Sullivan and Ling Cooper Tang. 1.40am Cult Killer (2023/15) See 4.25pm for details. ***

3.35 The Lesson (2023/15) Thriller, with Daryl

McCormack and Richard F Grant, 5.25-7.00am 10 Lives (2024/U) Animated comedy, with the voice of Mo Gilligan.

SKY CINEMA DRAMA

5.15pm Out of Africa (1985/PG) Drama, with Meryl Streep and Robert Redford. ★★★ 8.00 Emma (1996/U) Jane Austen period drama, with Gwyneth Paltrow. ★★★ 10.05 May December (2023/15) Drama, with Natalie Portman and Chris Tenzis. * 12.05am When Tomorrow Comes (1939)

Drama, starring Charles Boyer. ****

1.45 The Colour Room (2021/PG) Drama, with Phoebe Dynevor and Matthew Goode. *** 3.45 A Good Person (2023/15) Drama, with Florence Pugh and Morgan Freeman. 5.55-8.30am Ray (2004/15) Biopic drama, with Jamie Foxx and Regina King. ***

SKY CINEMA FAMILY 4.00pm The Karate Kid (1984/12) Martial arts

drama, starring Ralph Macchio. ****

6.15 Goosebumps (2015/PG) Fantasy adventure, starring Jack Black. ** 8.05 Save the Cinema (2022/12) Drama, with Samantha Morton and Tom Felton. ★★★ 10.05 Step Dogs (2013/U) Family comedy, starring Joris Jarsky and Ryan Belleville. 11.40 Miss Potter (2006/PG) Biographical period drama, with Renee Zellweger. *** 1.20am The Karate Kid (1984/12) See 4.00pm for details. ****

3.35 Robo-Dog (2015/PG) Family sci-fi adventure, with Michael Campion. ★★★
5.15-7.00am Mee-Shee: the Water Giant

(2005/PG) Children's fantasy, with Daniel Magder and Bruce Greenwood. ★★

TALKING PICTURES TV

7.20pm Waterfront (1950/PG) Melodrama, starring Kathleen Harrison. ★★
9.05 The Fly (1958/PG) Horror, starring David Hedison and Vincent Price. ★★
11.00pm Deadly Instincts (1997/18) Sci-fi horror, starring Samantha Womack. ★★★
12.55am Timeslip (1955/12) Sci-fi thriller, with Gene Nelson and Faith Domerque. *** **2.45-4.50am Blonde Fist** (1991/15) Boxing drama, starring Margi Clarke. 😾

GREAT! MOVIES

5.00pm Obsession (2011/U) Thriller, starring Charisma Carpenter and Dylan Neal. ★★ 6.55 Street Fighter (1994/12) Action, starring Jean-Claude Van Damme and Raul Julia.

9.00 Rambo: Last Blood (2019/18) Action sequel, starring Sylvester Stallone, 10.50 Escape Plan 2: Hades (2018/15) Action sequel, starring Sylvester Stallone. ★★ 12.55am Bunraku (2010/15) Action adventure, with Josh Hartnett and Ron Perlman. ***
4.00-5.40am Accidental Switch (2016/12) Drama, starring Jamie Luner.

Radio 1's Big Weekend 11.00 Pete Tong 1.00am Radio 1's Essential Mix 3.00 Radio 1 Dance Presents 4.00 Radio 1's Chillout Anthems 5.00-6.00am Radio 1 Relax

88-91MHz 6.30am Zoe Ball 9.30 Vernon Kay 12.00noon Jeremy Vine 2.00 Scott Mills 3.30 Scott Mills' Wonder Years 4.00 Sara Cox 7.00 Michelle Visage 8.30 Michelle Visage's Handbag Hits 9.00 The Good Groove with DJ Spoony 11.00 The Rock Show with Johnnie Walker 12.00m't Romesh Ranganathan: For the Love of Hin-Hop 1.00 Mica Meets Gladys Knight 3.00 Eagles at the BBC 4.00 Sophie Ellis-Bextor's Kitchen Disco 5.00-6.00am In Concert: Bruce Hornsby and the Range

BBC RADIO 2

BBC RADIO 3

90.2-92.4MHz 6.30am Breakfast. Petroc Trelawny presents. 9.30 Essential Classics 1.00pm News 1.02 Classical Live 4.00 Composer of the Week: Rimsky-Korsakov 5.00 In Tune 7.00 Classical Mixtape 7.30 Friday Night Is Music Night 9.45 The Essay Art and Uncertainty 10.00 Late Junction 11.30 'Round Midnight. Soweto Kinch presents. 12.30-6.30am Through the Night

CHOICE Add To Playlist

Radio 4, 7.15pm With Cerys Matthews taking time off and returning in November, Jeffrey Boakye is joined by a new co-host, violinist and composer Anna Phoebe. To kick off the new six-part series, they are joined in studio by composer and silent film specialist Neil Brand and jazz singer and composer Natalie Duncan

BBC RADIO 4

FM 92.4-94.6MHz 6.00am Today 9.00 esert Island Discs 10.00 Woman's Hour 11.00 The Food Programme 11.45 Book of the Week: A Body Made of Glass 12.00noon News 12.04 AntiSocial 1.00 The World at One **1.45** Shadow War: China and the West **2.00** The Archers **2.15** Drama: Money Gone **2.45** Child **3.00** Gardeners Question Time **3.45** Short Works **4.00** Last Word **4.30** More or Less **5.00** PM **5.57** Weather **6.00** News **6.30** Dead Ringers 7.00 The Archers 7.15 Add to Playlist 8.00 7.00 The Archers 7.15 Add to Haylist 8.00 Any Questions? 8.50 A Point of View 9.00 Free Thinking 10.00 The World Tonight 10.45 Book at Bedtime: Making Amends 11.00 Americast 11.30 Today in Parliament 12.00m't News 12.30 Book of the Week 12.48 Shipping Forecast 1.00 As BBC World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer for the Day **5.45-6.00am** Just One Thing with Michael Mosley

BBC RADIO 5 LIVE

693/909kHz 6.00am 5 Live Breakfast 9.00 Nicky Campbell 11.00 Chiles on Friday 1.00pm Elis James and John Robins 2.00 Holly Hamilton 4.00 5 Live Drive 7.00 5 Live Sport: The Friday Football Social 9.00 5 Live Sport 10.00 Stephen Nolan 1.00am Lisa McCormick 5.00-6.00am 5 Live Boxing

BBC RADIO WALES

FM: 94.6MHz 6.00am Radio Wales News Update 6.05 Wake Up with Radio Wales 6.30 All Things Considered 7.00 Radio Wales Breakfast 9.00 Bronwen Lewis 12.00noon The Phone In 2.00 Eleri Sion 5.00 Radio Wales Drive 6.30 Books That Made Me with Lucy Owen **7.00**Radio Wales Sport **10.00** Friday Night H **12.00m't** The Party Playlist with H **1.00** As Radio 5 Live **5.00-7.00am** Vicki Blight

CLASSIC FM

100-102MHz 6.30am Breakfast with Dan Walker **9.00** The Classic FM Hall of Fame Hour **10.00** Alexander Armstrong **1.00pm** Tim Lihoreau 4.00 Margherita Taylor 7.00 Classic FM at the Movies with Jonathan Ross 9.00 Traditional Tunes with Iona Stephen 10.00 Calm Classics 1.00am Katie Breathwick 4.00-7.00am Sam Pittis

ABSOLUTE RADIO

DAB 6.00am Dave Berry 10.00 Leona Graham 1.00pm Ben Burrell 4.00 Richie 7.00 Absolute 80s Greatest Hits with Cl Sturgess. Hits from the decade. 10.00 Sophie K **4.00-8.00am** Jennie Longdor



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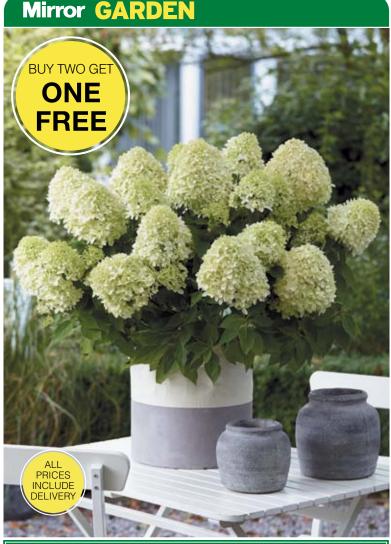
A FATHER'S SECRET SHAME, A DAUGHTER'S LIVING HELL...

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'What mattered was that someone listened to me. Someone believed me after 25 years. That means everything.' By the writer of ABANDONED and THE CONVENT



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TRVOTE Edited by AMANDA FV/ANS



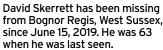
■ The beautiful but hard-edged Liverpool landscape is the setting for The Gathering, Channel 4's new drama. It uses lots of recognisable landmarks to ground the story of escapism and real-life desires. The interconnecting relationships

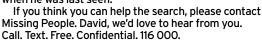
reflect greed, ambition, love and jealousy. I thought it was really powerful. A special mention goes to newcomer Eva Morgan as Kelly, pictured.

I think she has a bright acting career ahead of her. David Clarke, Rushall, West Midlands

■ Channel 4's Imposter: The Man Who Came Back From The Dead was a captivating show. It followed a man who woke up from a coma in Glasgow to find himself embroiled in a case of mistaken identity as a wanted fugitive from America. It left me eager to uncover the truth behind Arthur Knight's situation. Muhammad Zeeshan, Leicester

missing people





THE **BIG** OUES



Every day we'll be asking your opinion on one of Britain's big talking points. You can have your say and vote at mirror.co.uk

After months of speculation, Rishi Sunak has announced that a General Election will be held on July 4. Labour are way ahead in the polls and Keir Starmer says it is time for change.

Will Labour win the General **Election?**

No. Change is needed, but

They are a far more terrifying

prospect than anything else.

More public spending will

lead to the taxpayer picking

up the tab in the long run.

Yes. Let's just

MARK39002

Labour is not the answer.

Yes. Starmer wants to make Britain better. He should renationalise everything that was privatised, get back into the EU, and have a proper migration policy.

LYNXVEGAS

give Labour a whirl, it couldn't No. Sounds like Starmer is possibly get taking victory for granted. **SOAPIESOUTER** any worse KHIGGS

No. Blue Tory or Red Tory? Not much of a choice is it? LITTLE BLUE

Yes. The Tory geezer can't even protect himself from the rain, don't trust him with the country any longer.

RIGHTCHARLIE

To have your say, go to mirror.co.uk

Water bills rise is outrageous

■ THE privatised water companies have signalled a huge rise to our water bills. This, they tell us, is to provide future investment. True, private companies also need to attract investment for development and growth but they negotiate for this investment and offer either shares or pay a fee.

The water companies have a captive clientele, they don't compensate us with shares or offer us financial rewards because our increased bills are not a loan. Being a shareholder in a privatised water company is a win-win relationship.

The value of their shareholding increases in value, they receive regular bonus payments and they can sell their shares. This rip-off needs to end. A public utility needs to be in public hands.

Malcolm Ball Wakefield, West Yorkshire

■For years shareholders in the water companies have been paid billions of pounds in dividends, and the management millions in bonuses. The water companies have been neglecting investment and dumping into our rivers.

The sewerage pollution is a disgrace. Where is Ofwat, the public-funded watchdog?

But like so many of these watchdogs, you have a job to separate them from the management and shareholders.

Now we are going to have bigger water bills to pay for the years of neglect in our supply. So give yourselves a big slap on the back for queuing up to make a quick buck. Syd Vaughan, Yardley Wood

Birmingham

Water firms in England and Wales are proposing to hike bills by as much as 91% over the next five years, according to figures compiled by the consumer watchdog. The biggest jump is from Southern Water, to an average £915 a year, according to the Consumer Council for Water. Cambridge Water and South Staffordshire are asking for the lowest rise of 24%, to £221 a year, but that is for water only, not sewage services too. You say...

■I was saddened to read that mass deaths of fish in England's rivers have increased almost tenfold since 2020 (Mirror, May 21).

Not only are water companies pumping raw sewage into our seas and rivers, they have the audacity to propose big increases in our water bills next year. Totally disgusting and totally unbelievable.

Helen Tabern Bryn, Greater Manchester

■It's been reported that water companies want to increase bills by 90% over the next five years. These companies are treating the public like cattle, milking us for our money.

They should be using our money to improve their systems. That's what we are paying for.

Any future government must put a halt to these shareholders just pouring our money straight into their bank accounts.

Tony Howard, Salford

■I find it incredible that some water companies are asking for bills to rise by between 24% and 91% over the next five years. With so many families already struggling, the thought they may fall

deeper into debt for something as basic as water is frightening.

Surely the shareholders who have made billions in dividends should put more back into the companies for a change?

Ronnie Starkey, Norwich

■ So while all we are hearing about is sewage being discharged into our rivers and a completely inadequate infrastructure, they want us to pay more for our water bills?

Yet again it's the people who have to cover the costs of incompetent water companies. Where is the government in all this? They need to step in and sort this mess out and not leave it to the hardworking masses to foot the bill

Terry Bartlett, Bristol

■ How do these water companies possibly think people are going to afford these massive bill increases?

We are still in the midst of a cost-of-living crisis, so how is this sustainable? These increases are the highest I have ever heard of at a time when households don't have

the disposable income.

Harry Tyler, Walsall, West Mids

MP's stoicism to be admired

Huge respect for Craig Mackinlay MP, returning to Parliament minus his hands and feet, following sepsis. His stoicism and good humour are an example to us all.

He has heroically said that he plans to campaign on better access to prosthetics.

I do hope this will include children from Gaza, many of whom have lost multiple limbs, often removed without anaesthetic or any subsequent pain relief. Anne Watson Truro, Cornwall

Ireasured

Every Monday we print your treasured family photos in our popular Your Memories section. So, if you have an old picture you'd like to share with us please email or write to Your Memories at yourvoice@ mirror.co.uk or Daily Mirror, One Canada Square, London, E14 5AP and include the photo and some information about who's in it and when and where it was taken. Please don't send originals as we can't return them.

See through Sunak boast

Rishi Sunak was quick to praise the Tories for inflation coming down and levelling out but the cost of living is not getting any better - and it is the Bank of England that has brought down inflation.

The Tories have had 14 years in power and their policies have left many people living in poverty and having to use foodbanks. Children are going hungry and there is homelessness. Don't be fooled by the Tories. Another five years of them will see us all in the poorhouse. **Dave Mellor, Warrington**

■TV presenter Anne Robinson has reportedly

Lweet of the day

Former Shadow Cabinet Minister Emma Reynolds calls out senior Tory MP Steve Baker who says he won't cancel his holiday plans for the general election campaign...

@EmmaforWycombe -Unlike Steve Baker I have cancelled my family holiday next week because I am determined to speak to as many local residents in Wycombe as possible to convince them that only Labour can deliver the change we so desperately need.

given her £50million fortune to her family to avoid having to pay £20million in inheritance tax. I can understand why. It would have been hard for her daughter and grandchildren to survive on just £30million. Woodford Green, Gtr London

Pub quiz answers

How many of our daily pub quiz brainteasers did you manage to get right? 1 Six

2. Carolina Reaper

3.1995

4. Tiger 5. Nirvana

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MP Craig



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CHEEKPIECES: 5.55 Charles St, Halifax, 6.30 Ballymagee, Ben Buie, Whyzzat, 7.00 Triple Nickle,

Ballymagee, Ben Buie, Whyzzat, 7.00 Triple Nickle, 7.30 Quoi De Neuf, 8.00 Crews Pitch*.

TONGUE STRAPS: 5.20 Duc Du Rene, Global Esteem, Jumeirah King, Time Interval, 5.55 Halifax, 6.30 Ballymagee, Pittsburg, Tonto Foley, Uncle Arthur Whyzzat, 7.00 Inchiquin Spirit, Only Fools, Ryder's Rock, 7.30 Kauto The King, Mulberry Hill, Quoi De Neuf, Riskintheground, 8.00 Crews Pitch, Lindwall. (*=1st time).

(*=1st time). 1ST TIME HOODS: 6.30 Man Of Light.

...L Edwards 65 ...T Bellamy 103 ..J BestJ Turner (7) 94 83L Murtagh BETTING: 11-8 Global Esteem, 9-4 Jo's Rainbow, 11-2 Jumeirah King, 10 Time Interval, 12 Kintaro, 14 Don Rafael, 25 Morning Fortune, Kentucky Bluegrass.

5.55 BEST ODDS GUARANTEED AT PLANETSPORTBET HANDICAP

HORDLE (4) 3111 II 119 yus Williel E4,000 (0 Iuli)		
5546-1 HALIFAX (18) G Harris 7 12-2 (SF)	111	9
211P7- BASFORD (31) (V) J Candlish 7 12-2Jonjo O'Neill Jr		
25149- CHARLES ST (30) F O'Brien 5 12-2		
P1P5-2 BEHIND THE CURTAIN (11) D Pipe 10 11-12 (F)		
56P4-4 LEPASHE (18) S Allwood 7 11-1 C J Todd		
1132-2 MACTAVISH (12) M Sheppard 7 10-13 (C)	112	GS
ETTING: 7-4 Halifax, 5-2 Behind The Curtain, 5 Mactavish, 13-2 Basford, 8 Charle epashe.	es St,	, 12

6.30 HORSERACING ON ANOTHER PLANET PODCAST HANDICAP

1	4114P-	BEN BUIE (156) M Keighley 10 12-0 (CD)	100	G
2		FAMOSO (17) M Sheppard 8 11-11 (BF, CD) (F)		Ğ
3	22230-	PITTSBURG (F36) R Potter 8 11-8 (D)	104	S
4	F18P4/	BIG JIM BEAM (448) W Greatrex 8 11-8 Bowen	-	-
5		TONTO FOLEY (74) Christian Williams 6 10-10 (D) (SF)		S
6		UNCLE ARTHUR (17) (H) James Owen 6 10-9 (D)Lilly Pinchin		-
7	/6F6-5	MAN OF LIGHT (17) (H) P Hobbs & J White 7 10-9 Sean Houlihan	95	G
8		WHYZZAT (17) S-J Davies 6 10-9 J Turner (7)		
9	3355P-	BALLYMAGEE (58) R L Llewellyn 8 10-4 (EW)L Harrison	● 108	GS
10	05P5P-	BEANNAIGH DO (93) Sheila Lewis 7 10-2B J Powell	93	G
		Tonto Foley, 5-2 Famoso, 8 Pittsburg, 10 Man Of Light, Uncle Arthur,	Big .	Jim
Ream	Rallym	ango 12 Ron Rujo		

7.00 DOWNLOAD THE PLANETSPORTBET APP MARES' HANDICAP HURDLE (5) 2m 4f Winner £3,248 (8 run)

5125-6 C	ONLY FOOLS (16) (H) D Pipe 5 12-0 J Tudor OS RYDER'S ROCK (35) J Tizzard 6 11-13 B J Powell 8	90 G	S
22753- R	RYDER'S ROCK (35) J Tizzard 6 11-13B J Powell 8	8 (Ġ
7U9-57 C	CHER TARA (1) D Skelton 5 11-12 (BF) H Skelton 8	37 (Ġ
/FP6-F C	HER TARA (1) D Skelton 5 11-12 (BF)	79 GI	F
65744-1 S	SEASMOKE (1) Billy Aprahamian 6 12-2(7ex) (EW)	35 (G
954-1 A	AL SAYAH (16) N Mulholland 4 11-5 (SF) B Carver 8	8 (Ġ
03P2-2 T	TRIPLE NICKLE (17) B J Llewellyn 8 11-3 (F)R Williams (3)	39 (Ġ
74P4P- II	NCHIQUIN SPIRIT (30) A Ralph 7 11-1Ciaran Gethings 8	8 G	F
ETTING: 11-4	Al Sayah, 10-3 Cher Tara, 4 Triple Nickle, 6 Ryder's Rock, 8 Only	Fools	i, Ì
easmoke, 12 li	nchiquin Spirit, 25 Chinook.		

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R31P-5	MULBERRY HILL (18) F O'Brien 8 11-12 (D)	125	
0926P-	QUOI DE NEUF (108) E Williams 10 11-11 (D)	125	G
/B355-	RISKINTHEGROUND (162) D Skelton 7 11-3 (F)H Skelton	126	G
43223-	HARDY BOY (141) B Pauling 7 11-3 (BF, D) (SF)B R Jones	128	G
	KAUTO THE KING (225) J Tizzard 10 11-2 (D)B J Powell		
ETTING: 5-2	Hardy Boy, 11-4 Kauto The King, 10-3 Riskintheground, 4 Mulberry Hil	1. 7 Q	uc

8.00 BOOST YOUR FOOTBALL ACCA AT PLANETSPORTBET HANDICAP HURDLE (5) 2m Winner £3,248 (12 run)

P5-4	HOME AND DRY (17) D Faulkner 6 12-0	D Bass	104	GS
/365-1	CAPTAIN ATTRIDGE (17) Henry Oliver 6 12-0 (CD) (F)	L Edwards	99	(
108P0-	EAGLE OF THE GLEN (30) C J Gray 5 11-10 (D)	M G Nolan	81	9
	CREWS PITCH (74) S Drinkwater 8 11-5 (D)			
	GOOD IMPRESSION (17) B J Llewellyn 9 11-4 (D)			
V843P-	SYMBOLIC SPIRIT (53) D Skelton 7 11-4 (BF)	H Skelton	100	9
904-13	JAXONNE (2) Jonjo & A O'Neill 5 11-2 (SF)	Jonjo O'Neill Jr	106	(
556-	NO MORE BOLERO (64) D Bridgwater 5 11-1 (EW)	B J Powell	90	GS
	MAMBO BEAT (45) B J Llewellyn 5 10-13			9
128/0-	OUTBACK FRONTIERS (43) J G O'Shea 8 10-13 (D)	N Fox (5)	53	(
11/4-2	COLONEL LESLEY (12) A Jones 8 10-8 (D)	B Harris (3)	105	١
57/76-	LINDWALL (294) T Lacey 6 10-4	S Sheppard	98	(
TTINC: 10-	11 Javonno 13-2 Cantain Attridgo & Symbolic Spir	it 12 Colonal Lack	w 1/	M

BEST LONGSHOT

TEMPORIZE (2.25 Goodwood)



Horse Racing & Sports Tips ALEX(GORRIE

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HAGGAS RULES OUT ECONOM

WILLIAM HAGGAS has turned down the chance to run leading prospect Economics in Epsom's showpiece Derby.

The classy colt was as short as 7-4 with bookmakers after he blitzed his Dante Stakes field by six lengths at York.

Eleven horses have followed up in the elite Classic and Economics (right) was a strong contender to go off favourite, with a guestion mark over

juvenile star City Of Troy's

current form.

But the June 1 race timing just over two weeks from his Knavesmire rout and stamina doubts were enough to discourage Haggas'

"We have agreed the race would be a quick enough turnaround for a horse who is still immature," said Jake Warren, racing and bloodstock Salman Al Khalifa.

"He's exciting and we will be looking at mile-and-aquarter options for later in the season."

Haggas, who trained Shaamit to win the 1996 renewal, has not saddled a runner since 2018, when Young Rascal finished

seventh to Masar.

Before his trial masterclass with Tom Marquand steering, the Economics out of Epsom - and getting him back in the race would have cost £75,000.

TRAINER Tim Vaughan has been hit with a £1,000 fine and suspended six-month ban after his wide-margin Chepstow winner, Bells Of Peterboro, tested positive for a banned substance.

Traces of TCA, a corticosteroid with anti-inflammatory and painkilling properties, were found in the horse's blood.

HAYDOCK

2.05 BETFRED SUPPORTING MACMILLAN H'CAP (5) 1. (3-Y-0) 1m Winner ε4,187 (10 run)	4		2(
1 (9) 8-354 MYSTERYOFTHESANDS (18) T Easterby 9-10	11	(5)	/116
2 (6) 165-93 BETWEEN ME AND U (22) Alice Haynes 9-9 (D) S De Sousa 70 ST	1	1-7	,
3 (8) 4551-7 KORROOR (18) J Camacho 9-9	2	(7)	1
4 (10) 36231- LADY AVA (244) E Duniop 9-9 (F)			
5 (7) 25-5 MIASWELL (25) D O'Meara 9-8	3	(9)	2
6 (5) 906-21 DANDY LICHIOUS (77) T Davidson 9-8 (EW)			
7 (1) 654 QUESTIONABLE (19) D & C Kubler 9-6 J Crowley 69 ST	4	(4)	-137
8 (4) -53705 REVEAL (21) Miss L Perratt 9-5 Tommie Jakes (5) 77 SS			
9 (3) 48-352 MINERS GAMBLE (27) (V) B Ellison 9-4 B Robinson •78 ST	5	(3)	902
10 (2) 75-472 HELLO COTAI (21) (B) A West 9-4 (SF)S B Kirrane 75 G			
BETTING: 4 Lady Ava, 9-2 Hello Cotai, 5 Mysteryofthesands, 6 Between Me And U, 7 Dandy	6	(10)	15-1
Lichious, 10 Miners Gamble, Miaswell, Questionable.			
2023: PEARL EYE 9 9, David Egan 9-2 (Darryll Holland), drawn (5), 9 ran.	1 7	(1)	

2.40 FILLIES' RESTRICTED NOVICE STAKES (4) (3-Y-0) Im

IIIII	_	4	₩inner £5,400 (7 run)						
11111	1	(4)	1-3 SHEMOZZLE (27) R Beckett 9-9 (BF) (SF)Rossa Ryan	84	G			
IIII	2	(3)	2-1 D FLAWLESS (15) J & T Gosden 9-7 (D)						
1111	3	(2)	1- MIZUUMI (163) M Botti 9-5 (D)		72	ST			
1111	4	(7)	DESERT TIME H Candy 9-2	DOUBTFUL	-	-			
1111	5	(6)	FOSSDALE E Bethell 9-2	D Tudhope	•	-			
11111	6	(5)	SONG OF APPIN B Meehan 9-2	T Marquand	•	-			
1111	7	(1)	3 THEWIND CRIES MARY (13) E Bethell	9-2 (F) C Rodriguez	80	G			
mmmm	BETTING: 5-4 Shemozzle, 11-4 Thewind Cries Mary, 13-2 Mizuumi, 8 Song Of Appin, 9 Fossdale								
111111	202	23: ZOU	ZANNA 9 2, Richard Kingscote 10-11 Fav (H & R C	harlton), drawn (8), 14 ran.					
immin	1	11	BETFRED SUPPORTING MACMI	LLAN NOVICE STAKES (3)					

3.15 BETFRED SUPPORTING MACMILLAN NOVICE STAKES (3) (2-Y-0) 7f Winner £5.400 (8 run)

	(2 1 0) 11 Hillion 20) 100 (0 10h)		
(7)	CAVALLO BAY C Appleby 9-7	DOUBTFUL	
(8)	CHELSEA EMBANKMENT R Beckett 9-7 (SF)	Rossa Ryan -	
(5)	GREEN STORM C Johnston 9-7 (F)	D Muscutt -	
(3)	MOON SNIPER W Muir & C Grassick 9-7		
(2)	SEAGULLS ELEVEN H Palmer 9-7	H Davies -	
(1)	7 YAROOGH (19) W Haggas 9-7	T Marquand •38	G
(4)	APHRODITES ROCK T Dascombe 9-2		
(6)	BAILEYS HONEYMOON Miss A Murphy 9-2	S De Sousa -	
ETTING:	9-4 Green Storm, 3 Chelsea Embankment, 5 Yard	ogh, 15-2 Baileys Honeymoo	'n
	lavan O Anbraditas Dask 12 Maan Crinar		

Seagulls Eleven, 8 Aphrodites Rock, 12 Moon Sniper. 3.50 EBF RESTRICTED MAIDEN FILLIES' STAKES (3) (2-Y-0) 6f Winner £5,400 (13 run)

1 (2)		BINIORELLA BAY Tom Clover 9-2	DOUBTFUL		
2 (1	3)		EARTHY Miss A Murphy 9-2	D Tudhope	-	
3 (10	0)		ENIGMATIC PRINCESS B Millman 9-2	L Edmunds	-	
4 (33	GO ON ROSIE (14) N Tinkler 9-2	F McManoman	67	ST
5 (5)	5	KHUTULUN (23) J Ferguson 9-2	DOUBTFUL		
6 (5)		LOCH LEVEN Ollie Sangster 9-2 (F)	Rossa Ryan	-	
7 (7)		PURE ARTISTRY M Béll 9-2	DOUBTFUL		
8 (1	1)	6	STAGE EFFECT (23) E Walker 9-2 (EW)	T Marguand	54	ST
9 (9)		TOOMUCHFORME K R Burke 9-2 (SF)	S James	-	
10 (1	2) 44	39	FAR ABOVE MARY (15) H Palmer 9-0	H Davies	●72	G
11 (MAKE LOVE James Horton 9-0			
12 (1)		JOHN'S DRAGON T Dascombe 8-12	P-L Jamin	-	
13 (4)	95	LIBERTY BIRD (11) C Johnston 8-12	S De Sousa	65	ST
BET	TING: 1	1-4	Toomuchforme, 7-2 Loch Leven, 4 Far Above	Mary, 15-2 Earthy, 1	0 Sta	age

Effect, 11 John's Dragon, Go On Rosie, 14 Enigmatic Princess. 2023: SARAKANA 9 2, Callum Shepherd 40-1 (E De Giles), drawn (11), 11 ran

STAT OF THE DAY

BATH - BA

Raiph Beckett and Rossa Ryan have a 29 per cent strike rate together at Haydock for a level-stake profit of £44.03. So look out for 2.40 SHEMOZZLE (2.40), CHELSEA EMBANKMENT (3.15) and DOHA (4.55).

O EBF BRITISH STALLION STUDS CECIL FRAIL (FILLIES' AND MARES' LISTED) (1) 6f Winner £28,355 (10 run) 116-7 AZURE BLUE (9) M Dods 5 9-7 (0) (sF) Philosophy (1) (37 Philosophy) (1) (37 P

1			14-1 (9-7) 7 LIT OF 14, 41 DEFITIO MITT SCREATT (9-10) AL TOPK OF GEP 2 (1) QU
2	(7)	11-2	ELECTRIC STORM (35) J Tate 4 9-7 (D) (F) D Tudhope 101 GS
			11-1 (9-8) 2nd of 13, 1¼I behind Adaay In Devon (8-12) at Bath 5f fll Ist stks (1) qd in Apr
3	(9)	21-1	MIDREAM (27) E Walker 4 9-7 (D) T Marquand 90 S
			8-13fav (9-7) Won at Doncaster 6f nov stk (5) sft in Apr beating Cuan (9-0) by 5l, 3 ran
4	(4)	-13798	PREMIERE BEAUTY (20) (H) S C Williams 4 9-7 (D)Rossa Ryan 85 ST
			40-1 (9-8) Last of 8, 13l behind Unequal Love (9-8) at Newmarket 6f fll Ist stks (1) gd
5	(3)	902-74	SOPHIA'S STARLIGHT (35) G Tuer 4 9-7 (D) (EW)
			14-1 (9-8) 4th of 13, 31/21 behind Adaay In Devon (8-12) at Bath 5f fll Ist stks (1) qd in Apr
6	(10)	15-167	GOT TO LOVE A GREY (23) K R Burke 3 9-1
			10-1 (9-0) 7th of 10, 8l behind Jasour (9-3) at Ascot 6f 3yo Grp 3 (1) gs
7	(1)	41-	GUTSY GIRL (275) C Fellowes 3 8-12 (D)
			9-2 (9-2) Won at Carlisle 6f 2yo fll mdn (5) qf in Aug beating Suicide Blonde (9-2) by 31/21, 9 ran
8	(2)	1123	QUEEN OF ZAFEEN (21) R Hughes 3 8-12F Marsh 100 G
			13-2 (9-0) 3rd of 4, 1l behind Boiling Point (9-5) at Newmarket 7f 3yo lst stk (1) gd
9	(8)	4115-	RAQIYA (244) Owen Burrows 3 8-12 (BF, CD)
			9-4fav (9-2) 5th of 9, 24l behind Prime Art (9-2) at Ayr 6f 2yo fll Grp 3 (1) gs in Sep
1	0 (6)	31	THELMA'S ANGEL (22) G Tutty 3 8-12 (D)
			9-2 (9-1) Won at Ayr 6f mdn stks (5) gd beating Jungle Land (9-6) by 21/41, 5 ran
B	FTTI	NG: 6-5	Azure Blue, 11-2 Queen Of Zafeen, 6 Flectric Storm, 10 Sonhia's Starlight.

Midream, Got To Love A Grey, 12 Thelma's Angel. 2023: GET AHEAD 4 9 7, Richard Kingscote 7-4 Fav (C Cox), drawn (7), 9 ran.

4.55 BETFRED MACMILLAN RACE DAY HANDICAP (4) 1m 2f

1	(8)	544-14	PEARL EYE (15) Darryll Holland 4 9-11 (C)Jason W	atson	91	GF
2	(7)	5518-4	NEVER ENDING (22) D O'Meara 4 9-9 (D) (F)	hope (95	GS
			ARKENDALE (23) E Bethell 4 9-7 C Rodr			
4	(2)	341-	DOHA (221) R Beckett 4 9-6 (SF)Rossa	Ŕyan	91	G
5	(3)	18-099	LIGHT SPEED (38) G Tutty 4 9-6 (D)	lason	91	ST
6	(1)	388-60	BODORGAN (20) C Hills 4 9-3	TFUL		
7	(5)	624597	BASHFUL (2) Jardine 6 9-1 (D)	TFUL		
8	(6)	1722-6	TESSY LAD (J17) S England 5 9-0 (D)	scutt	93	ST
9	(4)	65526-	GOLSPIE (244) P Morris 4 9-0	wley	92	G
BI	TTI	NG: 11-8	B Doha, 4 Pearl Eye, 11-2 Arkendale, 8 Never Ending, 10 Light Spec	d, 12	Gols	pie,
14	Tes	sy Lad.				

2023: SPIRIT OF THE BAY 5 9 6, Richard Kingscote 17-2 (C Cox), drawn (6), 7 ran. BETFRED NIFTY 50 HANDICAP (5) (3-Y-0) 1m 2f

				Winner £4,187 (10 run)	-		
3	1	(3)	573-65	OVERLOOKED (27) (V) T Dascombe 9-11	P-L Jamin	77	FM
1	2	(10)	3653	ROGUE RAIDER (13) P Chapple-Hyam 9-10	D Tudhope	75	SS
1	3	(9)	68-8	EXTRA BEAT (27) James Horton 9-9	J Crowley	72	ST
1	4	(1)	-24331	AMANCIO (27) J Channon 9-9 (C) (SF)TAKES TIME (15) D Loughnane 9-8	Rose Dawes (5)	●78	Н
1	5	(2)	7929	TAKES TIME (15) D Loughnane 9-8	Rossa Ryan	72	Н
1	6	(5)	454	CORRALES (31) J Ferguson 9-7 (F)CAMPAIGN MEDAL (14) J & T Gosden 9-6RICH HARRY (13) Alice Haynes 9-5	D Muscutt	72	SF
1	7	(7)	6-67	CAMPAIGN MEDAL (14) J & T Gosden 9-6	DOUBTFUL		
1	8	(6)	53-366	RICH HARRY (13) Alice Haynes 9-5	DOUBTFUL		
3	9	(4)	53-576	SOVEREIGN NATION (37) C Johnston 9-4	S De Sousa	76	GF
1	10	(8)	59-6	GELICEAUX (18) (H) E Walker 9-2	DOUBTFUL		
1	BE	TTI	NG: 13-	3 Amancio, 5-2 Rogue Raider, 9-2 Corrales, 6 E	xtra Beat, 8 Sovereigr	Nat	ion
1				I, 14 Takes Time.	•		
1	20	22· L	UC EUA	9 5 Moil Callan 7-4 Fay (F Dunlon) drawn (8) 9 ran			

TODAY'S FAB 4 TIPS

NORTHERNER'S NAP (3.35 Goodwood

5.55 HF
7.30 HF
7.30 HF
2.25 GW
6.10 BA
2.15 BA
2.15 BA
2.15 BA
6.10 BA
6.15 PF
1.50 GW
7.45 PF
1.50 GW
7.45 PF
1.50 GW
7.40 HF
3.25 BA
3.30 BA
4.30 BB
4.30 B

TOPSPOT AZURE BLUE (4.20 Haydock)

NEWMARKET'S BEST WILD TIGER (4.10 Goody

SPEEDHORSE
JUANA INES (3.00 Goodwood)

NEWSBOY 2.05 MINERS GAMBLE 2.40 SHEMOZZLE 3.15 YAROOGH 3.50 TOOMUCHFORME 4.20 AZURE BLUE 4.55 NEVER ENDING 5.25 AMANCIO 5.25 AMANCIO

5.25 AMANCIO
BOUVERIE
2.05 HELLO COTAI
2.40 MIZUUMI
3.15 CHELSEA EMBANKMENT
3.50 TOOMUCHFORME
4.20 AZURE BLUE (NB)
4.55 PEARL EYE
5.25 AMANCIO

E Dunlop 8-49 (†6.3%). **TOP JOCKEYS:** Tom Marquand 24-137 (17.5%), Jim Crowley 22-92 (23.9%), Daniel Tudhope 20-176 (11.4%), David Allan 14-147 (9.5%), Silvestre De Sousa 12-72 (16.7%), Rossa Ryan 12-80 (15.0%), Callum Rodriguez 11-53 (20.8%), Paul Mulrennan 10-116 (6.9%), Kieran Shoemark 8-61 (13.1%), Jason Watson 8-79 (10.1%), Pierre Jamin 6-27 (22.2%), Sam James 6-48 (12.5%)

6-48 (12.5%).

1ST TIME BLINKERS: 2.05 Hello Cotai.

CHEEKPIECES: 2.05 Between Me And U*,
4.55 Arkendale, Bashful, Pearl Eye, 5.25 Rich

Harry, Rogue Raider*.

TONGUE STRAPS: 2.05 Miaswell*,
4.55 Bashful, Bodorgan, Never Ending*, 5.25
Compain Medal*, (*=1st time).

PROFITABLE RACES FOR FAVS: 4.20. **LONGEST TRAVELLER**

By road, trainer Karl Burke sends ROYAL RHYME (3.35) on a 298-

mile trip from Middleham Moor, North Yorkshire to Goodwood.

(Top in-form jockey with just one booked ride) Sam Twiston-Davies: JUMEIRAH KING (5.20 Hereford)

DREAM COMPOSER (5.10 Goodwood) and MUJTABA (3.35 Goodwood)

TODAY'S ABC GUIDE TO FIVE UK MEETINGS

GOODWOOD - GW			Boasted	4.00	BA	Don Rafael	5.20	HF	Hardy Boy
HAYDOCK - HD			Bodorgan	4.55	HD	Dream Composer	5.10	GW	Harswell Duke
HEREFORD - HF			Bolo Neighs	2.50	BA	Duc Du Rene	5.20	HF	Havaila
PONTEFRACT - PF			Book Of Life	4.10	GW	Dynamite Katie	6.10	BA	Havana Goldrush
Able Kane	4.10	GW	Bownder	1.50	GW	Eagle Of The Glen	8.00	HF	Hearitfortheboys
Acklam Express	5.10	GW	Boyfriend	4.40	GW	Earthy	3.50	HD	Hello Cotai
Aesterius '	2.50	BA	Breathtaking	8.15	PF	Eighteen Fourteen	7.45	PF	Hieronymus
Al Sayah	7.00	HF	Call Time	2.15	BA	Electric Storm	4.20	HD	Home And Dry
All Too Well	5.00	BA	Campaign Medal	5.25	HD	Elegancia	3.35	GW	Hostelry
Amancio	5.25	HD	Captain Attridge	8.00	HF	Emporess	2.50	BA	Hucklesbrook
Angle Land	5.10	GW	Caragio	4.10	GW	Empress Wu	3.35	GW	Hurtle Wallop
Aphrodites Rock	3.15	HD	Carev Street	5.30	BA	Enchanted Life	6.45	PF	I Need Your Love
Arabian Sun	1.50	GW	Catch The Light	5.00	BA	Enigmatic Princess	3.50	HD	Inca Trail
Aragon Castle	4.40	GW	Cavallo Bay	3.15	HD	Entrancement	3.00	GW	Inchiquin Spirit
Ardennes	2.50	BA	Change Of Fortune	5.30	BA	Enzos Angel	5.30	BA	Independent Beau
Arkendale	4.55	HD	Charles St	5.55	HF	Esprit Queen	6.45	PF	Isle Of Jura
Ashen	1.50	GW	Chelsea Embankment	3.15	HD	Essme	3.25	BA	Jade Country
Atty's Edge	3.25	BA	Cher Tara	7.00	HF	Expensive Rose	7.45	PF	Jax Edge
Aurora Dawn	4.10	GW	Chinook	7.00	HF	Extra Beat	5.25	HD	Jaxonne
Avon Light	3.00	GW	Cinque Verde	4.30	BA	Eye Of The Water	6.10	BA	Jimmy Mark
Ayyab	3.00	GW	City Escape	5.30	BA	Fáir Wind	5.10	GW	Jo's Rainbow
Azure Blue	4.20	HD	Claymore	3.35	GW	Famoso	6.30	HF	John's Dragon
Baileys Honeymoon	3.15	HD	Cloudy Breeze	3.25	BA	Far Above Mary	3.50	HD	Joie De Vivre
Ballymagee	6.30	HF	Clover Pass	5.20	HF	Fiftyshadesaresdev	8.15	PF	Josies Kid
Bama Lama	4.00	BA	Colonel Lesley	8.00	HF	Flame Of Kodiac	5.30	BA	Juana Ines
Bare Elegance	6.45	PF	Connie's Rose	4.30	BA	Fossdale	2.40	HD	Jumeirah King
Basford	5.55	HF	Constitution	5.20	HF	Galactic Glow	5.30	BA	Kangaroo
Bashful	4.55	HD	Corrales	5.25	HD	Geliceaux	5.25	HD	Kauto The King
Be Frank	4.10	GW	Crews Pitch	8.00	HF	Gert Lush	6.10	BA	Kentucky Bluegras
Beannaigh Do	6.30	HF	Cuda Been A Rowlex	7.45	PF	Glendine	2.50	BA	Khutulun
Beauhaather	7.45	PF	D Flawless	2.40	HD	Glistening Nights	8.15	PF	King Sharja
Behind The Curtain	5.55	HF	Daffin	5.30	BA	Global Esteem	5.20	HF	Kintaro
Ben Buie	6.30	HF	Dandy Lichious	2.05	HD	Global Spirit	6.15	PF	Korroor
Berkshire Kameo	1.50	GW	Dark Fandango	2.15	BA	Go On Rosie	3.50	HD	Lady Ava
Betties Bay	4.40	GW	Dartman	5.20	HF	Gogo Yubari	2.15	BA	Laté Arrival
Between Me And U	2.05	HD	Desert Time	2.40	HD	Golspie	4.55	HD	Lepashe
Biddable	2.50	BA	Diamond Cottage	4.00	BA	Good Impression	8.00	HF	Liberty Bird
Big Jim Beam	6.30	HF	Dickieburd	8.45	PF	Gordon Grey	7.15	PF	Light Speed
Binadham	2.50	BA	Distinction	6.15	PF	Got To Love A Grev	4.20	HD	Lihou

Loch Leven Loddon Long Call Louis Treize Love Games Love Warrior Love Wars Love You Dark

3.50 4.00 7.45 6.40 7.45 6.40 7.45 6.50 4.00 6.30 4.00 6.30 6.30 6.30 6.30 6.30 6.30 6.45 6.15 2.05 3.25 6.15 2.40 6.15 2.40 6.15 2.40 6.15 2.40 6.15 2.40 6.15 Miguei Milbanke Military Queer Million Thanks Miners Gamble Minstrel Knigh Moe's Legacy Moon Sniper More Than Likely Morning Fort Moulin Booj Mr Baloo

My Honey B Mysteryofthesa Mythical Never Ending Night Breeze Night On Earth No More Bolero No Niki No Only Fools Original Outlaw Ottoman Force Outback Frontie HDF AAA PFFAAFA BAW HIF GWAW BAD WFFFFDDAD BAD HIF GWAW BAD WFFFFDDAD BAD HIF GWAW BAD WFFFFDDAD BAD BAFFF GWAAFFF Premiere Beau Princess Karine Profit Street Pure Artistry Queen Of Zafee Queen's Reign Questionable Quoi De Neuf Racing Demon Racingbreaks R

Outback Frontiers
Overlooked
Ower Starlight
Papabella
Passion And Glory
Pearl Eye
Pellitory
Pendlebury Lane
Penny Ghent
Perfidia
Pink Lily
Pittsburg

PFDF HBA GHF GBA HBA BBW HBA B Run Cmc Running Star Ryder's Rock Safari Dream Sarah's Verse Savannah Smiles Savvy Warrior Sea Master Sea Of Roses Sea Stream Seagulls Eleven Seasmoke She's Centimental Shemozzle Siegen Silent Flame Sir Palamede

Reveal Revenue Rich Harry Riskinthea

7.45 PF
2.05 HD
2.05 HD
5.25 HD
5.25 HD
5.25 HD
5.25 GW
5.25 HD
5.30 BA
3.35 GW
4.40 GW
4.30 BA
3.25 BA
3.35 PF
7.15 P

Toomuchforme Triple Nickle True Wisdom Uncle Arthur Under The Sea

Sweet Fantasy Swinging London Symbolic Spirit Tactical Plan Tactical Plan Tactical Plan Takes Time Tampico Rocco Temporize Ten Club Tessy Lad The Flying Seagull The Smiling Wolf The Ima's Angel Thewind Cries Mar Time Interval Time Tells All Toimy Son Tointy Son Tointo Foley Under The Sea Unpluged Uther Pendragor Vault Of Heaven Ventura Express Vino Victrix Vitalline Watchya We're Reunited Whatacracker White Mist Whitehall Flyer Whytzat Wild Tiger Ya Haffid Yaroogh

RTV

GOING: Soft.
COURSE: Left-handed oval track of 1m 5f with a 4f straight. The 5f & 6f races are run on the straight.
DRAW: A high draw is a big advantage, especially on soft.

DHAW: A nigh or awa is a big advantage, especially on soft.

TOP TRAINERS: W Haggas 47-186
(25.3%), R Beckett 29-115 (25.2%), T Dascombe 28-220 (12.7%), K R Burke 27-219 (12.3%),
T Easterby 24-308 (7.8%), E Walker 24-131
(18.3%), D Olkeara 21-206 (10.2%), C Appleby 20-62 (32.3%), J & T Gosden 19-87 (21.8%), C Hillis 19-94 (20.2%), M Dods 13-110 (11.8%), J Camacho 9-54 (16.7%), E Berliel 9-39 (23.1%),
E Dunlop 8-49 (16.3%), E Morgueard 24-137

SINGLE-SHOT STAR

NEWSBOY'S DAILY DOUBLE

GOODWOOD

NEWSBOY 1.50 THE FLYING SEAGULL, 2.25 MAXIDENT, 3.00 YA HAFHD, 3.35 MUJTABA (NB), 4.10 STREET KID, 4.40 ZAIN BLUE, 5.10 DREAM COMPOSER (NAP). BOUVERIE 1.50 THE FLYING SEAGULL, 2.25 HAVAILA, 3.00 SWEET FANTASY, 3.35 SEA OF ROSES, 4.10 BE FRANK, 4.40 ZAIN BLUE, 5.10 BISHOP'S CROWN

GOING: Good-Good to Soft in places. COURSE: A tricky right-handed undulating switchback track with two bends. There is a straight of track. DRAW: In big fields over 7f and 1m a low

draw is an advantage.

TOP TRAINERS: A Balding 42-261
(16.1%), W Haggas 29-140 (20.7%), R
Hannon 24-266 (9.0%), J & T Gosden 22-108
(20.4%), R Beckett 21-144 (14.6%), C Hills
7. 13.143 (19.0%)

Egan 12-140 (8.6%), Pat Dobbs 12-115 (10.4%), Robert Havlin 11-53 (20.8%),), Joe

Fanning 11-118 (9.3%).

1ST TIME BLINKERS: 3.35 Mujtaba.
CHEEKPIECES: 2.25
Pledgeofallegiance, 4.10 Caragio,
Hieronymus, Street Kid, Tahitian Prince, Wild
Tiger, 5.10 Dream Composer, Safari Dream. Tiger, 5.10 Dream Composer, Safari Dream. **1ST TIME TONGUE STRAPS:** 4.10

4 10

31 (13.0%),	1ST RUN SINCE WIND OP: 5.10
	Acklam Express. PROFITABLE RACES FOR FAVS: 4

1.5	50	EBF NOVICE STAKES (4) 2-Y-0) 6f Winner £7,851 (10 run)	4	7
1 (10		ARABIAN SUN C Cox 9-7	8	3
2 (5		ASHEN M Tregoning 9-7 H Turner	- 8	
3 (3		BERKSHIRE KAMEO A Balding 9-7 O Murphy] E	BE
4 (7		BOWNDER (39) J Portman 9-7David Egan	48 GF	•
5 (1		HUCKLESBROOK R Teal 9-7 (EW)		1
6 (8		INCA TRAIL M Tregoning 9-7T Whelan		-
7 (9		ORIGINAL OUTLAW R Beckett 9-7 (F)		•
8 (4		RED SAND (18) E Walker 9-7S Osborne	76 S	
9 (2		SIEGEN (18) R Hannon 9-7 Pobbs	71 \$	•
:- '-		THE FLYING SEAGULL (15) H Palmer 9-7 (SF)W Buick		ł
		Original Outlaw, 9-2 The Flying Seagull, 5 Others.	•11 Ur 5	Š
				5
2	25	WILLIAM HILL EXTRA PLACE RACES HANDICAP		7
2	25	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run)	8	
2	25	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9-12 (C) (EW) K Stott	92 ST 9	
2. 1 (10 2 (9	25) 03-) 53-	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9-12 (C) (EW)	92 ST 9	
2. 1 (10	25) 03-) 53-) 13	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9-12 (C) (EW)	92 ST 9 93 GF 1	9
2.1 (10 2 (9 3 (4 4 (7	25) 03-) 53-) 13	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9-12 (C) (EW)	92 ST 99 93 GF 1 90 SF 1	9 10 11
2.1 (10 2 (9 3 (4	25) 03-) 53-) 13) 32	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9-12 (C) (EW)	92 ST 93 GF 11 90 SF 11 91 G	9 10 11 BE
2.1 (10 2 (9 3 (4 4 (7	25) 03-) 53-) 1-3) -32) 4-4	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9-12 (C) (EW)	92 ST 93 GF 11 90 SF 11 91 G	9 10 11
2.1 (10 2 (9 3 (4 4 (7 5 (6	25) 03-) 53-) 1-3) -32) 4-4) -23	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (2(2)) S Hosie 5 9-12 (D) (EW)	92 ST 93 GF 11 90 SF 11 91 G 15 91 GF 15 91 GF 16 16 16 16 16 16 16 16 16 16 16 16 16	9 10 11 BE
1 (10 2 (9 3 (4 4 (7 5 (6 6 (5	25) 03-) 53-) 1-3) -32) 4-4) -23) 1-2) -6U	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9-12 (C) (EW)	92 ST 93 GF 11 90 SF 11 91 G 91 GF 92 GS	9 10 11 BE
2 (10 2 (9 3 (4 (7 5 (6 (5 7 (8 8 (1)	25) 03-) 53-) 1-3) -32) 4-4) -23) 1-2) -6U	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9-12 (C) (EW)	92 ST 1 1 90 SF 1 1 90 SF 1 91 GF 92 GS 94 S 1 2 93 GS 1 2 93 GS 1 2 93 GS 1 2 93 GS 1 2 94 S 1	9 10 11 BE
2 (10 2 (9 3 (4 4 (7 5 (6 6 (5 7 (8 8 (1	25) 03-) 53-) 1-3) -23) 4-4) -23) 1-2) -6U) -34	WILLIAM HILL EXTRA PLACE RACES HANDICAP (2m Winner £10,308 (10 run) TEMPORIZE (212) S Hosie 5 9+12 (C) (EW)	92 ST	9 10 11 BE

9-2 Havaila, 5 Manxman, 11-2 Maxident, Robert Johnson, 6 llegiance, 8 Vino Victrix, Plus Point, 10 Yorkindness. 3 00 BRITISH STALLION STUDS EBF FILLIES' HANDICAP

•		v	(3) IIII 41 WIIIIIEF £25,170 (11 Full)	
1	(10)	12-	DIVINA GRACE (230) R Guest 4 10-2 (D)	89 GF
2	(5)	-62	SWEET FANTASY (27) James Owen 5 10-0 (D) C Shepherd	●92 S
3	(4)	-23	AYYAB (48) S Woods 4 9-11 (EW) R Havlin	91 ST
4	(7)	13-	JUANA INES (231) (H) Harry Charlton 4 9-11 (F)W Buick	78 G
5	(2)	0-4	NO NIKI NO (19) (B) E O'Neill (FR) 8 9-10 K Stott	88 YS
6	(9)	2-7	ENTRANCEMENT (34) D Menuisier 4 9-8 (C) O Murphy	90 S
7	(8)	113	AVON LIGHT (13) W Muir & C Grassick 4 9-7 S Osborne	90 ST
8	(1)	1-2	YA HAFHD (28) R Varian 4 9-4 (BF) (SF)R Dawson	90 S
9	(3)	4-2	TRUE WISDOM (44) C Johnston 3 8-8 J Fanning	84 ST
10	(11)	1-4	STRUTTING (19) J & T Gosden 3 8-6 T Heard (3)	77 G
11	(6)	-23	MALLAVELLY (21) J Chapple-Hyam 3 8-4H Turner	76 GF
	TTING	: 9-2	2 Ya Hafhd, 5 Juana Ines, 13-2 Mallavelly, 8 True Wisdom, na Grace, Strutting, 10 Ayyab.	

3.35 WILLIAM HILL FESTIVAL STAKES (LISTED) (1) 1m 2f

1	(8)		ISLE OF JURA (77) G Scott 4 9-6 (D) C Shepherd 114 GF				
2	(5)		ROYAL RHYME (216) K R Burke 4 9-6 (CD) (SF) C Lee ●121 GF				
3	(7)	476	CLAYMORE (37) J Chapple-Hyam 5 9-3 (D) David Egan 116 G				
4	(6)	-68	MUJTABA (34) (B) W Haggas 6 9-3 (D) (F)				
5	(2)	070	PASSION AND GLORY (55) S bin Suroor 8 9-3 (C, D) (EW) K Stott 112 G				
6	(3)	06-	ELEGANCIA (195) (H) Harry Charlton 4 8-12 (D) T Whelan 107 GF				
7	(4)	64-	EMPRESS WU (199) D M Simcock 4 8-12 (D) L Morris 113 S				
8	(1)	-43	SEA OF ROSES (20) A Balding 4 8-12 O Murphy 113 GF				
BE'	BETTING: 11-10 Royal Rhyme, 9-2 Muitaba, 11-2 Sea Of Roses, 6 Isle Of Jura, 16						
Em	Empress Wu, Passion And Glory, Claymore, 25 Elegancia.						
_							

4.10 WILLIAM HILL EPIC BOOST HANDICAP (3) 7f

		V I	rillier £10,400 (12 rull)	
1	(3)	241	WILD TIGER (20) S bin Suroor 5 9-11 (D) (SF) O Murphy	95 G
2	(2)	-12	STREET KID (33) K P De Foy 6 9-10 (D)	98 SF
3	(11)	-38	TOIMY SON (33) D Menuisier 5 9-9 (D) (EW) Kyle Strydom	99 GS
4	(8)	227	SMOKY MOUNTAIN (76) C Fellowes 4 9-4 (D) C Shepherd	99 ST
5	(1)		HIERONYMUS (34) G Baker 8 9-4 (D) C Bishop	▶103 ST
6	(12)	-00	RACINGBREAKS RYDER (20) C Hills 4 9-4 (D)W Buick	87 S
7	(4)	-40	CARAGIO (13) R Teal 4 9-4 (D)	99 ST
8	(10)	7-4	BE FRANK (21) H Candy 4 9-3 (F)T Whelan	99 G
9	(6)	-74	ABLE KANE (18) B Millman 7 9-1 (D)R Coakley	102 GF
10	(5)	1-5	AURORA DAWN (39) E Walker 4 9-1 (D) S Osborne	98 GF
11	(7)	-00	BOOK OF LIFE (33) Williams 4 9-1 (D)David Egan	86 S
12	(9)	1-7	TAHITIAN PRINCE (23) G Baker 7 8-13 (D)P Cosgrave	98 ST
BE	TTING	: 15·	8 Wild Tiger, 4 Be Frank, 10 Street Kid, Smoky Mo	untain,
Ra	cingb	reaks	Ryder, Aurora Dawn, 12 Able Kane, Caragio.	

A A RACEHORSE SHARES FROM 45 AT RACINGCLUB.COM

\neg			HANDICAP (4) (3-1-0) IIII WIIIIIEI	£0,021 (11 1 uii)		
1	(7)	-52	ARAGON CASTLE (27) A Balding 9-9 (F)	O Murphy	91	Н
2	(5)		QUEEN'S REIGN (24) E Walker 9-7		89	G
3	(9)		MR BALOO (23) R Hannon 9-7 (D)		91 :	ST
4	(1)		BOYFRIEND (14) R Hannon 9-7			
5	(3)		BETTIES BAY (20) G Nicholls 9-6			
6	(11)		MR MONACO (224) R Beckett 9-6			
7	(8)		ZAIN BLUE (14) J Butler 9-5 (SF)			
8	(2)	30-	SPANISH BLAZE (224) M Tregoning 9-4 (EW)T Whelan	90	G
9	(6)	-61	RUKAANA (13) C Hills 9-3 (D)	W Buick	90 (GF
10	(4)		MIGUEL (53) J Channon 9-2 (D)			
11	(10)	-49	THE SMILING WOLF (14) J Channon 8-13	C Bishop	93	G
BF.	TTING:	4 Ru	kaana, 11-2 7ain Blue, 6 Mr Monaco, Mr Baloo,	Aragon Castle.		

5	5.1	0	GOODWOOD HEALTH RETREATS HANDICAP (3) 50 Winner £10,468 (10 run)	f	
1	(9)	038	DREAM COMPOSER (14) H Evans 6 9-9 (CD) (F)J Leavy (5)	96 GS	
2	(8)	-12	BISHOP'S CROWN (21) E J-Houghton 4 9-7 (SF)C Bishop	98 S	
3	(6)	00-	ACKLAM EXPRESS (230) C Cox 6 9-6 (CD) K Stott	93 GS	
4	(3)		FAIR WIND (23) Owen Burrows 4 9-6 (D)P Dobbs	95 GS	
5	(1)	215	NIGHT ON EARTH (15) Williams 6 9-4 (D0) S Osborne	94 GF	
6	(2)		SPRING BLOOM (38) R Eddery 7 9-3 (D) D Keenan	99 GF	
7	(4)	060	WATCHYA (4) G Baker 5 9-3P Cosgrave	90 ST	
8	(5)	033	SAFARI DREAM (19) B Millman 4 8-9 (BF, D) O Murphy	96 S	
9	(10)	-86	ANGLE LAND (25) (V) R Cowell 5 8-8 (CD)H Turner	97 GF	
10	(7)		LIHOU (19) P Evans 8 8-7 (CD) (EW)	94 ST	
BETTING: 7-2 Bishop's Crown, 4 Fair Wind, 5 Dream Composer, 13-2 Night On Earth, 8 Safari Dream, 10 Lihou, Angle Land, 12 Spring Bloom.					

TODAY'S BAGS DOGS

CENTRAL PARK 11.09 Glasheen Mist (5-6-1) 11.27 Strong Flourish (4-1-3) 11.43 Ridgedale Lolls (Nap) (6-5-3) 12.01 Teddys Sister (6-3-1) 12.18 Marffield Denise (3-6-1) 12.34 Natural Bandit (5-1-2) 12.51 Fastlane Bex (4-6-3) 1.08 Burnpark Twinkle (2-6-3) 1.26 Trombeg Bale (5-2-6) 14.24 Popsi Girl Cerys (2-1-4) 1.59 Warcorrespondent (5-3-6) 21.44 Westwood Lenny (6-1-4) CRAYFORD 2.23 Jeli Flash Bang (Nap) (4-2-1) 2.41 Wicky Whacker (2-1-3) 3.01 Butterbridge Lol (2-4-3) 3.19 Moaning Clyde (1-6-3) 3.38 Highbury

Gold (5-2-3) 3.57 Snoozing Star (5-6-4) 4.16 Teachers Tornado (2-5-1) 4.34 Outback Laura (1-6-5) 4.53 Olwinn Dasher (1-4-5) 5.12 Clongeel Thomson (3-2-5) 5.31 Postman Cat (4-1-6) 5.49 Moaning Gentile (3-5-4) HOVE 11.01 Viva Forever (6-3-1) 11.18 Luna Outof Orbit (3-1-4) 11.34 Droopys Flotus (Nap) (1-6-3) 11.52 Glory Tiger (2-4-5) 12.09 Tullamore Prince (6-1-2) 12.02 Supring Pegasus (2-3-5) 12.42 Miss Bee United (5-1-4) 12.59 King Marvin (5-2-3) 1.17 Toffee Tiger (5-4-1) 1.33 Wheres Bella (3-6-1) 1.51 Punkrock Warrior (3-1-2) 2.07 Joyces Bolger (4-3-1)

BATH

GOING: Good to Soft.
COURSE: Left-handed oval track of 1m
4f, 4f run-in, with chutes on the back straight
for the 1m 3½ fand 1m stars. Races over
5f and 5½ fstart on an extension to the
borne straight. (18.9%), B Millman 21-143 (14.7%), E

home straight.

DRAW: Low numbers have a slight

DHAW: LOW INDINCOLOR AND A Advantage up to 1m
TRAINER TARGETS (won today's race at least twice in last 10 years):
M Saunders won the 4.30 in 22 and 23.
TOP TRAINERS: C Cox 31-118 (26.3%),
A Carroll 29-299 (9.7%), A Wintle 24-127

J-Houghton 20-114 (17.5%). **TOP JOCKEYS:** Liam Keniry 17-167 (10.2%), Kieran O'Neill 13-143 (9.1%), B 1ST TIME BLINKERS: 2.15 Moe's

Legacy, Uttoman Force. **1ST TIME TONGUE STRAPS:** 3.25 1ST RUN SINCE WIND OP: 3.25 Independent Beauty.

1ST TIME HOODS: 6.10 Mawada.

RACES FOR FAVS: 2.50.

2.15 RUHX EXTRAORDINARY HANDICAP (5)

٠.	J	(3-Y-0) 6f Winner £3,716 (9 run) FORM	I 😃	
(2)		GOGO YUBARI (13) D Cunha 9-11 (D) R Clutterbuck	73 SI	F
(9)		OTTOMAN FORCE (22) (B) D Holland 9-9 (EW) B Loughnane		S
(5)	6-7	CALL TIME (32) J S Moore 9-9 L Keniry	70 G	S
(6)	4-5	DARK FANDANGO (18) C Hills 9-8W Cox	72 (3
(3)	515	TEN CLUB (23) (H) J Osborne 9-8 (BF, D)	74 S	T
(7)	1-2	PROFIT STREET (21) N Tinkler 9-8 (F) A Jary (5)	75 S	T
(1)	271	HEARITFORTHEBOYS (25) A Carroll 9-7 (D) (SF) J Doughty (7)	●78 G	S
(8)		REVENUE (8) E J-Houghton 9-3 Georgia Dobie (3)		
(4)	368	MOE'S LEGACY (35) (B) R Harris 9-0 (D) C Fallon	76 S	T
TTIN	G: 3 P	rofit Street, 7-2 Hearitforthehovs, 6 Gono Yuhari, 7 Revenu	Ie.	

2	5	O	M 3 CHURCH CONTRACTING NOVICE STAKES (5) (2-Y-0) 5f Winner £3,402 (11 run)	,	
	(9)		BINADHAM (31) K P De Foy 9-11 (D)B Sayette	77	
	(10)		AESTERIUS A Watson 9-4 (SF)James Doyle		-
	(4)		ARDENNES E Walker 9-4 (EW)Billy Loughnane	-	-
	(5)	2	BOLO NEIGHS (20) R Beckett 9-4 (BF) (F) R Clutterbuck	9 79	G
	(7)		GLENDINE P Evans 9-4G Downing		-
	(3)		MUKABER R Hannon 9-4S M Levey		-
	(8)		REDORANGE C Cox 9-4 J Fahy	-	-
	(6)	4	SIR PALAMEDES (20) C Fellowes 9-4 K Shoemark	71	G
	(11)	68	BIDDABLE (15) T Dascombe 8-13	65	GF
)	(2)	5	EMPORESS (19) B Millman 8-13Gina Mangan (3)	68	GS
	(1)	34	SUBSONICTOSHANNON (11) J Channon 8-13E Greatrex	75	ST
ΕΊ	TING:	3 A	esterius, 7-2 Binadham, 5 Bolo Neighs, 7 Mukaber.		

C Beasley 91 G	BET?	TING: 3 A	esterius, 7-2 Binadham, 5 Bolo Neighs, 7 Mukaber.	
91 GF		25	OCTACON CONSULTANCY HANDICAD (DIV 1) (6)	6f
David Egan 92 GS	. 	בא.	OCTAGON CONSULTANCY HANDICAP (DIV 1) (6) Winner £2,983 (11 run)	0.
) R Havlin 94 S	N -			
P Cosgrave 84 G	1 (1		SYMBOL OF HOPE (18) J & R Flint 6 9-11 (CD) (SF)Ethan Jones (7)	61 G
G Wood 93 GS	2	(1) 486	SAVANNAH SMILES (10) G Harris 4 9-10 (D)C Hutchinson (3)	65 SF
W Buick ●95 GS	3	(4) 942	MEDIA GUEST (15) M Gillard 6 9-9 (D) (F)L Keniry	63 ST
nt. Robert Johnson, 6	4	(2) 35-	ATTY'S EDGE (227) C Mason 8 9-8 (C, D)	64 G
ndness.	5	(6) 9-6	MORE THAN LIKELY (9) Mrs N Evans 8 9-7 (CD) (EW) N Currie	59 SF
LLIES' HANDICAP	6	(9) -23	MIDNIGHT FLAME (9) Joe Ponting 4 9-4K O'Neill	65 G
	7	(8) 46-	CLOUDY BREEZE (225) G & J Moore 4 9-2 R Clutterbuck	67 GF
D Keenan 89 GF	8 ((11) -57	WE'RE REUNITED (18) M Blake 7 9-0 (CD)L Catton (5)	66 G
D) C Shepherd ●92 S	9	(5) 045	KANGAROO (25) (V) P McEntee 4 9-0Grace McEntee (3)	64 SF
R Havlin 91 ST	10		ESSME (131) R Cook & J Bridger 6 9-0W Carson	64 G
(F)W Buick 78 G	S		INDEPENDENT BEAUTY (73) L Williamson 6 9-0.A Jary (5)	62 SF
K Stott 88 YS	BET!		idnight Flame, 9-2 Media Guest, 5 Symbol of Hope.	
2 00 10000	§			

4.00 OCTAGON CONSULTANCY HANDICAP (DIV 2) (6) 6f

	(8)		LIOSA (25) W Kittow 4 9-10 (BF, D) (F)G Rooke	62 G
•	(3)	8-9	DIAMOND COTTAGE (3) M Saunders 7 9-9 (D)W Carson	53 G
3	(10)	195	VITALLINE (39) (B) K Burke 6 9-9 (BF, D) (SF) Josephine Gordon	67 ST
ļ	(1)	830	PORT NOIR (10) R Stephens 7 9-7 (CD) Jack Doughty (7)	65 ST
j	(4)	783	BAMA LAMA (18) B Millman 6 9-6 (D) O Searle (7)	65 G
j	(9)	547	JOSIES KID (31) Alice Haynes 5 9-4K O'Neill	66 G
•	(7)	694	LOUIS TREIZE (10) (H) D Faulkner 8 9-0 (D) (EW)L Coughlan (3)	62 SS
	(2)	8-2	MALHAM TARN COVE (9) Steph Hollinshead 5 9-0 D Costello	●68 G
)	(5)	568	LUPSET FLOSSY POP (15) G Brown 4 9-0 (D) Liam Wright (5)	64 ST
0	(6)	8-0	BOASTED (27) K Frost 5 9-0 Alec Voikhansky (3)	49 G
B	FTTING	3 B	ama Lama, 7-2 Malham Tarn Cove, 5 Vitalline, 6 Liosa.	

NEWSBOY
2.15 HEARITFORTHEBOYS
2.50 BINADHAM
3.25 ATTY'S EDGE
4.00 MALHAM TAM COVE
4.30 CONNIE'S ROSE
5.00 DIVINE PRESENCE
5.30 CAREY STREET
6.10 RACING DEMON

BOUVERIE
2.15 HEARITFORTHEBOYS
2.50 BINADHAM
3.25 MEDIA GUEST
4.00 BAMA LAMA
4.30 CINQUE VERDE
5.00 LOVE YOU DARLING
5.30 CITY ESCAPE
6.10 HAVANA GOLDRUSH 6.10 HAVANA GOLDRUSH

	rov	v	Winner £3,7 io (io run)	
ı	(8)	611	CINQUE VERDE (8) A Carroll 4 9-10 (D) (SF) Jack Doughty (7)	●85 S
2	(1)		REDREDROBIN (16) M Saunders 7 9-9 (CD)W Carson	84
3	(9)	4-5	STARPROOF (13) W Muir & C Grassick 4 9-9 (D) (F) N Currie	81 G
4	(6)	817	SHE'S CENTIMENTAL (15) Alice Haynes 4 9-9 (D)K O'Neill	81 S
5	(10)		CONNIE'S ROSE (10) G Harris 5 9-4 (BF, C, D)C Hutchinson (3)	83 G
6	(7)		JAX EDGE (32) C Mason 4 9-3 (CD)Gina Mangan (3)	83 G
7	(4)		SILENT FLAME (26) B Millman 6 9-3 (D)G Downing	78 G
В	(5)		SARAH'S VERSE (13) R Harris 7 9-0 (CD) (EW) M Ghiani	82 S
9	(2)		WHITE MIST (37) (V) Mrs I G-Leveque 4 8-8 (D) . Jimmy Quinn	83 S
10	(3)	42-	PAPABELLA (191) W Kittow 4 8-7G Rooke	82 G
BE	TTING	: 5-2	Cinque Verde, 5 Starproof, 11-2 White Mist, 6 Papabella.	

5 00 FG BOND FILLIES' NOVICE STAKES (5) 1m 2f

			Willie Lojo-L (1 rull)	
1	(7)		POPPYDORA W Knight 4 10-2 M Ghiani	-
2	(1)	5	ALL TOO WELL (16) J & T Gosden 3 9-2 B Sayette	47
3	(6)		BITTALEMON (35) W Haggas 3 9-2 (F) C Fallon	
4	(5)	3-	CATCH THE LIGHT (259) A Balding 3 9-2 James Doyle	53
5	(3)	4-4	DIVINE PRESENCE (21) J & T Gosden 3 9-2 K Shoemark	69
6	(4)	5-2	LOVE YOU DARLING (20) B Brookhouse 3 9-2 (SF). A Rawlinson	●70
7	(2)	5-3	SEA STREAM (41) C Hills 3 9-2Billy Loughnane	62
BE	TTING		Love You Darling, 3 Bittalemon, 9-2 Catch The Light, 5 All To	

•			IIII WIIIIEI EE,703 (13 IUII)		
1	(1)		LUNARIO (14) (B) Alice Haynes 4 9-11 (D)K O'Neill	73	GF
2	(9)	0-0	GERT LUSH (46) R Teal 7 9-9 (EW)W Cox	77	G
3	(6)	8-6	MAWADA (18) (H) A Wintle 4 9-7Billy Loughnane	67	GF
4	(11)	-08	NIGHT BREEZE (33) Williams 4 9-5 D Costello	74	S
5	(5)	0-9	JADE COUNTRY (35) J & R Flint 5 9-4 (D)C Bennett	76	GF
6	(7)	U91	RACING DEMON (10) (H) E De Giles 4 9-4 (D) (SF)G Rooke	73	S
7	(12)		EYE OF THE WATER (10) R Harris 8 9-2 (CD) C Fallon		GS
8	(3)		HAVANA GOLDRUSH (26) (B) J S Moore 5 9-2 (BF, CD) (F). S Mohd (7)		ST
9	(8)	-83	RIVAL (26) J & R Flint 6 9-1 (D)Ethan Jones (7)	71	G
10	(13)	-78	LONG CALL (10) A Carroll 11 8-12W Carson	76	G
11	(2)	46-	RUN CMC (199) (V) P Chamings 4 8-12 A Farragher	●78	GF
12	(4)	8-0	DYNAMITE KATIE (26) (H) G Harris 4 8-10 C Hutchinson (3)	71	SS
13	(10)	574	OWER STARLIGHT (25) D Hitchins 6 8-9 (D)A Voikhansky (3)	71	G
RF	TTING	11-4	Racing Demon 9-2 Lunario 5 Eve Of The Water		

6.15 HARSWELL DUKE 6.45 ENCHANTED LIFE 7.15 JOIE DE VIVRE 7.45 TACTICAL PLAN 8.15 FIFTYSHADESARESDEV 8.45 PRINCESS KARINE

6.15 MR LEIGH SUTTON NIFTY 50TH BIRTHDAY

v	/O I	J	MANUICAP (3) IM WINNER £3,004 (12 !	run) Louis		
1	(9)	70-	 SHIMMERING SANDS (257) M & D Easterby 5 9-9 	(EW) S Gray	84	6
2	(4)	22-	RUNNING STAR (193) H Palmer 4 9-9 (F)	J Hart	82	ST
3	(12)	322	HARSWELL DUKE (26) R Fell & S Murray 6 9-9 (BF, D)	(SF) H Russell	86	Н
4	(3)	97-	MILLION THANKS (168) R Menzies 5 9-5 (D)	Oisin Orr	83	ST
5	(6)	137	' HOSTELRY (18) R Carr 7 9-2 (BF, D)	H Doyle	84	Н
6	(11)	113	DO I DREAM (18) B Haslam 5 8-13 (CD)	S Feilden (7)	85	5
7	(8)	0-6	MY HONEY B (32) M & D Easterby 4 8-12 (D)	B Garritty	83	6
8	(7)		KING SHARJA (20) R Carr 4 8-11			G
9	(2)	580	GLOBAL SPIRIT (45) R Fell & S Murray 9 8-9 (CD)W Pyle (5)	81	GI
10	(1)	50/	PENNY GHENT (585) S Whitaker 4 8-7	C Hardie	-	
11	(5)	0-9	MHAJIM (14) (H) C Banham 5 8-4	J Haynes	79	SS
12	(10)	742	DISTINCTION (18) (V) J Mackie 6 8-4	A Breslin (3)	83	(
BE Dis	TTIN	G: 5- tion, 1	-2 Running Star, 4 Harswell Duke, 5 Do I 12 Shimmering Sands, 14 Million Thanks, Globa	Dream, 7 H I Spirit.	losteli	ГУ
			FILLIES' NOVICE STAKES (5) 5f			

•	_	William 25/100 (0 rull)	
(1)	7/2		9 S
(3)		ENCHANTED LIFE (221) C Appleby 3 9-9 (SF) H Doyle •7	77 ST
(5)		LOVE WARS (310) 5 & 3 Quilli 3 5 7 (D) (F) 3 Halt	
(2)	3		3 ST
(4)		ESPRIT QUEEN R Varian 3 9-2 C Noble	
(6)	9-	MILITARY QUEEN (352) (H) S Woods 3 9-2 Dylan Hogan	31 GF
TIN	G: 11-1	10 Enchanted Life, 3 Esprit Queen, 4 Love Wars, 11-2 Pendle	bury
٠ ٦	3 Rare	e Flegance 50 Military Oueen	

• •	<i>J</i> 1n	n 4f Winner £3.664 (9 run)	
(7)	47-	UNPLUGGED (226) M & D Easterby 8 9-11 (C, D) (EW) L Chalkley (7)	79 ST
(4)	6-0	WHATACRACKER (9) (H) M Walford 4 9-10 Ryan Sexton	77 G
(9)	4-2	JOIE DE VIVRE (51) M Todhunter 9 9-8 (D) (F) D Nolan	79 H
(2)	2-7	MY HARRISON GEORGE (29) R Fahey 4 9-5 (BF) Oisin Orr	79 ST
(6)		GORDON GREY (24) B Brookhouse 4 9-4 (BF) (SF) J Gilligan	80 G
(3)		SWINGING LONDON (14) J Mackie 6 9-2 A Breslin (3)	●82 SF
(5)		SEA MASTER (28) J Ward 4 9-2C Hardie	78 GF
(1)		MYTHICAL (28) S Whitaker 7 9-0R Scott	81 G
(8)	590	STORM SPIRIT (36) M Hammond 5 8-10 B Garritty	74 SF
		Joie De Vivre, 5-2 Gordon Grey, 4 My Harrison George, 8 Sy	
		onlygged, 12 Whatacracker, 16 Storm Spirit.	

IN FORM

TRAINERS: Tony Coyle & Kaine Wood 2-4 (50%), C Appleby 8-23 (35%), J & R Flint 2-6 (33%), T Davidson 2-6 (33%), D Skelton 8-27 (30%), D Menuisier 4-14 (29%), Daisy Hitchins 1-4 (25%), E De Giles 1-4 (25%), W Right 2-8 (25%). JOCKEYS: Harry Skelton 7-13 (54%), Jack Hogan 2-6 (33%), Pat Dobbs 5-15 (33%), Oisin Murphy 17-62 (27%), Harry Davies 6-26 (23%), William Buick 11-47 (23%).

PRO-BET BINADHAM (2.50 Bath) 2pts win.

TO U	v	Winner £3,7 io (io run)	
(8)		CINQUE VERDE (8) A Carroll 4 9-10 (D) (SF) Jack Doughty (7)	●85 ST
(1)	8-8	REDREDROBIN (16) M Saunders 7 9-9 (CD)W Carson	84 G
(9)		STARPROOF (13) W Muir & C Grassick 4 9-9 (D) (F) N Currie	81 GS
(6)	817	SHE'S CENTIMENTAL (15) Alice Haynes 4 9-9 (D)K O'Neill	81 ST
(10)	822	CONNIE'S ROSE (10) G Harris 5 9-4 (BF, C, D)C Hutchinson (3)	83 GS
(7)		JAX EDGE (32) C Mason 4 9-3 (CD)Gina Mangan (3)	83 GF
(4)		SILENT FLAME (26) B Millman 6 9-3 (D)G Downing	78 GS
(5)	148	SARAH'S VERSE (13) R Harris 7 9-0 (CD) (EW) M Ghiani	82 ST
(2)	222	WHITE MIST (37) (V) Mrs I G-Leveque 4 8-8 (D) . Jimmy Quinn	83 ST
(3)	42-	PAPABELLA (191) W Kittow 4 8-7G Rooke	82 GF
TTING	: 5-2	Cinque Verde, 5 Starproof, 11-2 White Mist, 6 Papabella.	

•	•	•	Willier £3,742 (7 rull)	
1	(7)		POPPYDORA W Knight 4 10-2 M Ghiani	-
2	(1)	5	ALL TOO WELL (16) J & T Gosden 3 9-2 B Sayette	47
3	(6)	6	BITTALEMON (35) W Haggas 3 9-2 (F) C Fallon	64
4	(5)	3-	CATCH THE LIGHT (259) A Balding 3 9-2 James Doyle	53
5	(3)	4-4	DIVINE PRESENCE (21) J & T Gosden 3 9-2 K Shoemark	69
6	(4)	5-2	LOVE YOU DARLING (20) B Brookhouse 3 9-2 (SF). A Rawlinson	970
7	(2)	5-3	SEA STREAM (41) C Hills 3 9-2Billy Loughnane	62
BE	TTING	: 9-4	Love You Darling, 3 Bittalemon, 9-2 Catch The Light, 5 All To	oo We

HOW MUCH TAX IS AT STAKE HANDICAP (6) 1m 2f

u	•	V	Winner £2,983 (14 run)	
ı	(10)		FLAME OF KODIAC (10) J & R Flint 4 9-13 (F) Ethan Jones (7)	66 S
2	(13)		PINK LILY (14) R Hannon 4 9-9 (CD) Alec Voikhansky (3)	70 S
3	(6)		ENZOS ANGEL (36) N Mulholland 5 9-8 (BF) (EW) M Ghiani	
4	(1)	-31	CAREY STREET (126) A Carroll 8 9-8 (D) (SF)W Carson	68 S
5	(14)		CHANGE OF FORTUNE (214) B J Llewellyn 5 9-7 S D Bowen (5)	71
6	(2)	394	DAFFIN (25) K Frost 4 9-7B Sanderson (3)	73 S
7	(12)	627	GALACTIC GLOW (4) J Tickle 7 9-6 (BF, CD)T Fisher (3)	69
В	(7)	834	CITY ESCAPE (9) (B) M Loughnane 7 9-6 (D) Billy Loughnane	68 S
9	(9)	55-	SISTERANDBROTHER (J211) (H) H Dickin 6 9-5 (CD). R Clutterbuck	- (
10	(11)	4-8	BLUE HERO (26) (H) A Wintle 6 9-4 (CD)G Rooke	64
11	(3)	-87	ROMAN TEMPEST (15) S Dow 5 9-0 (D) C Howarth (3)	68
12	(5)	900	ZAMBEZI MAGIC (36) B J Llewellyn 7 8-12 (D)W Cox	1 74
13	(4)	5-7	JIMMY MARK (34) W Kittow 4 8-10 (CD) C Hutchinson (3)	69
14	(8)		UTHER PENDRAGON (9) J S Moore 9 8-9 (CD)Shariq Mohd (7)	68 G
BE.	TTING		arey Street, 7-2 Flame Of Kodiac, 6 City Escape.	

PONTEFRACT

6.15 HARSWELL DUKE 6.45 ENCHANTED LIFE 7.15 GORDON GREY 7.45 UNDER THE SEA 8.45 PRINCESS KARINE

6.45 Winner £3,780 (6 run)

(1)		PENDLEBUKT LANE (22) (H) J Camacno 4 9-10 Kyan Sexton		
(3)	1-	ENCHANTED LIFE (221) C Appleby 3 9-9 (SF) H Doyle	●77	ST
(5)	1-	LOVE WARS (370) J & S Quinn 3 9-9 (D) (F)	-	-
(2)	3	BARE ELEGANCE (82) B Haslam 3 9-2 A Breslin (3)	53	ST
(4)		ESPRIT QUEEN R Varian 3 9-2 C Noble	-	-
(6)	9-	MILITARY QUEEN (352) (H) S Woods 3 9-2 Dylan Hogan	31	GF
TING:	11-1	O Enchanted Life, 3 Esprit Queen, 4 Love Wars, 11-2 Pen	dlebu	ıry
e, 33	Bare	Elegance, 50 Military Queen.		-

7.15 MARTIN PERRINS MEMORIAL - PART 2 HANDICAP (5)

4.30 ALIDE HIRE FILLIES' HANDICAP (5) 6f

ı	'• •	V	Winner £3,716 (10 run)	
	(8)	611	CINQUE VERDE (8) A Carroll 4 9-10 (D) (SF) Jack Doughty (7)	●85 ST
	(1)	8-8	REDREDROBIN (16) M Saunders 7 9-9 (CD)W Carson	84 G
	(9)		STARPROOF (13) W Muir & C Grassick 4 9-9 (D) (F) N Currie	81 GS
	(6)	817	SHE'S CENTIMENTAL (15) Alice Haynes 4 9-9 (D)K O'Neill	81 ST
	(10)		CONNIE'S ROSE (10) G Harris 5 9-4 (BF, C, D)C Hutchinson (3)	83 GS
	(7)	5-7	JAX EDGE (32) C Mason 4 9-3 (CD)Gina Mangan (3)	83 GF
	(4)	-90	SILENT FLAME (26) B Millman 6 9-3 (D)G Downing	78 GS
	(5)	148	SARAH'S VERSE (13) R Harris 7 9-0 (CD) (EW) M Ghiani	82 ST
	(2)		WHITE MIST (37) (V) Mrs I G-Leveque 4 8-8 (D) . Jimmy Quinn	83 ST
	(3)	42-	PAPABELLA (191) W Kittow 4 8-7G Rooke	82 GF
1	TING:	5-2	Cinque Verde, 5 Starproof, 11-2 White Mist, 6 Papabella.	

J	••	v	Winner £3,942 (7 run)		
1	(7)		POPPYDORA W Knight 4 10-2 M Ghiani	-	
2	(1)		ALL TOO WELL (16) J & T Gosden 3 9-2 B Sayette	47	S
3	(6)		BITTALEMON (35) W Haggas 3 9-2 (F)C Fallon	64	
4	(5)		CATCH THE LIGHT (259) A Balding 3 9-2 James Doyle		
5			DIVINE PRESENCE (21) J & T Gosden 3 9-2 K Shoemark		
6	(4)	5-2	LOVE YOU DARLING (20) B Brookhouse 3 9-2 (SF). A Rawlinson (●70	G:
7	(2)	5-3	SEA STREAM (41) C Hills 3 9-2Billy Loughnane	62	S
BE1	TING:	9-4	Love You Darling, 3 Bittalemon, 9-2 Catch The Light, 5 All To	o We	ell
_		_			

٩	- 5		W. 00 000 M.		
,	••	V	Winner £2,983 (14 run)		
	10)	9-1	FLAME OF KODIAC (10) J & R Flint 4 9-13 (F) Ethan Jones (7)	66	ST
(PINK LILY (14) R Hannon 4 9-9 (CD) Alec Voikhansky (3)	70	ST
	(6)		ENZOS ANGEL (36) N Mulholland 5 9-8 (BF) (EW) M Ghiani	72	G
	(1)	-31	CAREY STREET (126) A Carroll 8 9-8 (D) (SF)W Carson	68	ST
(14)	86-	CHANGE OF FORTUNE (214) B J Llewellyn 5 9-7 S D Bowen (5)	71	G
	(2)	394	DAFFIN (25) K Frost 4 9-7B Sanderson (3)	73	SF
(12)	627	GALACTIC GLOW (4) J Tickle 7 9-6 (BF, CD)T Fisher (3)	69	S
	(7)	834	CITY ESCAPE (9) (B) M Loughnane 7 9-6 (D) Billy Loughnane	68	SS
	(9)	55-	SISTERANDBROTHER (J211) (H) H Dickin 6 9-5 (CD). R Clutterbuck	-	G
	(11)	4-8	BLUE HERO (26) (H) A Wintle 6 9-4 (CD)G Rooke	64	G
	(3)	-87	ROMAN TEMPEST (15) S Dow 5 9-0 (D) C Howarth (3)	68	G
	(5)	900	ZAMBEZI MAGIC (36) B J Llewellyn 7 8-12 (D)W Cox	•74	G
	(4)	5-7	JIMMY MARK (34) W Kittow 4 8-10 (CD) C Hutchinson (3)	69	G
	(8)	678	UTHER PENDRAGON (9) J S Moore 9 8-9 (CD)Shariq Mohd (7)	68	GS
T	TING:	3 C	arev Street, 7-2 Flame Of Kodiac, 6 City Escape.		

6.10 M J CHURCH WASTE MANAGEMENT HANDICAP (6) Im Winner £2.983 (13 run)

			III WIIIIEI ZZ,703 (13 I uli)		
	(1)	212	LUNARIO (14) (B) Alice Haynes 4 9-11 (D)K O'Neill	73	GF
	(9)	0-0	GERT LUSH (46) R Teal 7 9-9 (EW)W Cox	77	G
	(6)	8-6	MAWADA (18) (H) A Wintle 4 9-7Billy Loughnane	67	GF
	(11)	-08	NIGHT BREEZE (33) Williams 4 9-5 D Costello	74	S
	(5)	0-9	JADE COUNTRY (35) J & R Flint 5 9-4 (D) Bennett	76	GF
	(7)		RACING DEMON (10) (H) E De Giles 4 9-4 (D) (SF)G Rooke		S
	(12)		EYE OF THE WATER (10) R Harris 8 9-2 (CD) C Fallon		GS
	(3)	713	HAVANA GOLDRUSH (26) (B) J S Moore 5 9-2 (BF, CD) (F). S Mohd (7)	74	ST
	(8)	-83	RIVAL (26) J & R Flint 6 9-1 (D)Ethan Jones (7)	71	G
)	(13)	-78	LONG CALL (10) A Carroll 11 8-12W Carson	76	G
ĺ	(2)	46-	RUN CMC (199) (V) P Chamings 4 8-12 A Farragher	●78	GF
2	(4)	8-0	DYNAMITE KATIE (26) (H) G Harris 4 8-10 C Hutchinson (3)	71	SS
	(10)		OWER STARLIGHT (25) D Hitchins 6 8-9 (D)A Voikhansky (3)		G
E	TTING.	11-/	Pacing Domon Q-2 Lunario & Evo Of The Water		

RTV

GOING: Good. COURSE: Left-handed oval, undulating 1ST RUN SINCE WIND OP: 6.15

DRAW: Low numbers best.
TRAINER TARGETS (won today's race at least twice in last 10 years): M & D Easterby won the 6.15 in '19 and '22. 19 and 22. CHEEKPIECES: 6.15 Hostelry, 7.15

Swinging London.
1ST TIME HOODS: 6.45 Military Queen.
PROFITABLE RACES FOR FAVS:

TONGUE STRAPS: 6.15 Million Thanks, Shimmering Sands 7 15 Gordon Grey. nmering Sands, 7.15 Gordon Grey, nging London, 7.45 Luggie*, 8.15 Loddon.

TOP TRAINERS: T Easterby 33-329 (10.0%), R Fahey 30-236 (12.7%), R Fell & S Murray 20-106 (18.9%), K R Burke 20-110 (18.2%)

TOP JOCKEYS: Jason Hart 20-158 (12.7%), Hollie Doyle 13-51 (25.5%), Cam Hardie 11-91 (12.1%).

7.45 BRITISH STALLION STUDS EBF RESTRICTED MAIDEN STAKES (2) (2-Y-0) 6f Winner £16,200 (16 run) 6 BEAUHAATHER (32) Miss A Murphy 9-7F Larson 53 S

	(2)	6	CUDA BEEN A ROWLEX (14) R Fell & S Murray 9-7 H Ru	ıssell	48	GF
	(6)	3	EIGHTEEN FOURTEEN (32) 0 Pears 9-7 (SF) C H	ardie	71	S
	(15)	8	I NEED YOUR LOVE (8) M & D Easterby 9-7 B Gar	rritty	72	G
	(8)	8	LOVE GAMES (20) K Ryan 9-7 T E	aves	51	GS
	(16)		PELLITORY James Owen 9-7 F No		-	-
	(5)		PRAETORIAN A Watson 9-7 (F) H I	Doyle		-
	(12)		RAYSHAM D Carroll 9-7Z Whe	atĺev	-	-
	(10)		REGAL GEM Tony Coyle & Kaine Wood 9-7 D N		-	-
)	(4)		TACTICAL PLAN E Dunlop 9-7	Hart	-	-
ĺ	(13)	3	UNDER THE SEA (21) Alice Haynes 9-7R	Scott (173	٧S
2	(3)		LUGGIE K Frost 9-5 J Gil	ligan	-	-
3	(1)		PERFIDIA T Easterby 9-5C Mui	rtágh	-	-
	(11)		VAULT OF HEAVEN K Frost 9-5 A F		-	-
5	(7)		EXPENSIVE ROSE C Johnston 9-2 Oisi	n Orr	-	-
	(14)	7	GREEK GIFT (18) K R Burke 9-0 (EW)S	Grav	63	G
			Eighteen Fourteen, 5 Expensive Rose, 6 Praetorian,			
e	a. 8 G	reek	Gift. 10 Pellitory. Tactical Plan. I Need Your Love.			

2023: No corresponding race. 2 15 NAPOLEONS CASINO BRADFORD MAIDEN HANDICAP

·	,	J (5) 1m 2t Winner £3,664 (11 run)		
1	(8)		TIME TELLS ALL (20) D Carroll 4 10-2 D Nolan	71	Н
2	(6)	-33	FIFTYSHADESARESDEV (23) M Hammond 5 9-9 A Brookes (5)	73	GS
3	(11)	536	LODDON (23) Sara Ender 4 9-8 H Shaw	69	S
4	(9)	-95	LOVE WARRIOR (19) C Johnston 3 9-5 (EW) J Hart	67	S
5	(7)		BREATHTAKING (23) Miss A Murphy 3 9-5 F Larson (3)	52	SF
6	(4)		SAVVY WARRIOR (39) S Woods 3 9-2 (SF) Dylan Hogan		SS
7	(5)	-33	MINSTREL KNIGHT (27) E Bethell 3 9-2 (BF) H Doyle	65	Н
8	(3)	654	SPANISH VEGA (31) K P De Foy 3 9-1 Oisin Órr	68	GF
9	(2)	7-8	LILLISTAR (25) M Hammond 4 9-0 T Eaves	•77	GF
10	(1)		YIPPEE (13) C Johnston 3 9-0 (F) F Norton		
11	(10)	-27	GLISTENING NIGHTS (15) R Fahey 3 8-11 B Garritty	69	SF
			Spanish Vega, 5 Minstrel Knight, 6 Savvy Warrior, 7	Yipp	ee,
Br	eatht	akina.	8 Glistening Nights, Love Warrior, 10 Fiftyshadesaresdey.		

8.45 FBS CHARTERED ACCOUNTANTS HANDICAP (4) 5f Winner £5,234 (7 run)

RESULTS & PRICES

MARKET RASEN

Exacta: £1.60. Trifecta: £2.90. CSF. £2.07. NRs: Kopa Kilana, Reach For

122.07. Nms. Nopo. 1 mm., The Moon. 228: KOSASIEMPRE (Claran Gethings 22-1); Asa (7-2):f-12; Nastasiya (5-1) 3. 9 ran 7-2):f-10 rai rash (3); 6. Edmunds). Tote: £26.00; £5.00, £1.50, £1.60. Tote Ex-acta: £119.90. Tircast: £456.50. Tirficeta: £829.70. CSF. £93.85. NRs: Mrs Kinsela,

nyme Scheme. **2.58: SEASMOKE** (J Bowen 3-1f) 1; 2.58: SEASMOKE (J Bowen 3-11) 1; Faha Belle (9-2) 2; Blow The Budget (12-1) 3. 10 ran. ½, 1½. (Billy Apraha-mian). Tote: £4.00; £1.40, £1.70, £3.60. Tote Exacta: £20.60. Tricast: £141.66. Tiffecta: £167.90. CSF: £17.05. 3.28: GOD'S OWN GETAWAY (H

3.28: GOD'S OWN GETAWAY (H Skeiton 2-19) 1; Sleeping Satellite (11-4) 2; The Gypsy Davey (11-2) 3.5 ran. ½, 3¼. (D Skeiton). Tote: €3.00; £1.40, £1.80. Tote Exacta: £7.00. Tiffecta: £29.40. CSF: £7.85. NR: Post No Bills. 3.58: KALEB (J Quinlan 4-1) 1; Notrowinda (5-2) £; £0 f Vour Back (8-1) 3. 9 ran. 1¼, 3l. (Miss A Murphy). Tote: £5.50; £1.50, £1.30, £2.30. Tote Exacta: £17.40. Tiroast: £74.83. Tiffecta: £112.20. CSF: £14.65. 4.28: POST CHAISE (H Brooke 6-5f) 1; Benny Baloo (11-4) £; Croagh Patrick (3-1) 3. 5 ran. 4¼, 10l. (O Greenall & J Queniero). Tote: £2.02; £1.10, £1.50. Tote Exacta: £5.00. Tiffecta: £9.00. CSF: £5.13. NRs: Ladronne, Victory Echo.

NRs: Ladronne, Victory Echo. 5.03: NOT SO SOBERS (K Woods 9-4f) 1: Jafimgoso (11-4) 2: Dart-mouth Rose (200-1) 3.8 ran. ½, 2¼. (D Killahena & G McPherson). Tote Exacts: £1.30, £1.10, £13.40. Tote Exacts: £9.50. Tiffecta: £411.70. CSF: £8.70. NRs: Screened, Storming George. Placepot: £15.10. Quadpot: £4.10.

CATTERICK

CATTERICK
2.10: BRAZILIAN BELLE (C Beasley 13-8) 1: Stat Goddes (25-1) 2; Harswell Dandy (11-8) 3. 4 ran. 3¼, 1½, (M Dods). Tote: £2.63; Tote Exacta: £28.10. Inflecta: £52.80. CSF: £22.53. NRs: Isla Bella, J Street.
240: BIRKENHEAD (D Nolan 5-1) 1; One For The Ladies (5-2)+ 1; Pain Cap (14-1) 3. 7 ran. 5-2)+ 1 rish Dancer. 3¼, 21, (P Midgley). Tote: £6.00; £1.80, £2.90. Tote Exacta: £19.10. Tricast: £160.4 Tiffecta: £149.40. CSF: £17.36. NRs: Golden Rainbow, Modulard Magic, Resilience.
3.10: SEE THE GREEN (Osin Orr 4-9) 1; Graze On Phoenix (20-1) 2; Positivia (20-1) 3. 7 ran. ½, nk. (Owen Burrows). Tote: £1.45; £1.10, £3.90. Tote Exacta: £10.30. Trifecta: £56.10.

Tote Exacta: £10.30. Infecta: £56.10. CSF: £14.00. NR: My Dream World. 3.40: WICHAHPI (A Breslin 7-2) 1; La La Lucrative (11-1) 2; Bestie (11-4) 3. 7 ran. nlx, 4l. (B Smart). Tote: £4.50; £2.10, £4.70. Tote Exacta: £36.30. Tri-cast: £118.23. Trifecta: £117.90. CSF: £38.45. NRs: Lady Of The Garr, Maca-rone, Miss Rainstorm, Noisy Music, Oriental Prince.

Oriental Prince.
4.10: KING OF TONGA (D Nolan 6-1) 1; Davy Mazy (7-4f) 2; Music Society (10-1) 3. 6 ran. nk, 134. (D Carroll). Tote: £7.00; £2.20, £1.50. Tote Exacta: £22.10. Tricast: £89.40. Tiffecta: £86.30. CSF: £15.87. NRs: A Pint Of Bear, Caesars Pearl, Dicko The Legend, Ghathanfar, Profitable Edoe. Quercus.

sars Pearl, Dicko The Legend, Gha-thanfar, Profitable Edge, Quercus.
4.40: CORI GLORY (J Gamitty 6-1)
1; Happier (7-2) 2; Lokana (100-30)
3. 6 ran. 2-1f Oue's Beau. 4¼, ½. (M
Walford), Tote: £7.00; £1.80, £1.50. Tote
Exacta: £29.70. Tricast: £77.72. Trifecta:
£121.70. CSF: £26.32. NRs: Havana
Rose, Nammos.

iose, Nammos. 5.15: HOMER STOKES (C Rodriguez 100-30) 1; Miss Willows (9-2) 2; Rockin Rosa (11-2) 3. 7 ran. 2-1f Coloane. nk, 4l. (D & N Barron). Tote: 94.34; 22.00, £2.50. Tote Exacta: £19.50. Tireast: £77.69. Tirfecta: £72.90. CSF: £17.84. NRs: Blackintin

£17.84. NHs: Blackintime, Doomsday, Key Look, Sparkle In His Eye, Without Delay, 5.50: MISS CALCULATION (J Hart 14-1) 1; Langholm (9-4f) 2; Mr Strutter (15-2) 3, 11 ran, hd, 2¼, (Mrs Stella Bar-day), Tote: £15.00; £4.00, £1.0, £2.80. Tote Exacta: £60.70. Tricast: £270.56. Trifecta: £40.00. CSF: £45.35. Placepot: £179.60. Quadpot: £33.70.

LINGFIELD

2.50: LADY NAGIN (T Whelan 18-1) 1; Colors Of Freedom (16-1) 2; Wakai Umi (11-2) 3. 7 ran. 6-5f So Sleepy. 1, hd. (A West). Tote: £21.40; £7.30, £6.20. Tote Exacta: £229.60. Tirfecta: £1189.60. CSF: £242.30. £1189.60. CSF: £242.30.
3.20: STATE FLAG (D Muscutt 7-4f)
1; Cervaro Della Sala (7-2) 2; Fenisa
(3-1) 3. 9 ran. ½, 1¼. (T Ward). Totact:
22.75; £1.30, £1.30, £1.30. Tote Exact:
£8.40. Tiffecta: £19.70. CSF: £8.43.

28.40. Trifecta: £19.70. CSF: £8.43.
3.50: KATLE G (Billy Loughnane 7-1)
1; Amroon (100-30cof) ¿; Forgotten
Treasure (12-1) 3. 9 ran. 100-30cof
Sir Bolton, 100-30cof Krysdanjord.
1, ¼. (E Dunlop). Tote: £8.00; £1.90,
£1.50, £3.10. Tote Exacta: £21.90. Tricast: £278.62. Trifecta: £282.00. CSF:
£30.46.
4.20: TATATEO (D Muscutt 6-1)
1; Mycoloursoryours (2-1) 2; Far
L'Amore (6-4f) 3. 4 ran. 2¼, 11. (J
Ferguson). Tote: £7.00; Tote Exacta:
£17.50. Trifecta: £26.80. CSF: £17.71.
NR: Faster Bee.

£17.50. Tirifecta: £26.80. CSF: £17.71.
 NR: Faster Bee.
 4.50: CHARLES MORIN (P Bradley 5-1) 1; Beach Point (eversf) 2; Takeover Target (33-1) 3. 10 ran. nk, %, (P Phelan). Tote: £6.30; £1.70, £1.10, £5.80. Tote Exacta: £14.30. Tiricast: £151.56. Tirifecta: £167.40. CSF: £10.22

Cast. F15136. Iniecta. F16740. CSF. 51022. 520. PREMIERE LIGNE (H Davies 5-2) 1; Chips And Rice (7-2) 2; Genesius (11-2) 3. 7 ran. 21, ½. (H Morrison). Tote: £350; £1.80, £2.30. Tote Exacta: £14.80. Tiffecta: £47.50. CSF. £11.25.

Placepot: £7,764.20. Quadpot: £77.00.

CHELMSFORD CITY

5.10: WANNABE BRAVE (Wesley Joyce 3-16); Further Measure (7-2); 2. Pfingstberg (7-2); 3.8 ran. 11, 114. (J. Fanshawe). Tota: \$4.00; £1.30, £1.60, £1.70. Tota Exacta: £14.20. Tricast: £37.46. Trifecta: £50.50. CSF: £13.83. NR: Lilla Cross. 5.42: \$5.00 NNY \$TREET (Jason Watson 11-2); \$1.5 tar Runner (13-2); \$2.0 troit Lion; £25-13. 16 ran. 2-1f Historic City. 21, 11. (J. Tate). Tota: £6.80; £2.00, £2.40, £7.10. Tota: £6.80; £2.00, £2.40, £7.10. Tota: £6.80; £2.00. £7.10. Tota: £6.80; £1.80. Trifecta: £7.29.10. CSF: £9.00.80. Tota: £1.80; £1.10. \$3.10. Tota Exacta: £5.60. Trifecta: £4.42.0. CSF: £5.12. 6.47; DARK SIDE PRINCE (H Shaw 51); 1.5 case Wild (4-11); 2. Mick's \$print (12-1); 3. 9 ran. ½, £14. (Jessica Macey). Tota: £6.00; £1.50, £1.90, £3.00. Tota Exacta: £27.40. Tricast: £227.55. Trifecta: £237.70. CSF: £25.25. Trifecta: £237.70. CSF: £2

fecta: £237.70. CSF: £25.32.
7.17: EL HIBRI (S. Osborne 5-1) 1;
Daytona Lady (7-2) 2; Profit And Loss
(5-1) 3. 8 ran. 11-4f. Jungle Run. 114, 134,
(I Williams). Tote: £6.00; £1.80, £1.60,
£1.80. Tote Exacta: £21.80. Tircast:
£90.58. Trifecta: £96.50. CSF: £22.30.
NPL Tompsdefurether.

183.5. milecta. 183.5. CSr. 12230. NR: Tomshallbrother. 7.47: AMAYSMONT (A Pinna 4-1); Tonal (2-1f) 2; Sea The Buckthorn (20-1) 3. 10 ran. 1¼, 11. (K Frost). Tote: \$5.00; £1.70, £1.30, £4.80. Tote Exacta: £16.10. Ticast: £141.99. Tiricata: £169.10. CSF: £11.89.

169.10. CSF: £11.89.

8.22. MAGIC GEM (Dylan Hogan 3-1ji-f) 1; Heerathetrack (3-1ji-f); 2; Bluebells Boy (5-1) 3. 10 ran. 1¼, 1½. (M Herrington). Tote: £4.00; £1.50, £1.60, £2.00.
Tote Exacta: £11.70. Tricast: £42.84. Trifecta: £50.10. CSF: £11.31.

8.52: ROYAL DREAM (S Osborne 15-2) 1; Ludo's Landing (5-2) 2; Boasty (6-1) 3. 9 ran. ns, shd. (E Dunlop). Tote: £8.50; £2.30, £1.20, £1.20, £1.80.
Tote Exacta: £28.50. Tricast: £119.21.
Trifecta: £103.40. CSF: £25.72.
Placept: £25.20. Cudopt: £5.40.

SANDOWN

SANDOWN

SANDOWN

6.07: BLAKE (L. Morris 11-1) 1; Ebt's
Guard (5-1) 2; Kindest Nation (10-1) 3.
9 ran. 5-2f Surveyor, Ind. 4½. (P Chapple-Hyam). Tote: £12-00; £2-90, £1-90, £2-40.
Tote Exacta: £73-20. Tricast: £57-40.9. Tri-fecta: £548-30. CSF: £63-90. NFs: Berk-shire Nugget, Swift Victory.
6.37: ENCHANTING EMPRESS (David Egan 4-1) 1; Rock Hunter (9-2) 2;
Zminiature (16-1) 3.6 ran. 6-5f Hawailan.
½, 1¼. (D F Davis). Tote: £5.00; £2-00.
Tote Exacta: £18-40. Tiffecta: £92-30. CSF: £20-13. NR: Sonic Blue.
7.07: SWEET WILLIAM (R Havin 5-2);
Caius Chorister (15-8) 2; Trueshan (5-1)

192.30. CSF: 22.07 kNrt. Solft: 501.62 ;
Caius Chorister (15-8); 2; Trueshan (5-1)
3. 6 ran. hd, 61, U & T Gosden); Tote: 53.05, 21.60, 21.50. Tote Exacta: £7.00. Trifecta: £16.70. CSF: £7.00. NR: Prydwen.
7.37: ROYAL RHYME (C Lee 1-2); 1; Certain Lad (7-2); Miss Cantiki (17-2)
3. 4 ran. 11, 22.6 (R B Burke); Tote: £1.50, Tote Exacta: £2.20. Trifecta: £3.60. CSF: £2.50. NR: Isle Of Jura.
8.12: ALIMAQAM (W Buick 7-1); Kikkuli (4-1); 2; Sons And Lovers (9-1) 3. 6 ran. 13-81 foo Max. 3%, ½ (E Walker), Tote: £3.50; £3.60. CSF: £3.49.3. NRs: Balmacara, Terre De Vega.

NRs: Balmacara, Terre De Vega. 8.42: DUAL IDENTITY (N Callan 17-2) 8.42: DUAL IDENTITY (N. Callan 17-2) 1; Magic Memories (9-2) 2; Regheeb (16-1) 3. 9 ran. 16-5f Crack Shot. 1½, 11. (W. Knight), Tote: 59.50; £2.00, £2.00, £3.90. Tote Exacta: £52.10, Ticast: £606.73. Tiffecta: £640.40. CSF: £460.8. NRs: Alzahir, Bluelight Bay, Excel Power.

Jackpot: £10,000.00.
Placepot: £271.40.
Quadpot: £24.30.

DOG RESULTS

DUG RESULITS
NOTTINGHAM. - 1.109 Killaun Dimby 3-1
(5-6-3, £13.02, TC: £39.42), 11.27 Dromana
Fury 4-1 (5-3-6, £59.80, TC: £134.48),
11.43 Brickey Chife 6-4f (4-65, £16.47, TC:
£29.71), 12.01 Plaza Keano 11-10f (5-6-4,
£8.27, TC: £42.99, 12.18 Chanceme Jazz
5-2 (4-6-5, £20.37, TC: £54.39), 12.34 Light-foot Mimil 7-4 (1-5-2, £19.32), TC: £71.04),
£2.51 Meeling Road 15-8f (6-2-1, £8.60,
TC: £24.60), 1.08 Billy The Fish 7-4ft (6-3-1,
£5.77, TC: £14.02), 1.26 Hanvell Buster 158f (DH 3rd 4-3-5, £19.05, TC: £21.31, 4-3-2,
TC: £21.31 42 Senahel Monster 3-1 (3-44)

25.73, TC: £14.02], 126 Harwell Buster 18-8f (DH 3rd 4-35, £19.05, TC: £21.31, 4-32, TC: £21.31, 4-32, TC: £21.31, 4-32, TC: £21.31, 1-42. Senabel Monster 3-1 (3-4-6, £21.64, Tc. £28.71, 1-87, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-24, 16-25, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25, 16-24, 16-25

E57.39).

KINSLEY. - 2.36 Saratoga Arteta 10-3 4.09 Lunasiun 9-4f (2-5-6, £17.01, TC: £47.17), 4.28 hy Hall Lilly 13-8f (3-2-1, £6.62, TC: £18.65), 4.47 Da Man Billy 10-3 (6-5-1, £11.85, TC: £30.07), 5.06 Vamoose 13-8f (5-3-6, £9.33, TC: £20.55), 5.24 Havana Suzy 7-2 (1-2-6, £12.69, TC: £36.29), 5.43 Boherutuff Biker 11-4 (4-1-6, £13.71, TC: £44.65), 6.02 Barney 4-1 (3-6-4, £23.70, TC: £51.41).

SPOTFORM GOINGS

Heavy - H; Soft - S; Good to soft - GS; Good - G; Good to firm - GF; Firm - FM; Hard - HD; Yielding -Y; Yielding to soft - YS. A-W: Standard - ST; Slow

£20M BACKING IS WHEEL DEAL FOR TOUR

BY MIKE WALTERS

BRITISH CYCLING has sealed a "landmark" multimillion pound sponsorship deal with Lloyds Bank that will help secure the Tour of Britain's future.

Chief executive Jon Dutton hailed the arrangement - worth up to £20million over the next five years - as "one of the biggest deals in British sport" since the pandemic.

Lloyds becomes the title sponsor of the Great Britain cycling team going into the Paris 2024 Olympics, and as well as the Tour of Britain, some of the money will go

towards talent identification programmes, and launching new BMX and track events.

Dutton said: "This is a landmark deal, gamechanging. We're very proud to partner with a great British institution and someone who shares our values."

British Cycling has been without a title sponsor since its £8m-a-year deal with HSBC ended after the Tokyo Olympics in 2021.

The search for a replacement proved difficult after damaging publicity at the tribunal into former team doctor Richard

Freeman, who was found guilty of ordering banned testosterone "knowing or believing" it was for an unnamed rider to improve their performance.

But Dutton insisted: "We've moved on and this is a step forward into a bright new future."

TIM MERLIER triumphed in a chaotic sprint to win stage 18 of the Giro d'Italia in Padova. Tadej Pogacar is still the

race leader, seven minutes 43 seconds clear of Dani Martinez, with Geraint Thomas in third with three stages remaining.



GAME-CHANGER British Cycling chief Dutton

RUGBY UNION

WE'LL SKIV But Gloucester boss under no pressure to win the cup

BY ADAM HATHAWAY
GLOUCESTER boss George Skivington insists he has no pressure from upstairs to make the Champions Cup next season.

Skivington's side take on South African outfit the Sharks, at Tottenham Hotspur Stadium in tonight's Challenge Cup final, with a place in Europe's top tier on the line.

The head coach has overseen a disastrous domestic campaign where Gloucester finished ninth out of 10 in the Premiership - only ahead of winless Newcastle.

A victory against Eben Etzebeth's Sharks would give them a seat at Europe's top table – at Leicester's expense – after Skivington put all his eggs in the European basket.

He was slammed for fielding a second-string side who were walloped 90-0 by Northampton as he sacrificed the league for European glory.

But Skivington is adamant a second trophy of the season, after the Premiership Cup, is enough tonight and there is no heat on him to get into the elite tournament next campaign.

Skivington, 41, said: "I haven't had any conversations and no one has talked to me and said it would be great to win this because we get in the Champions Cup. Winning the trophy is the important thing for me and getting into the Champions Cup is a ice additional piece to it.

"I am not sure of the financial side of it, but I do know the Champions Cup does not guarantee us massive crowds. Unless it is Munster or someone like that, we didn't see that last year. You would rather be in the Champions Cup than not, of course, but there is also a balance."

Skivington used to go to White Hart Lane as a youngster with his dad, but admits he is a lapsed Spurs fan and takes his children to Chelsea.

And, after a crazy season, he has rowed to make more time for his family, and ditch rugby for a couple of weeks, before heading back to Kingsholm to survey the wreckage of the league season.

He added: "I owe my family a bit of time, that is my No.1 priority. It has been a mad year and everyone in this building needs a break from each other. It will be, 'Don't message each other and leave each other alone'.

"This group has stood strong and I am proud of that, but we all need a break - it will give a bit of head space." \square Gloucester ν Sharks, KO 8pm, on

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BY **ADAM HATHAWAY**

COURTNEY LAWES has won Rugby Union Writer's Club award for Personality of the Season for 2023-24.

The back row (left), who retired from Tests after the World Cup, was honoured at lunch in London yesterday.

The 105-capper follows Martin Johnson, Jonny Wilkinson, Dan Carter, Brian O'Driscoll, JPR Williams,

Antoine Dupont and Gareth Edwards in winning the Pat

Marshall Trophy.

Lawes said: "The names on the trophy speak for themselves. I'm incredibly humbled and thankful."

Lawes has at least one match left for Northampton. their Premiership semi-final against Saracens a week today before moving to Brive in the French Top 14.

mirror.co.uk/sport FRIDAY 24.05.2024 DAILY MIRROR 59



Littler hits nine-darter on best night of his life to win Prem title

BY MIKE WALTERS

@MikeWaltersMGM

LUKE LITTLER dissolved into tears after decorating the Greenwich peninsula with a nine-dart leg and another slice of history.

And, as he announced himself in the record books, Luke the Nuke grinned: "This is the best night of my life – 100 per cent."

On the meridian where east meets west, Littler straddled the world and absconded into the Docklands sunset with £315,000, the best pocket money a 17-year-old phenomenon can win.

In front of a British record 14,000 audience in the Professional Darts Corporation era, Littler became the youngest winner of a TV major.

Just 141 days after their momentous World Championship Final at Alexandra Palace, he collaborated with Luke Humphries to serve up another classic for the ages at London's O2 arena.

And Littler garnished his 11-7 triumph in the BetMGM Premier League play-off final, averaging 105.60, with a perfect leg, the cheeky beggar. After lifting the pyramid

trophy, he turned to the crowd and swaggered: "I just want to say to all the doubters: I won, I just picked up this... you are not doubting me any more."

Littler unfurled the first ninedarter in a Premier League Final since Phil 'The Power' Taylor's pair of show-stoppers against James Wade in 2010.

We have said it before, so once more for luck: This kid is special.

When Littler the magician meets world champion Humphries the machine, something has to give – and since he fell just short at Ally Pally, the Warrington whizzkid has now beaten him seven times.

Luke the Nuke nearly blew the roof off the famous wigwam when he nailed double 12 to clinch the 11th leg in nine darts and double top to seal his £275,000 winner's pay cheque as well as £40,000 in bonuses for winning four nights of the regular season.

He said: "It's so good to win, but to do it in front of my mum and dad, my girlfriend and manager is so special. I went over to Luke to shake

his hand and he told me, 'Go over and celebrate with your family.' I didn't say 'owt to them – I just burst out crying and hugged them."

Humphries, a class act, was gracious in defeat, saying: "We finished first and second in the league table and tonight we proved we are the two best players.

"We're living in a Luke world and hopefully we're going to have many more battles like this."

The O2 has played host to Kylie, Take That and Andy Murray – but on a golden night for darts, there wasn't a spare seat in the house because everyone had come to see the kid with the Midas touch.

Littler began the night marching on stage to his Greenlight anthem and destroyed Michael Smith 10-5 in the opening semi-final.

Humphries then ended Michael van Gerwen's bid for a record eighth Premier League crown, also by a 10-5 margin, in the other semi to set up another all-Luke final.

A shout-out to Cool Hand Luke for his 132 checkout, which left even Clog Almighty wide-eyed with admiration: bullseye, bullseye, double 16. Absolute filth.





MASTER MIND FOR ENGLAND

BY NEIL SQUIRES

ENGLAND'S cricketers have called in Manchester City's mind guru to master the art of the title defence.

England coach Matthew Mott (above) believes his side got into a mental muddle last year when their bid to land back-to-back 50-over World Cups backfired disastrously.

So he is taking City psychologist David Young (right) to the Caribbean next week to avoid a repeat in their T20 World Cup defence. Aussie Mott said:



"He's already been a great ally in making sure my messages are clear.

"I've never told a player how to play the game, these guys are much better players than I ever was, but it's about making sure that if they're veering away from what their strengths are, you can help them get back on track.

"We feel like it's time to get the mojo back and go out and really express ourselves as a team."

England face Pakistan at Edgbaston tomorrow afternoon as their T20 World Cup build-up continues.

CRICKET



WE NEED TO DO A LOT BATTER

SKIPPER Heather Knight called for an improvement in England's batting after seizing a 1-0 lead in their three-match ODI series against Pakistan.

England coasted to a 37-run success at Derby as Pakistan fell short of the home side's total of 243 for nine.

Knight (above) was among eight English batters to make double figures with 29 as Nat Sciver-Brunt (31), Tammy Beaumont (33) and Amy Jones (37) also made useful contributions.

But no-one went past 50 and only teenager Alice Capsey broke 40 on her way to a personal best ODI score of 44.

"We got a lot of starts and we want one of our top five or six to get that big score," said Knight. "We want one batter to really dominate and take that score up to around the 300 mark."

CATTERALL V TAYLOR TOMORROW, LEEDS ARENA

Jack ready for his grudge rematch with Taylor: I don't hate Josh, I just really, really dislike him

EXCLUSIVE RY CHRIS MCKENNA

THE fight's tagline is 'Hate Runs Deep' and Jack Catterall knows a rivalry like this is just what

he needs. This is not quite Chris Eubank against Nigel Benn or near the scale of Carl Froch and George Groves, the latter packing out Wembley.

But British boxing rivalries have something about them and they generate interest.

This weekend's rematch between Catterall and Josh Taylor has sold out Leeds Arena, neutral territory for two warring rivals.

So, while Catterall's controversial defeat in February 2022 may have been a crushing moment for him personally, when he did not get the decision he – and many others - believed

into people's thoughts.

Chorley southpaw was public enemy No.1." working away quietly on undercards, with little profile and only boxing experts wise good for business. to what they were watching.

It was why, when Catterall

'I don't like the

Taylor, the then undisputed welterweight hope of ending the Scot's unbeaten run.

But, after a controversial these big nights here, too. decision, the fallout came as the bitterness, which had been bubbling under between the fighters, boiled over.

"Hate is a strong word," said Catterall. "But I certainly really, really dislike him. He doesn't like me, so what better way to settle this than with a fight?

don't like? It's the little sniggering face. We've seen

he deserved, he knew his rivalries in the past when name had suddenly been shot they've gone on and got on good terms. You never say For too long, the talented never, but right now he is

Catterall, 30, is wise enough to know such bad blood is

"I understand that rivalries sell," he said. "The first fight went to Glasgow to take on was a massive night for me.

British boxing needs these rivalries, there are a lot of good champion, few himself, his little fights going gave him any sniggering face' elsewhere in the world, like Saudi.

which is fine, but we need

"I know I'm just one half of the dance show, but there are not many fighters selling out arenas here at the moment."

It's taken a while to get here. Done deals, which fell through, and injuries causing the bout to collapse.

Taylor has lost world titles in and out of the ring since, What is it that I the last of which against Teofimo Lopez last year.

Even this version of the way he carries Even this version of the himself, it's his bout had a four-week delay after the Scot picked up focused on put another knock. Catterall, rivalry to bed."

"I think that has put pressure on people involved

But Catterall does not chase fame. He prefers the simple life with his partner and daughter, and meeting up with his large family of seven brothers and three sisters.

he joked.

back into world-title contention and the riches which come with it, helping with those festive bills.

But Catterall is only thinking about this revenge mission.

ego," he added.

"Is it worthy of a world lead to bigger fights and titles - but I'm just focused on putting this

whose only loss in 29 fights is that controversial defeat by Taylor, said: "There are times when I thought, 'This has been and done and I need to move on. But the demand from the fans has made sure that this is still what people want to see.

to get the fight on."

"Christmas is expensive!"

The winner will be fired

"This is for pride, this is for

title? Yes, of course. It will

fight was a stinker. But I don't think this one will be. This one will bring the best out of me, I'm not so

The Tartan Tornado has lost his titles since their first meeting due to mandatories not happening and a loss to Teofimo Lonez last year costing him the WBO strap. He has been plaqued with injuries

which have delayed this rematch. "I feel like I am in great shape and I'm ready to prove that the last fight was just an off night," added 33-year-old Taylor.

"I'm just treating this as another fight but it is a chance to put all this to bed once

sure about Jack."



BY CHRIS McKENNA

JOSH TAYLOR insists his rematch with Jack Catterall will be a thriller after claiming their first fight was a "stinker"

The Scottish light-welterweight is facing Chorley southpaw Catterall at First Direct Arena in Leeds tomorrow night.

Taylor (left) got a controversial decision in their first outing back in February 2022 that led to British official Ian John-Lewis being downgraded for scoring the fight in

favour of the Prestonpans puncher. That was for the undisputed titles at the time but this outing won't have any belts on the line.

Yet, after a tense face-off at vesterday's final press conference, Taylor is insisting this one will catch fire with the rivalry bubbling.

He said: "I was below my best for the first fight and so was Jack. The last







Includes team profiles, quizzes, interviews, venue guide and a

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GBY LEAGUE

KICK-OFF 8PM

Aussie star loving life in England and keen to stay HAPPY ANNIVERSARY with St Helen:

EXCLUSIVE

BY DAVE CRAVEN

AUSSIE Moses Mbye loves English life so much he hopes to sign on again with St Helens.

The Queensland State of Origin star is approaching the first anniversary of his move from NRL outfit St George-Illawarra.

He's quickly endeared himself to Saints fans and bids to rack up another win against Leeds tonight. Mbye, 30, has clearly adapted to life on the other side of the world.

Posting a family picture on Instagram last weekend enjoying a

day in the sun-kissed countryside, he wrote: "Sunny England days are undefeated."

Ordinarily, it's far different to his Brisbane lifestyle but the ex-Canterbury ace admitted: "The whole family's really settled in well.

'We're lucky to have come into a really good community in St Helens, made a lot of good friends and we're really enjoying ourselves.

That pic was from the Peak District. What a place that is.

"I know we don't get it as often as we'd like it, but when it's weather like that, it's just such a beautiful country.

"It's under-visited by people from our side of the world. Normally,

go to one of the mainland European countries or down in the Mediterranean somewhere.

"But if you do get good weather, it's as good as any place I've been in the world.

Asked if he'd plan to stay longer after his contract expires in 2025, Mbye said: "Yes, for sure. Certainly.

I think that would be the plan. I'm loving it at Saints and we're enjoying our time over here.

"We've still got next year, so we'll

cross that bridge when we get there."

Mbye made his debut in a win against Leeds last July and Super League leaders Saints have already

when you think of travelling, you'd beaten them twice this term. Rhinos were also hammered 26-0 against Catalans last time out but the hooker insisted: "They're a really dangerous side.

ST HELENS v LEEDS RHINOS

They're only a game or two from getting it together and kicking on with their season. We just have to make sure that's not against us."

Meanwhile, Mbye is open to the idea of switching to scrum-half when Lewis Dodd moves to South Sydney in 2025 – if the club needs him to.

He added: "If I get called upon then, I'll be raring to go.

"But it's not about me telling the club what to do. It's a team sport. I'll do whatever's required of me."

GIANTS



The veteran England orop, 36, returns against Leigh having been injured He was 50/50 to come

Challenge Cup semi-final hammering by former club Warrington, and Hill (left) said: "It was frustrating. The physios erred on the

still three weeks ahead of schedule.



WARNING FROM GRIX Castleford v Hull FC

BY **DAVE CRAVEN**

INTERIM boss Simon Grix has told under-performing Hull: We're all playing for

They visit Castleford in need of victory after being embarrassed by London.

But at least Hull have finally sorted their new

head coach for 2025 -Brisbane assistant John Cartwright. And Grix (left) said: "There's going to be a raft of changes between now and next year.

'We all want to be part of the solution, not the problem. I'm sure John has been watching games and he'll be watching even closer now."

BY DAVE CRAVEN

CHRIS HILL is finally ready to give humiliated Huddersfield a huge lift.

for more than two months. back in the Giants' 46-10

side of caution. 'But I'm back now and

'I'm just ready to help the boys out. I'm sick of sitting on the sidelines.

BY YASMIN SYED

ANDY MURRAY will face old foe Stan Wawrinka in what could potentially be the Brit's final

Murray, 37, who is expected to retire this summer, will face 2015 champ Wawrinka in the

played the Swiss star for three successive matches at the

French Open. Murray lost to Wawrinka on his last two French Open appearances, in the first round in 2020 and the 2017 semi-finals. The winner will face British No.1 Cameron Norrie or Pavel Kotov.

Former world No.1 Rafael Nadal, bidding for his 15th men's singles title at Roland Garros, has been handed a tough draw as he will face

fourth seed Alexander Zverev. German Zverev is coming in off the back of his 22nd career title

Dan Evans, who will partner a tough opening match against Danish 13th seed Holger Rune. Jack Draper will open against a qualifier but could face Spain's Carlos Alcaraz in round two.

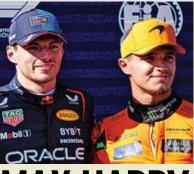
Katie Boulter, seeded 26th,

faces former world No.2 Paula Badosa, and Harriet Dart takes on 27th seed Linda Noskova.

Novak Djokovic will begin his title defence in Paris against home favourite Pierre-Hugues Herbert.

Reigning champion Iga Swiatek, who has not lost at the French Open since 2021, opens against a qualifier but can then face Naomi Osaka.

FORMULA ONE



MAX VERSTAPPEN is grateful to finally have competition from Lando Norris after two years of peerless dominance.

Charles Leclerc threatened to challenge in 2022 but Ferrari fell away while Red Bull pressed home their advantage. They smashed records last year as Verstappen produced F1's most dominant ever season.

The Dutchman started this campaign well ahead again but McLaren have made a huge leap to put Norris (with Verstappen, above) in contention.

Verstappen admits F1 will be a lot more healthy if the Briton can sustain a title challenge against him. He said: "It's good for the sport that more teams are fighting for the win. For sure, things have closed up."

Norris is 60 points behind the Dutchman heading into Monaco this weekend and Verstappen is in no doubt the McLaren racer is a title contender. He said: "Norris is really in the mix. He is quite a few points down but if they suddenly start winning, that can turn around quite quickly. We just have to focus on ourselves."

That win in Miami was Norris's first F1 victory, at the 110th attempt. The 24-year-old has dreams of becoming champion but insists he has not thought about a title charge this year despite McLaren's improvement. He worries that the gap to

Verstappen may already be too big and said: "It's a long way to go and

our recent results don't change anything. We have not thought about the championship. "We lost a lot of points at the first few races of the

vear but we are only a third of the way through the season." George Russell

voiced his

approval of teenager Andrea Kimi Antonelli potentially becoming his new Mercedes team-mate. Boss Toto Wolff is a huge fan and last week the departing Lewis Hamilton (left) endorsed the 17-year-old as his

preferred heir. Russell said: "Kimi is a fantastic driver. He's racing in Formula 2 this year but he's no doubt

going to be an F1 driver in

the future."

THREEQUEL Murray takes

MURRAY GOING BACK TO

appearance at the French Open.

first round at Roland Garros.

It means Murray will have

win at the Italian Open. Murray in the doubles, also has



BARNSTORMER New boss

Clarke: I'll Tyke us up

BY **DAVID ANDERSON**DARRELL CLARKE has

vowed to get Barnsley promoted from League One after quitting relegated Cheltenham Town to take over at Oakwell.

The 46-year-old has signed a two-year deal with the option of a third season and the Tykes sacked Neil Collins last month when he missed out on automatic promotion.

Clarke knows Barnslev want to return to the Championship and the former Bristol Rovers. Walsall and Port Vale boss said: "I didn't need to be sold on the club.

"It's got huge potential and I'm excited to get myself going, get the squad rebuilt and try to push on for a promotion challenge.

"I'm proud to be managing this football club. I'm really looking forward

RESULTS & FIXTURES

cinch Scottish Premiership Play-off Final First Leg RAITH (0)......1 ROSS CNTY (0).....2

CRICKET WOMEN'S FIRST ODI—England v Pakistan (Derby): England 243-9 (50 overs). Pakistan 206-9 (50 overs). England win by 37 runs.

overs). England win by 37 runs. TRI-NATION T20I SERIES—Ireland v Scotland (Amstelveen): Scotland 157-8 (20 overs); Ireland 158-5 (19.3 overs); Balbirnie 56; Tucker 55; Sole 3-28). Ireland win by 5 wkts (Ireland win series).

GIRO D'ITALIA—Stage 18 (Fiera di Primieroano to Padova 166km): 1 T Merler (Bel) 3h 45m 44s. **Overall:** 1 T Pogacar (Slo) UAE Team Emirates 67h 17m 2s.

DARTS
PREMIER LEAGUE FINAL (02
Arena, London) — Final: L Littler
(Eng) bt L Humphries (Eng) bt M
Smith (Eng) 10-5, L Humphries
(Eng) bt M van Gerwen (Ned)
10-5

TENNIS ATP GENEVA OPEN (Switzerland)— Qtr-final: N Djokovic (Ser) bt T Griekspoor (Ned) 7-5 6-1.

TODAY'S DIARY

Friendly A-League All Stars v Newcastle (8.05am).... CRICKET

County Championship (day 1 of 4, 11am) - Division One: Durham v Somerset, Hampshire v Surrey, Somerset, Hampshire v Surrey, Kent v Essex, Lancashire v Warwickshire, Worcestershire v

Nottinghamshire. **Division Two:** Gloucs v Derbyshire, Leics v Glamorgan, Middlesex v Sussex, Northamptonshire v

Yorkshire.

IPL Qualifier 2: Sunrisers
Hyderabad v Rajasthan Royals (3).

RUGBY LEAGUE

Betfred Super League (8pm): Castleford v Hull, Huddersfield v Leigh, St Helens v Leeds.

RUGBY UNION

European Challenge Cup Final: Gloucester v Sharks (8pm).



West Ham confirm Lopetegui arrival and he vows to put his own stamp on Hammers **CAST IRONS PROMISE**

BY **JOSHUA PECK** and **TOM VICTOR**

JULEN LOPETEGUI is determined to make a "big noise" at West Ham after being confirmed as David Moyes' replacement.

Moyes led the Hammers to the Europa Conference League title last year but departed at the end of the recent season.

Former Wolves and Real Madrid boss Lopetegui, 57, has taken over after a poor run saw West Ham finish ninth in the Premier League. He has joined on a two-year deal, with the option for a third.

"I feel that we have a fantastic platform," said the Spaniard, who officially begins his role on July 1.

"The last few years have been very good years to have this base, of course, but my ambition as a coach is always to be better and better, to achieve more and bigger aims and to encourage and improve the players, the team, and to



compete because football is about this – to compete. We are very ambitious about this.

We came here with the idea and the thought to make a big, big noise. That's why we came here, and we are excited by this challenge."

Lopetegui, who won the Europa League in 2020 with Sevilla (right), had been out of work since leaving Wolves before the start of the season.

He had guided the Molineux side to safety after taking over when Wanderers were bottom of the Premier League in November 2022.

Now he joins a West Ham side whose last clean sheet in the league came on January 2, and whose 74 goals conceded is the club's worst return in the Premier League era.

The new boss (above) said: "We have the dream to be able,

with hard work, to put our stamp here and improve and to be able to compete in all the competitions we have in front

"We have to put the focus on our daily work in our way and to put these kind of values inside the dressing room and inside the club."

Predecessor Moyes lamented the loss of Declan Rice and defensive issues were exacerbated by a thin squad and untimely injuries. That is something Lopetegui

will have to address and his teams have, broadly speaking, been tighter at the

A n d t h e personnel he brings in could offer a guide to the kind of support the likes of Jarrod Bowen and Mohammed Kudus might receive further forward.

Striker Youssef En-Nesyri was linked with the Hammers during the Moyes era, and his prior relationship with the new boss at Sevilla has seen those links resurface.

"I am where I want to be," Lopetegui added. "We had other opportunities but I am very happy that West Ham chose me because I chose West Ham too, so we are really happy about this."

His challenge at West Ham is making an immediate impact in his first season and ensuring he is given the time to take the team and its individuals to the next level.

Hammers joint chairman David Sullivan said: "We believe this appointment will

ensure a strong opportunity to build on the positive progress made in r e c e n tseasons."

star Pagueta in hot water

Paqueta has been charged with four breaches of Rule E5.1.

The FA said he was suspected of seeking to "influence the progress... of matches by intentionally seeking to receive a card from the referee for the improper purpose of affecting the betting market in order for one or more persons to profit from the booking".

He has also been charged with 'two breaches of FA Rule F3", which relates to providing information and

documents. Paqueta has until June 3 to respond to the charges.

And, in a brief statement, he said: "I am extremely surprised and upset that the FA has decided to charge me. For nine months, I have co-operated with every step of their investigation and provided all the information I can.

"I deny the charges in their entirety and will fight with every breath to clear my name."

West Ham have pledged to stand

by a player they signed for £51million from Lyon in 2022.

A spokesperson said: "Lucas categorically denies the breach and will continue to robustly defend his position.

"The club will continue to support the player and will make no further comment until the matter is concluded."

Newcastle midfielder Sandro Tonali is currently serving a 10-month ban for placing bets on football matches and Brentford

striker Ivan Toney (left) returned from an eight-month suspension related to gambling in January.

But the charges against Paqueta are far more severe because he is alleged to have directly attempted to influence a match.

In 2022, a non-league player, Kynan Isaac of Stratford Town, was given a 10-year ban after being found guilty of deliberately receiving a yellow card in an FA Cup tie and failing to provide "telephone billing records and internet details".



BREACHES Hammers



NDY DUNN

Britain's best Sports Writer



Wilkie was an Olympic great

THERE was a time when the Olympic Games normally brought bad and good news for British

The bad news was that none won medals. The good news was that none drowned.

David Wilkie changed all that. When he triumphed in Montreal in 1976, he became the first British swimmer to win gold in 68 years.

But he didn't just triumph, he shattered the world record by a margin in excess of three seconds.

It remains one of the greatestever Olympic swimming performances.

News-wise, there was a lot happening on Wednesday. And let's hope that is why the sad passing of Wilkie (above) - a true British sporting trailblazer - did not get the media coverage it deserved.

Beeb serves double fault

THE BBC is an institution we should cherish but, sometimes, it really does not help itself.

If he is not playing, Nick Kyrgios will be employed by the Beeb at Wimbledon - yep, the same Nick Kyrgios who admitted assaulting an ex-girlfriend and has a long, grim list of on-court indiscretions.

It is not as if the BBC is not already spending lots of public money on pundits and commentators.

The Beeb announced its 'squad' of talent for Euro 2024 the other day and it was almost the same size as Gareth Southgate's.

Meanwhile, the BBC continues to take a torch to its wonderful local radio network.

Sometimes, it really does not help

Poch gets Maur credit than his record really eserves THINGS LOOKING UP United

SEEING the wonderful Rov Hodgson given a special, thoroughly-deserved award in London on Tuesday night was a reminder that to be considered part of the managerial elite, you do not necessarily have to win too many trophies.

Which brings us nicely on to Mauricio Pochettino who – after his underwhelming time at Stamford Bridge came to an end - would, apparently, be open to the idea of managing England or Manchester United.

I bet he would.

In recent times, it is hard to think of a manager whose reputation remains so gilded despite so little material success.

A domestic cup and a league title with a team, Paris Saint-Germain, which has won Ligue Un in 10 of the past 12 seasons, is the sum of his trophy wins as a manager.

And in 15 years as a manager -649 matches with five clubs -Pochettino has a win percentage of 48.7, a figure boosted by a season and a half at PSG.

The numbers for a random selection of other high-profile,

modern-era bosses? Jose Mourinho 61.9, Pep Guardiola 72.8, Carlo Ancelotti 59.2, Thomas Tuchel 57.3, Mikel Arteta 59.1. Unai Emery 53.2.

The split with Pochettino after a single season has brought widespread criticism of the club's owners, at least from those who do not support Chelsea.

It is pointed out that they had a very good end to the Premier League season, winning five on the spin to secure a sixth-placed finish thankless task. And yes, the

Pochettino deserves credit for that, although the last four wins were against West Ham, Nottingham Forest, Bournemouth and Brighton - four teams who were hardly finishing with a flourish.

Yes, you suspect being a head coach in the employment of Todd Boehly (with co-owner Behdad Eghbali, below) and this Chelsea ownership structure is a truly

and European football next season. recruitment policy – in which the executives call all of the shots seems to be eccentric at best, scattergun at worst.

But ahead of the winning streak in the home straight - when the big guns had long disappeared - there were some truly lamentable performances that could not be blamed solely on Boehly and co.

I was, for example, at Chelsea's 4-1 defeat at Anfield in early February and saw a side that did not work hard enough, did not press diligently enough, did not look suitably motivated. It was not good enough. The manager has to be largely responsible for that sort of display.

The truth is that, sometimes, a big-name club and a big-name manager simply do not gel, and that seems to be the case here.

There should be no sense of real surprise that Pochettino did not last long at Stamford Bridge.

But there should be a sense of real surprise that he is seen as an alluring choice for Manchester United and England.

Few blue-chip coaches have a reputation quite like Pochettino's.

But in reality, few have as much to prove.



Bring on round two... in stadium fit for a true classic

THERE is a line attributed to the late, great Gary Mason, which might well be apocryphal.

After one bad round, Mason - a fantastic heavyweight whose only loss in a 38-fight career came at the hands of Lennox Lewis - went back to his corner and his trainer said: "Great stuff, Gary, he did not

lay a glove on you." Gary replied: "Well, keep an eye on the ref because someone is knocking the **** out of me in there."

It sounds like there was scope for a similar exchange in the Tyson Fury corner last Saturday as the British boxer's seconds apparently told him he was

comfortably ahead going into the last round of the fight against Oleksandr Usyk.

If Fury thinks the judging really did produce some sort of injustice, then he has to trigger the rematch.

And while this might be wishful thinking, what would be great is if that rematch could take place in a venue that would be truly suitable for a heavyweight classic.

Episode two of Fury versus Usyk would be great but episode two of Fury versus Usyk should be a stadium fight ... not just another semi-irrelevant testament to obscene Saudi wealth.



Howe in a swoop for Kelly



BOURNEMOUTH defender Lloyd Kelly will become Newcastle's first summer signing when he joins former boss Eddie Howe there next month.

The two parties have agreed personal terms and Kelly will sign a four-year deal on Tyneside.

It will be the second time Howe has recruited the 25-year-old having snapped him up from Bristol City five years ago while boss of the Cherries.

Kelly (top) made 23 appearances last term but has been blighted by injuries in the past two years though he is now fully fit.

He will link up with the Magpies on a free transfer when his contract expires. He should be joined at Newcastle by Fulham centre-half Tosin Adarabioyo.

JUDE HAS

FORMER Real Madrid striker Fernando Morientes has praised Jude Bellingham for the "extraordinary" way he has adapted to life in Spain.

The 20-year-old has enjoyed a brilliant first season after moving to the Bernabeu from Borussia Dortmund for an initial £88million last summer.

Bellingham (left) has scored 23 goals in all competitions for the Spanish champions and Morientes admits that has come as a surprise to everyone and filled a major hole for manager

Carlo Ancelotti following the departure of Karim Benzema.

"His adaptation has been extraordinary. The hardest thing for a player in a new league, a new culture and language, is adapting and he has shown his adaptation has been fantastic," said Morientes.

Canaries Still in the running



BY IAN MURTAGH

NORWICH have emerged as serious rivals to Sunderland in the race to land Will Still as their next boss.

The Black Cats have been without a permanent manager since axing Michael Beale four months ago but after holding talks with the former Reims head coach, were confident of appointing Still next week.

However, the Belgian-born Brit (above) is wanted by Norwich after they sacked David Wagner following their play-off defeat at the hands of Leeds last week.

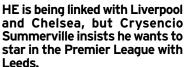
They have opened talks with his representatives and can offer the 31-year-old a more lucrative financial package than Sunderland.

Still left Lique 1 side Reims a month ago and is keen on a job in England.

HAMPIONSHIP PLAY-OFF FINAL

Summerville says Leeds must 'believe' they can silence Saints on Sunday as goal star is desperate to bring glory days back to Elland Road

EXCLUSIVE BY DAVID ANDERSON



Summerville is the hottest talent vou believe, you can achieve in the Championship. And Leeds' top scorer has bagged 21 goals and 10 assists to fire them to Sunday's play-off final at Wembley

against Southampton. The £35millionrated attacker is ignoring the rampant speculation over his future and says he is just focused on winning.

He has heard all Leeds about reaching the 2001 Champions League semifinals - six months before he was born - and wants to relive those days with boss Daniel Farke (above) and

Summerville, 22, (with his EFL Player of the Season trophy, right) has two years left on his Elland Road deal and said: "I don't really know the clubs who are linked with me, I'm just busy with the season.

"It's a big week with the final at Wembley, we can return to the Premier League, so that's my focus.

"I know all about Leeds playing in the Champions League and I wasn't

hear all those stories and I want to bring those days back because we have a lot of potential here.

To play in the Champions League would be great, it would be massive.

We can do that at Leeds. If everything.

"The first thing is everyone has to believe on Sunday that we can do it, we will do

> "Then if we get promoted to the Premier League, we have to have the same belief again. Summerville. who cost Leeds just £1.3million as an 18-year-old

four years ago, insists he can improve on his fantastic season. He studies flair play-

ers like Neymar, Eden Hazard and Ronaldinho and says he practises his tricks in training before trying them in matches.

"I'm far from perfect," said the Holland Under-21 star. "It's been a good season, very good. I'm happy and



this season, but I feel like there's always room for improvement. I will be better. I'm just rising.

"I've always watched players like Neymar, Eden Hazard,

Ronaldinho, people like this. I like the flair in the game, how they take people on. Lately I've watched Vinicius Junior as well, he's

really good. "I try to do it first in training and

proud of what I've done trick under my belt, I just try it in matches. It helps to watch other players because you can see what you already have and what you need to be better."

Summerville isn't bothered by Leeds miserable play-off record where they have failed in their five previous attempts, dating back to

Leeds were not held back by this when they smashed Norwich 4--0 last Thursday in the semi-final second leg and Summerville says they want to write a new chapter in the club's

"This is us now," he said. "We're a new team, with a different manager. I hope we can make our own history.

We went down last season, it was devastating. So to return straight away back to the Premier League would be massive. The fans deserve once I've got a it, everyone deserves it."



Bellamy a contender for Clarets



BY **DAVID ANDERSON**

CRAIG BELLAMY is in the running to take over at Burnley because he is not following Vincent Kompany to Bayern Munich.

Burnley were in compensation talks with Bayern last night and it is understood the former Manchester City defender is currently in Bavaria.

Bellamy (above) remained in Britain and Kompany's No.2 could replace him at Turf Moor.

Chairman and owner Alan Pace has heavily invested in Kompany during his two years in charge of the Clarets and Bellamy would be the continuity candidate to carry on that work.

Pace will want a manager with a track record for improving younger players and former Nottingham Forest boss Steve Cooper could be another option.

Bellamy, 44, is responsible for much of the training at Gawthorpe Hall and has deputised for Kompany at games when he was been banned or sent to the stands.

The former Wales, Liverpool and Newcastle striker first teamed up with Kompany at Manchester City in 2009 and was his Under-21 coach at Anderlecht from 2019 before stepping up to become his assistant.

Kompany has jumped at the chance to succeed Thomas Tuchel as Bayern boss and the German giants are trying to agree a compensation package with Burnley for the remaining four years of his Clarets contract.

Burnley want around £16million for Kompany and rightly see him as one of their biggest assets this summer as they attempt to raise revenue.

The Belgian manager has already verbally agreed terms with Bayern on a three-year deal and the Bundesliga giants are hoping to pick him up for the cheaper amount of £8m.

Alfie finds out what it is all about



TOTTENHAM midfielder Alfie Devine feels he is a better player after his loan experiences this season - but he has not set any bold targets for the 2024-25 campaign.

The 19-year-old (above), enjoyed spells with Port Vale and Plymouth over the past 12 months before he returned to Spurs earlier in May.

It allowed Devine to star for Tottenham Under-21s in their Premier League 2 play-off semi-final win over Chelsea on Sunday before he travelled out with the first team to Melbourne for the post-season friendly with Newcastle on Wednesday, but he is relaxed about his future.

"The aim when I went out was to come back a better person and a better player," said Devine.

"Hopefully I have done both of them over both loans. I think I have experienced a lot, some good moments and also some bad moments, which you are going to get in football. I am glad they both went how they did."



MANCHESTER CIT



NEW RECORD WOULD BE A

BERNARDO SILVA says Manchester City's players never tire of winning and have their sights set on creating more history at Wembley tomorrow.

Pep Guardiola's men became the first side in English football to win four league titles in a row, after wrapping up the Premier League last Sunday (above right, Silva with Ruben Dias and Matheus Nunes).

City can become the first side to win back-toback Doubles by beating local rivals Manchester United, with Silva and his team-mates hungry for more silverware.

"It's motivation to try and do something that's never been done before," said Silva. "We want to get that record.

"We have it in front of us and we're going to try and be very competitive, because we want this FA Cup. These targets always help, but it's just the feeling we have.

"We're a group of players and leaders that are so competitive.

"Even in training, if we're

of winning is so much better than the feeling of losing and we love winning.

"If we're here every day working, then why not try and do it again and again as a team?

'Last season was probably the best season of our lives, because of the Treble and how difficult it was to play every three days in the three competitions, knowing we had to win all of the games to achieve the Treble, which was only done once before by our rivals."

Silva (celebrating his semi-final winner, below) admitted the fact United are City's opponents - just as they were in last year's final - means there is even more riding on the game for the two sets of fans.

"Maybe a bit, especially for the fans," added Silva. "Not as much for us, but for the fans and the way they live this game.

"A final of the FA Cup, against your biggest rivals in the same city? It's very emotional for them and we try to prepare to give them what they deserve, which



Dalot wants FA Cup success as a thank you to fans for their backing during woeful season

BY **DAVID McDONNELL**

DIOGO DALOT has admitted that Manchester United's players owe it to their loyal fans to lift the FA Cup tomorrow after such a shambolic season.

United finished the season eighth in the table – their worst position of the Premier League era – missing out on a European place completely.

Despite such a wretched season, their fans continued to support the players, even when they were humiliated 4-0 at Crystal Palace a fortnight ago.

Defender Dalot said United's underperforming players (right, at Selhurst Park) felt they did not deserve that kind of support from the 3,000 travelling fans after such a humiliation.

But the Portugal full-back and his United team-mates have the chance to atone themselves by beating local rivals Manchester City and ending a dismal campaign on a high.

Speaking at United's training complex this week, Dalot said: "After that game against Palace, the way the fans were supporting us, it was almost like a feeling that we didn't deserve that.

After conceding four goals against Palace, a 4-0 defeat, they were still there, pushing us, even after the awful game we had.

"This is the type of thing that shows why these fans are special. Every time there's a United game, they always think something special will happen.

They always expect something special, so we're going into Saturday's game to try to give them a special afternoon.

You could almost get used to it, because you know they're always going to be there, so you can take it for granted. But you can't have that feeling.

"You have to realise they make last year's final all the effort to go to games,

especially away, sometimes travelling at night. They make that effort to support you and you can't just take it for granted because you play for a big club."

Dalot, voted Players' Player of the Year by his team-mates (below, with his trophy), describes tomorrow's final as their "game of the season".

Not only would victory stop City from doing the Double, it would clinch a Europa League place for Erik ten Hag's side.

Against that backdrop, there is much at stake for United. not least the desire for revenge after losing

which proved the

second leg of City's Treble triumph. "We finished that game with the feeling we could have won it," said Dalot, set to play his 50th game of the season at Wembley.

"To be so close to winning it and not doing it - this season, we have another opportunity. So the message here is that this is our game of the season.

'That's the way we're facing it - that's the way we want to face it as well - and the way that we should face it, I think.

"We're playing a great team, but finals are there to win and not to just play in, so we just want to win it.

'The fans are hungry for trophies, the club is hungry for trophies, we're hungry for trophies, so we have an opportunity. "But if we think City,

> just because they won the league and everything last year, are going to take their foot off the gas, it's just being delusional.

'They're going to be at their best

"We have to expect that – and we have to be at our best level if we want to win.



BY **DAVID McDONNELL**

DIOGO DALOT insists Manchester United do not fear Manchester City.

Dalot says United relish being cast in the role of underdogs ahead of the Wembley final and that status will make them even more determined to cause a major upset.

'City dominated so much the last few years, they created this fear factor," said full-back Dalot (in training this week, left).

'But when you're playing United against City, I don't believe they come in with the idea that we fear

them. They know that we're going to want to win that game, so they're going to be at their best level - and we have to be at our best level.

"That's the perfect way to approach a game like this but, at the same time, they know we can beat them. We've done it before so, on Saturday, we have to do it again.'

Asked about the widely-held view City will win easily, Dalot, 25, said: 'It gives me more energy. You shouldn't be the underdog at United. But we're facing a team that has been dominating English

football - whether we like it or not and we want to be there.

'We want to be the team in the future that everyone thinks is going to win automatically.

"I've been at this club for a while now and I want that feeling of dominance in every game and in every competition.

"So the energy has to be, 'If they think they're going to win, let's see if they're going to do it' and that's the kind of push I'm trying to give my team-mates. We're going there with the right mentality.



MANCHESTER UNITED

FA CUP FINAL, WEMBLEY TOMORROW, KO 3PM FA CUP **Emirates**



FROM BACK PAGE

this opportunity as a team. Now we have to go for it.

"Of course, after every season you review it, and we'll see where we are in the project, the things we have to

change.

"We spoke lately about it and there are some very good things - players coming up and values coming up.

And on Marcus Rashford (right), w h o was left out of England's

Euros squad earlier this week, Ten Hag said: "A career has ups and downs. A down can also give you fuel and that's what I see in

training.
"He will be highly motivated. He's very talented, already has a big career, and I'm sure he will get over this and make even more goals."

Harry Maguire will miss the final after failing to recover from

TEN HAG'S **FOCUSED**

considered a doubt for England at the Euros.

unavailable," added Ten Hag. We have final training tomorrow and then we have final decisions. But, as I oversee it now, it looks good."

When asked if Maguire had suffered a setback in his recovery process, Ten Hag said: "I don't think so. It's just he doesn't make it. It didn't heal as we expected."

a muscle issue, but is not Maguire "Harry

WIGHT'S ON RED ALER

BY **DAVID McDONNELL**

RASMUS HOJLUND has opened up on the pressure of playing for Manchester United and said he felt he was under a "curse" waiting for his first Premier League goal.

Hojlund was signed by United from Atalanta last summer for £72million, after the club were priced out of a move for Harry Kane (right), who joined Bayern Munich for £100m.

Arriving at United carrying an injury, it took Hojlund 14 games to notch his first Premier League goal, with the 20-year-old Denmark international having scored 14 in all

> competitions. Leading United's attack at such a relatively young age was a burden for Hojlund, who admitted waiting

RAS: CURSE WAS LIFTED Premier League strike was tough to take.

> "You feel an incredible amount of pressure when you're at . United.'' said Hojlund (right). "It took some

time for me to get going in the Premier League, but I think I've caught up quite well. I feel like I've found my rhythm.

'It was a frustrating time leading up to my first goal because there was a lot of focus on it.

"I understand it's not impressive not to score a single goal in your first 14 matches. But I felt that bad luck was on my side in the league games.

'When I scored against Aston Villa, I felt like the curse had lifted a bit."

DWIGHT YORKE reckons Manchester United could find themselves on the

end of an "embarrassing scoreline" in tomorrow's FA Cup final. Manchester City go into

the showdown as overwhelming favourites, and former United striker Yorke said: "You think of Erling Haaland missing all the chances that he has, yet City are still

able to conjure up other players to score their goals. "If he's playing well and taking his chances, then United

are in desperate trouble. They need everything o ao their

way to have any chance of lifting the

trophy. They need to play an unbelievable game with a lot going in their favour and take all the opportunities that come their way.

"The odds will be stacked against them and it could be quite an embarrassing scoreline, but alternatively they could pick City's pockets and sneak a result."

Yorke (left), 52, a hero of United's 1999 Treble triumph, said the final hinges on whether Reds boss

Erik ten Hag can get his tactics and game-plan right. "A lot will depend on the formation Ten Hag plays, as well as the personnel available," Yorke told Crypto Casino. "If they have a fully-fit team, then they'll have half a chance, considering it's a one-off game. But they're going to need a lot of luck going in their favour."

Dwight Yorke was speaking to Crypto Casino



The best finals, games and giant-killings from the heyday of the World's greatest competition.





DIGGING IN Ten Hag is keeping his focus on the Cup

Erik: I'm Cup for the fight

BY **DAVID McDONNELL**

DEFIANT Erik ten Hag vowed to carry on with his Manchester United project and refused to be drawn on his future ahead of tomorrow's FA Cup final.

Ten Hag has been given no assurances over his future at Old Trafford, with the Wembley showdown against local rivals Manchester City potentially his last game in charge at United.

Sir Jim Ratcliffe and his United football leadership team are keeping their options open, with Gareth Southgate, Mauricio Pochettino (below) and Thomas Tuchel potential successors

to Ten Hag. But the United boss insisted the

clash with City - a repeat of last season's final, which Pep Guardiola's side won 2-1 - is his only focus as he dismissed speculation over his future.

Asked what he would say to those who believe tomorrow is his last game, Ten Hag said: "I have nothing to say.

"I'm just focusing on the job I have to do and that is firstly, win the game on Saturday and then the project - keep going with the project.

"I came here to win trophies. Saturday is the next opportunity we can achieve this and we earned

TURN TO PAGE 67





cards against Leicester City,

TURN TO PAGE 62

JZZLE

Quizword & Crossword

Two sets of clues, two different answers - all on the same grid. Choose one or the other.

Quizword

ACROSS

- 1 1985 fantasy film starring Fairuza Balk and Nicol Williamson (6,2,2)
- 8 Nut-bearing tree of North America such as the pignut or nutmeg (7)
 9 Claudio –, Chilean classical pianist who died in 1991 (5)
- The –, Test cricket ground in London (4)
- 11 Nick –, creator of animated characters Wallace and Gromit (4)
- Umberto –, author of novels The Name of the Rose and Foucault's Pendulum (3)
- **14** Black Country town in the West Midlands housing a castle and zoo (6)
- 15 Palm tree native to Madagascar whose large leaves yield a fibre used for weaving (6)
- Mammal of the horse family also called a donkéy (3)
- 20 and 23 2004 St Leger winner ridden by Kerrin McEvoy (4,2,3)
- Series of six or more balls bowled by a cricketer (4)

23 See 20 Across

- 24 Lightweight white linen or cotton cloth (7)
- 25 Former Scarlets, Bristol Rugby and Sale Sharks scrum-half; 2001 Wales Test debutant against Japan (6,4)

Solutions in tomorrow's Daily Mirror

DOWN

1 See 6 Down

- 2 2004 action film starring Brad Pitt and Eric Bana (4)
- 3 2012 novel by Elmore Leonard (6)
- 4 Jake –, Leeds-born singer-songwriter who died in 2002 (8)
- **5** Graeme –, cyclist whose 2003 autobiography is entitled Flying Scotsman (5)
- **6, 1 Down and 16** 1859 novel by George Meredith (3,6,2,7,7)
- **7** 1937 memoir by Karen Blixen (3,2,6)
- 13 Long distance walking route in SW Republic of Ireland that begins and ends in Glengagarriff, County Cork (53)

16 See 6 Down

- Short running attack in fencing (6)
- Robert M –, 1987 winner of the Nobel Prize in Economics (5)
- 22 Character played by Bob Hoskins in 1991 adventure film Hook (4)

10 16 20 18 24 23

Crossword

ACROSS

- 1 Selection of games (10) 8 Nurture (7)
- 9 Strong fire or flame (5) 10 Simple (4)
- **11** Tribe (4)
- 12 Sense of self-worth (3)
- 14 Hard deposit on the teeth (6)
- **15** Fails to hit (6)
- **18** Away from (3)
- **20** Earess (4)
- 21 Young salmon (4)
- 23 Sharp or severe (5) 24 Rushing stream (7)
- 25 Serving as a warning (10)

DOWN

- 1 Fast warship (7)
- 2 Postal system (4)
- **3** Breathe out (6)
- 4 Suave and refined (8)
- 5 Employment (5)
- **6** Deliberate (11)
- 7 Show how a thing works (11)
- **13** Sidewalk (8)
- 16 Well-proportioned. attractive (7)
- 17 Small restaurant (6)
- 19 Animals of a particular area (5)
- 22 Opera song (4)

Solutions in tomorrow's Daily Mirror

Two-speed coffeebreak

Two sets of clues - but the answers are the same.

Cryptic clues

ACROSS

- 3 Camera part thrust haphazardly, but with energy (7)
- Reportedly pursued for being pure (6)
- 8 Instructed socialist and rode off first (7)
- Note changed to indicate empty line (4)
- 11 Philip joins the last smoker (4)
- **12** New tales are bargain (5)
- Fuel is a favourite outside (4)
- Unusual not to be well done (4)
- Musical girl (5)
- Some time in Outer Mongolia (4)
- 19 Outlay upsetting Scot (4)
- Quietly lifted and commended (7)
- 22 News from city trial (6)
- 23 Impressive unusual taste in heartless lady (7)

DOWN

- Mark's out of mascara (4) Chap captures a little green man (7)
- 3 Weight of boulder (5)
- 4 Present during the recording (4)5 Rates the new buildings (8)
- Conundrum of kitchen? (6)
- 10 Omits tip about happy person (8) Swan enclosure (3)
- Organ afterwards made of clay (7)
- Charming around branch (3)
- Father maps out terrain (6) Trifle with attorney before midnight (5)
- Cancellation includes room (4)

20 Team lost a friend (4) Solutions in tomorrow's Daily Mirror

17

Quick clues

ACROSS

23

- 3 Window cover (7)
- 7 Unsullied (6) 8 Commanded (7)
- 9 Sound quality (4)
- **11** Conduit (4) 12 Take unlawfully (5)
- 15 Dense bog matter (4)
- 16 Seldom seen (4)
- **17** Woman's name (5) **18** Expression (4)
- **19** Price (4)
- 21 Extolled (7)
- 22 Most recent (6)
- 23 Grand (7)

DOWN Wound's mark (4)

- Extraterrestrial (7)
- **3** Pebble (5) In this place (4)
- **5** Playhouses (8) 6 Puzzle (6)
- 10 Hopeful type (8)
- 11 Writing implement (3)
- **13** Made of clay (7) **14** Limb (3)
- Treeless plains (6)
- 18 Now (5)
- 19 Prison room (4) 20 Chum (4)

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! TWO-SPEED COFFEEBREAK **0903 659 6060** (80p/min)

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear FULL SOLUTIONS to CROSSWORD and QUIZWORD, TERMS & CONDITIONS: Calls cost 80p/min plus your phone company's access charge. Texts cost £1 + 1 standard network rate message. SP Mi Telecom Ltd. Helpdesk 0330 880 6060. Min age 18+. All lines close midnight tonight except where stated. Std Trinity Mirror Rules apply, see www.mirror.co.uk/rules. and to hear 5 EXTRA CLUES for **CROSSWORD** and **QUIZWORD** too! Or text **CROSSCLUE** or **QUIZCLUE** to **61011** (£1/text) for 5 clues.

The name game

Hidden in the grid is the name of a cartoon character. Answer the questions, then rearrange the letters corresponding to your answers to fill in the name.



BOX1: Who wrote the 19th-century novel Little Lord Fauntleroy? Rudyard Kipling (Q) Beatrix Potter (S) Frances Hodgson Burnett (N)

BOX2: 'Cursive' is a term used to describe what sort of writing? Joined up (R)

Block capitals (F)

Shorthand (M)

Hobbit (Y)

BOX3: In the Lord of the Rings books what type of being is Legolas? Elf (N) Dwarf (H)

BOX4: In which European country is the Teltow Canal located?

Ukraine (I) Scotland (W) Germany (R) **BOX5:** Poffertjes are a sweet treat from which

country? Japan (P) The Netherlands (R)

BOX6: British

author Steven Billy Mitchell is better known by what pen name? Chris Ryan (E) Duncan Falconer (U) Andv McNab (A)

BOX7: Who was the recipient of the first Grammy Legend Award? Elton John (P) Andrew Lloyd

Webber (D) Quincy Jones (S)

BOX8: Which artist was renowned for his paintings of South Pacific islanders? Paul Gauguin (O) Paul Cézanne (W) Edgar Degas (Z)

BOX9: To which comedian is Nancy Sorrell married? Phill Jupitus (A) Vic Reeves (U) Billy Connolly (R)

BOX10: Mike Faist (pictured) was nominated for a BAFTA for his role in which 2021 musical West Side Story (E)

Solutions in

tomorrow's Daily Mirror



30-sec brain teaser

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's Challenge. Genius players have 30 seconds to complete their own plus the Intermediate. Good luck!

Solutions in tomorrow's Daily Mirror

BEGINNER 7	×8	-16	3/4 of this	-21	×5	+13	50% of this	+46	ANSWER
342	-76	6/7 of this	-63	÷11	+237	4/9 of this	-46	×4	ANSWER
ADVANCED 415	80% of this	-56	5/12 of this	Reverse the digits	-39	7/8 of this	+28	Take the square	ANSWER

Mirrorgram

Solve our ten-letter anagram

Solutions in tomorrow's Daily Mirror





14:30

Test your codecracking skills against us! We took 14 minutes and 30 seconds to complete this puzzle - can you do better? We've taken a completed crossword puzzle and replaced each letter in the grid with the same number throughout. The completed grid will include all letters of the alphabet. If you find it hard to get going, call the Extra Letter line where you will also find a little bit of extra help. Remember, none of the answers are proper nouns. Solutions in Monday's Daily Mirror

ABCDEF&H/JKLMMOPQRSTUVWXYZ

1	2	3	⁴ G	5	6	7	8 	9	10	11	12	13
14	15	16	17	18	¹⁹ N	20	21	22	23	24	25	26

to be won!

Which letter is represented by the number '1' in today's Speedbreaker? Call 0903 681 3000 (£2/call) or text SPEED and your answer, name and postcode to 61011 (£2/text)

Last Friday's winner: Karen Fisher, Castle Bytham

SOLUTIONS

Call 0903 659 6060 (80p/min) for 5 extra letters or the full solution, or text SPEEDCLUE to 61011 (£1/ text) for 5 extra letters. Deduct one minute from the target time for each extra letter used.

Calls to solutions line cost 80p/min + network access charge and texts cost £1 + 1 standard network rate message. Calls to the Speedbreaker competition line cost £2/call + network access charge and texts cost £2 + 1 standard network rate message. You may receive free promotional messages, to opt out end message with NO INFO. Competition lines close midnight tonight. Min age 18+. SP: MI Telecom Ltd. Helpdesk 0330 880 6060. Full TaCs at www.mirror.co.uk/rules.

1	10	20	25	14	11	6	7		8	14	22	15	16
		13			15			5		26		6	
		8	14	11	6	10	7	26		23		5	
		1			3			18		23	25	25	14
2	2	6	13	3	3			15		13			8
6	5			8		7	22	13	18	19	8 	19 N	⁴ G
8	3			15		6		22		8			20
3	3	8	12	9	6	10	26	7		19			9
3	3			26		21			17	26	10	1	16
7	7	15	6	10		8			13			19	
		25		8		21	8	7	24	26	10	13	
		4		19		26			1			21	
2	24	25	6	4	20		3	8	7	20	19	26	9

Just a bit of fun

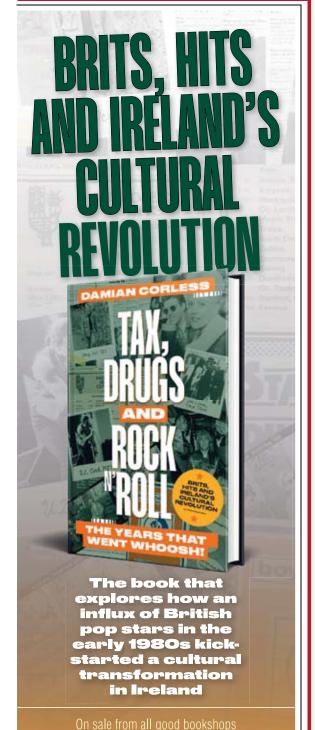
Which one of our three definitions is correct?

QUAT

- 1 A pimple2 Consisting of four3 Stanza of four lines

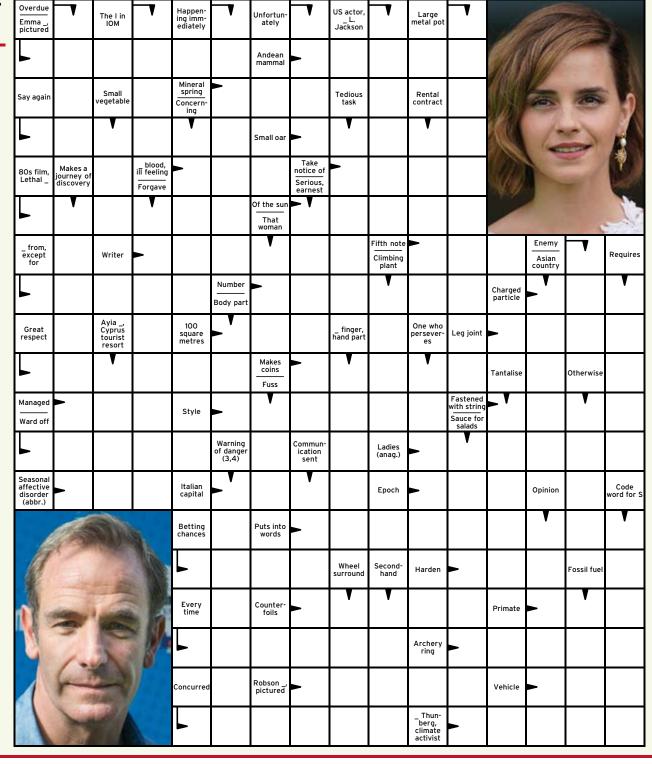
Solutions in tomorrow's Daily Mirror

Scribble pad 🖾



Arrow Word

Arrow Words are like crosswords, but the clues are printed inside squares on the arid. Write your answers in the blank squares in the direction indicated by the arrows. Solutions in tomorrow's Daily Mirror



Su-doku corner

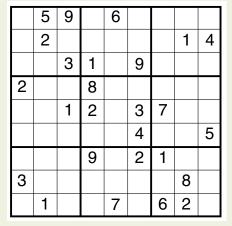
EASY SU-DOKU

8	4		1				6	
6		5		9		1		4
	7		4	6			3	
4		6			9			
	9	7				4	8	
			7			3		6
	3			7	4		5	
5		4		8		7		3
	6				3		4	9

The rules for Su-doku couldn't be easier. All you have to do is fill the empty squares so that each row, column and 3x3 block contains all the numbers 1 to 9.

Solutions in tomorrow's Daily Mirror

SU-DOKU TOUGHIE



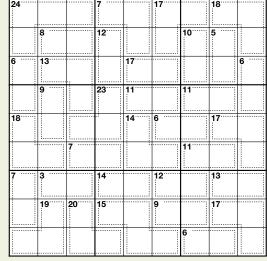
The rules for Su-doku are easy, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid.

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear SU-DOKU 5 **NUMBER CLUES** or **FULL SOLUTIONS** to the easy and toughie su-dokus.

Or text **EASYCLUE** or **TOUGHCLUE** to **61011** (£1/text) for **5 CLUES**

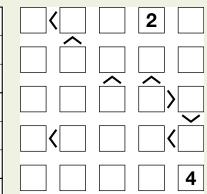
KILLER SU-DOKU



Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.

Solutions in tomorrow's Daily Mirror

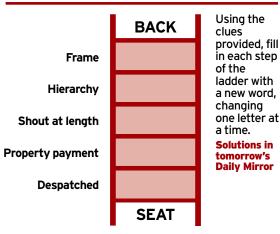
FUTOSHIKI



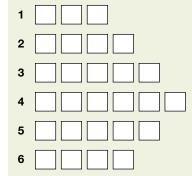
Insert the numbers one to five in each row and each column, making sure that no number is repeated. The only symbols to guide you are the "greater than" (>) and "less than" (<) signs.

Solutions in tomorrow's Daily Mirror

Word Ladder



Brickwork



Solutions in tomorrow's Daily Mirror

Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

- Obstacle
- 2 Gloomy
- 3 Poets
- **Planks**
- Wide Male pig
- Steal

Bingo





HERE are the numbers for Day 5 of **Game 19** on your Bingo card.

TO WIN a full house £100 prize, all 15 numbers on the Game 19 grid must be correctly crossed off with the Daily Mirror numbers. If you're still short, buy the Sunday Mirror and the Sunday People for more numbers and another chance to win a £100 prize. TO CLAIM call 01420 525501

from 10am to 3pm on Mondays only. No responsibility is accepted for failure to claim in the stated hours. Calls charged at national rate. Standard Reach PLC rules apply, see mirror.co.uk/2024bingorules Full terms as previously published.

> SU-DOKU TOUGHIE 0 0 5 6 4 4 0 7

Wordsearch

Can you find all the listed European ports in the grid?

MRTSAFLEBDT Ε W ZANOL E C V Т 0 ΜF Ζ Ε Ε В Y Ε G D Ζ Ε C 0 R S М S 0 В S Ε Ε G Ε S Z N B O O C P U O O H X T Α AGL I A R X P

ABERDEEN BARCELONA BELFAST CAGLIARI DOVER DUBLIN FELIXSTOWE **GDANSK GENOA LE HAVRE LIVERPOOL MALMO MERSIN** NEWCASTLE

NOVOROSSIYSK **PATRAS PIRAEUS ROTTERDAM TRIESTE**

ZEEBRUGGE

YESTERDAY'S SOLUTIONS

OTHZWORD

ACROSS: 1 Dyson, 7 Mamma Mia, 8 Miles, 10 Collateral, 12 Evanston, 14 Ages, 16 Sago, 17 Superior, 20 Sunderland, 23 Yapok, 24 Mrs Brown, 25 Woolf. **DOWN:** 1 Damage, 2 OPEC, 3 Wall, 4 Smuts, 5 Imbruglia, 6 Laclos, 9 Sousa, 11 Manganese, 13 Ozu, 15 Lenny, 16 Sesame, 18 Rock Of, 19 Henry, 21 Lowe, 22 Dano.

CROSSWORD

ACROSS:1 Close, 7 Engineer, 8 Gusto, 10 Scattering, 12 Corduroy, 14 Pest, 16 Tome, 17 Flatters, 20 Bronchitis, 23 Poser, 24 Overlook, 25 Deals. DOWN: 1 Cognac, 2 Sets, 3 Knit, 4 Widen, 5 Perimeter, 6 Bright, 9 Occur, 11 Trombones, 13 Owl, 15 Strip, 16 To boot, 18 Shorts, 19 Scale, 21 Iron, 22 Some.

TWO-SPEED COFFEEBREAK

ACROSS: 1 Stone cold, 8 Chips, 10 Andes, 12 Ale, 13 Tug, 14 Soda, 15 Serene, 16 Skirt, 18 Sister, 20 Used, 22 Pet, 23 Art, 24 Exert, 25 Learn, 26 Adversity. **DOWN:** 2 Triad, 3 Nose, 4 Crater, 5 Ledge, 6 Ecosystem, 7 Ascending, 9 Plaster, 11 Nurture, 15 Sir, 17 Kettle, 19 Speed, 21 Start, 23 Alas.

WEDNESDAY'S SPEEDBREAKER 1=M, 2=R, 3=Q, 4=T, 5=Y, 6=A, 7=I, 8=N, 9=G, 10=X, 11=E, 12=U, 13=P, 14=0, 15=W, 16=C, 17=H, 18=J, 19=K, 20=B, 21=D, 22=L, 23=S, 24=F, 25=V, 26=Z

ARROW WORD S W V A F M P O L I C E P L U T O

Ľ	_	ב	1	_	3				IN	1	٥				
		U			Ε	Т	Α		Ε	Α	R				
М	Τ	S	S	Ι	L	Ε		Α	L	М	S				
	С		K			М	0	В		0		W			Р
М	Ε	D	Ι	Α		Р		L	Α	U	G	Н	Т	Ε	R
		כ		Р	R	0	С	Ε	S	S	Τ	0	Ν		כ
М	Τ	Ν	U	Т	Ε		0		-		٧		Т	Ε	Ε
	D	Ε	N		С	Α	В	В	Α	G	Ε	S		Υ	
	L		D	0	0	R		Τ		R		Α	D	Ε	Ν
Z	Ε	R	0		G	R	Α	D	υ	Α	L	L	Υ		U
					N		Т	Ε	N	Т		М	Ε	Α	N
				F	Ι	S	Т		Н	Ε	R	0		R	
					Т		Ε	R	Α		0	Ν	Τ	0	Ν
				L	I	Α	М		Р	I	Α		D	U	Ε
					0		Р	0	Р		S	С	Ε	N	Ε
				K	N	I	Т		Υ	Ε	Т		Α	D	D

In the Daily Mirror everv Saturdav there's our Big Name orize crossword

EASY SU-DOKU 01126502

2 1 8 7 9 2 5 6	1 2 6 5 8 3	8 2 5 6 4 1 3 7	٤
9 2 5 6	9 8 4 2 7	1 9 6 3 7 2 8 5	4
1-1-1-1	7 3 5 4 6 9	3 4 7 5 8 9 1 2	6
3 7 1 8	6 7 1 8 3 4	6 3 2 9 1 4 5 8	7
	8 4 9 6 5 2	9 7 4 2 5 8 6 1	3
4 8 6 2	2 5 3 9 1 7	5 8 1 7 3 6 9 4	2
5 9 2 3	3 6 7 1 4 8	7 1 8 4 9 3 2 6	5
1 6 7 4	4 9 8 3 2 5	2 5 9 8 6 7 4 3	1
8 3 4 5	5 1 2 7 9 6	4 6 3 1 2 5 7 9	8
KILLER	R SU-DOKU	FUTOSHIKI	

				•	_		•		10100111111
3	8	7	6	5	1	4	2	9	5 3 1 2 4
4	1	6	9	7	2	5	8	3	
5	2	9	3	4	8	6	1	7	4 1 3 5 2
8	3	4	7	9	6	2	5	1	
2	6	1	5	8	3	9	7	4	1 2 4 3 5
7	9	5	1	2	4	8	3	6	
9	5	8	4	1	7	3	6	2	2 4 5 1 3
6	7	2	8	3	9	1	4	5	
1	4	3	2	6	5	7	9	8	3 (5 2 4 > 1

MIRRORGRAM PUNISHMENT

30-SEC BRAIN TEASER

Beginner 21: Intermediate 167; Advanced 310.

JUST A BIT OF FUN 3 Deal in trifles

BRICKWORK

Car. Scar. Scare. Crazes, Razes, Sear, Are.

WORD LADDER

Back, Bock, Book, Cook, Coop, Crop,

WORDSEARCH

NAME GAME **PORTUGUESE**

1P, 2E, 3E, 4S, 5U, 60, 7R, 8G,

RUSSELL GRANT mirror.co.uk/horoscopes



Aries March 21-April 20 Libra

The first person who responds to an item that is advertised for sale will make a tempting offer. Don't be too quick to accept. Whether it is a vehicle or piece of furniture you are selling, buyers will flock to your door later and you will get a far better price than you ever hoped for.

For more call **0905 789 4171** (80p/min + network access charge)

Taurus April 21 - May 21
A senior colleague will be ditching a commitment to put more money into upgrading your workspace. They want to focus on outcomes and not what they spend and may need to be reminded that a drab working environment can also have a negative impact on performance.

For more call **0905 789 4172** (80p/min + netwo access charge)

Gemini May 22 -June 21
Refrain from getting into an argument. You're tempted to retaliate when someone makes a remark that upsets you. This is the chance they have been waiting for to throw something you did in the past in your face. You always felt they held a grudge against you and now you know why.

For more call **0905 789 4173** (80p/min + network access charge)

You have a big challenge ahead. In moments like this you will have to show a lot of strength and self-belief. A partner is supportive. You are on this journey together. They have seen you at your best and at your worst and they are always here to comfort and support you.

For more call **0905 789 4174** (80p/min + netwo access charge)

Leo July 24 - August 23
Worrying over a strained
relationship is starting to take a
toll on your health. The more you
dwell on feelings of guilt and
remorse, the more stressed you
are starting to feel. It isn't easy to
come to terms with the past.
Forgiving yourself for the part you
played is a start.

For more call **0905 789 4175** (80p/min + netw access charge)

Virgo Aug 24 - Sept 23
A challenge will start to test your resilience. What you are up against will feel physically and mentally draining. The fundamental question at the heart of this is how do you even begin to solve the problem? Are the measures suggested going to be enough?

For more call **0905 789 4176** (80p/min + network access charge)

Libra Sept 24-Oct 23

You could be on the way to spend the night with a relative or friend in another part of the country. This is your chance to meet new people and make new business contacts. You will soon be introduced to someone who will have a profound effect on your work.

For more call **0905 789 4177** (80p/min + networ

Scorpio Oct 24 - Nov 22

You will be happy to give your support to a friend or relative working on behalf of a local charity. Whether it is an over generous donation or volunteering to help organise a fundraiser, you will feel better for it. Are you single? A strong attraction to another volunteer will be hard to ignore.

For more call **0905 789 4178** (80p/min + network access charge)

Sagittarius Nov 23-Dec 21

Take advantage of a quiet spell that allows you to work in peace. This is just a temporary respite before things start to get busy. Before you know it, your schedule will be packed and if you neglect tasks today, they will pile up and threaten to overwhelm you.

For more call **0905 789 4179** (80p/min + network access charge)

Capricorn Dec 22 - Jan 20
It doesn't matter what
others might think, you have a
right to privacy. An ex-partner
seems to think they can still
intrude in your life. If they don't
get the message that it is over,
change the locks on your door. Be
sure all online passwords have
been updated.

For more call **0905 789 4180** (80p/min + networl access charge)

Aquarius Jan 21 - Feb 19

A community project will be looking for more support from people in and around your neighbourhood. If you are interested, let others know about it immediately. Joining forces with like-minded people could be the start of resolving an issue that is close to your heart.

For more call **0905 789 4181** (80p/min + network access charge)

Pisces
Feb 20 - Mar 20
There is no reason why you should be constantly busy. When things go quiet, take this opportunity to recharge your batteries. Someone will suggest you give them a helping hand but you have done plenty for them recently. It's about time they managed on their own.

For more call **0905 789 4182** (80p/min + network access charge)

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CARTOONS











Lemons Good Food daily recipe to collect

Lemon drizzle sponge pudding

Transform a classic lemon drizzle cake into a self-saucing pud for a cheap, comforting dessert. Serve with cream or custard

250g soft butter, plus extra for the dish 380g caster sugar 4 eggs 250g self-raising flour 1tsp baking powder 3 lemons, zested and juiced 2½ tbsp cornflour Custard or cream, to serve For the drizzle: 50g icing sugar 1 lemon, juiced and zested

Heat the oven to 180C/160C fan/gas 4. Butter a

30 x 20cm deep baking dish.

Put the butter and 250g caster sugar in a bowl and beat for 5 mins until pale and fluffy. Whisk in the eggs, then sieve over the flour and baking powder and fold in until you have a batter. Stir in the lemon zest, reserving a little for decoration.

3 Spoon the sponge batter into the dish and smooth over the top.

Mix the lemon juice with the cornflour in a heatproof bowl to make a smooth paste. Mix the remaining 130g caster sugar with 300ml boiling water in a jug, pour over the cornflour mix and whisk until smooth. Pour this over the sponge. Bake for 45-50 mins until golden and set, and the sponge springs back when touched.

While the pudding is baking, make the lemon drizzle. Mix the icing sugar with enough lemon juice (about half of it) to create a loose consistency. Drizzle over the sponge while it's still warm and decorate with the reserved lemon zest. Serve straight away with cream or custard

TOMORROW'S RECIPE: CREAMY GARLIC SALMON

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